

What is mental illness?

We all know our bodies can get sick.
Our minds can get sick, too.
When a mind gets sick, we call that mental illness.

If Princess Penny...

feels sad, mad, or stressed
most of the time,

has *a lot* of trouble learning,

has a *really* hard time being in
control of her emotions,

or

behaves in *very* unusual ways



...she may have a mental illness.

