



We're here for you, Minnesota

We know that health care is a large part of your life. We're here to help make things a little easier. That's why UnitedHealthcare Community Plan includes so many extras for your health and everyday life.

CirrusMD – With this app, connecting to a doctor is as easy as texting a friend. Use it for virtual visits (telehealth) with a clinician.

Sanvello – Improve your mental health with this app. It can help relieve stress, anxiety and depression.

Infant/child car seats – Eligible parents can receive a car seat for your infant or child every 3 years.

Healthy First Steps – You and baby can earn gifts and rewards by completing your prenatal and postpartum doctor visits.

Breast pumps – Eligible moms can get a manual, electronic or hospital-grade breast pump.

Rides for pregnant women (non-emergency transportation) – Get 10 one-way or 20 round-trip rides to social services, health appointments and other community resources.

Youth club membership – An annual membership at participating Boys & Girls Clubs is covered for qualified members under the age of 19.

Food box delivery – If you're a new mom or have a chronic condition, you may qualify to have 6 months of food delivered to you with Second Harvest.

Community care package (meal delivery) – You may qualify to have 28 prepared meals delivered to your home after being discharged from a hospital or skilled nursing facility.

On My Way (OMW) – This interactive website helps you get ready for real life. It's easy and fun, and has important information all on 1 secure site.

Traditional healing coverage – Eligible members can get a \$250 annual reimbursement for traditional healer services. This includes the purchase of ceremonial food or supplies.



Questions? We're here to help.

For more information or to request a service, call Member Services at **1-888-269-5410**, TTY **711**, 8 a.m.–6 p.m. CT, Monday–Friday, or visit uhccp.com/minnesota

United
Healthcare
Community Plan

1-888-269-5410, TTY 711

Attention. If you need free help interpreting this document, call the above number.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntauv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

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Discrimination is against the law. UnitedHealthcare will accept all eligible Beneficiaries who select or are assigned to UnitedHealthcare without regard to medical condition, health status, receipt of health care services, claims experience, medical history, genetic information, disability (including mental or physical impairment), marital status, age, sex (including sex stereotypes and gender identity), sexual orientation, national origin, race, color, religion, creed or public assistance status.