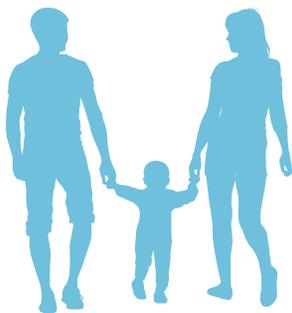

PHRASES THAT SUPPORT PARENT/CAREGIVER-CHILD RELATIONSHIPS (NO MATTER WHAT YOUR “OFFICIAL ROLE” WITH A FAMILY)

Look how your baby looks for you when they hear your voice.
I have been thinking about you since our last visit...
I've been thinking about what we discussed last time...
How has it been going with ____?
What does it look like when...
How did you know what your baby needed/wanted just now?
Why do you think your little one reacts that way?



What do you think your baby is trying to tell you?
Let's see if we can figure this out together...
I wonder why...
So is this how it usually goes?
How would you like that to go?
What's that like for you?
What do you think that's like for the child?

How do you know when...?
What do you think about...?
What do you think your little one is trying to tell you when they do that?
What's your hunch about why...?
How do you feel when...?
What kinds of things have you tried? And how has that gone?
What has been most helpful?
When does this usually happen?



PHRASES THAT SUPPORT PARENT/CAREGIVER-CHILD RELATIONSHIPS (NO MATTER WHAT YOUR “OFFICIAL ROLE” WITH A FAMILY)

Tell me more about...

What do you enjoy most about...?

What do you find most challenging about...?

What gives you the energy for being a parent (child care provider, etc.)?

What do other family members (providers, caregivers) think/say about...?

How do you cope when you're feeling stressed?

Where do you get support?

Tell me about a time when things seemed to go well...

AND vs. BUT

Shifting our language to include "and" rather than "but" can help validate both the needs/wants of the adults/caregivers and the needs/wants of the child, reiterating that both are important.

This is another way we can organize language to support the caregiver/parent-child relationship. For example,

- Dad is really tired AND you really want to play.
- Mom really needs to get to work AND you really want to take time to say goodbye.
- You are really excited for lunch AND your teacher needs everyone to sit safely in their seats.
- You are really upset AND your grandma really wants you to listen to her.