



Minnesota Association for Children's Mental Health

2002 Child & Adolescent Mental Health Conference

April 23 & 24, 2002

DECC (Duluth Entertainment Convention Center), Duluth, MN

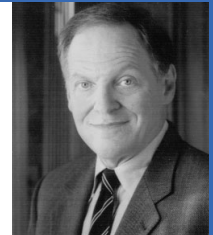
Keynote Speakers



Dr. David Satcher

Dr. David Satcher, the 16th Surgeon General of the United States, was sworn in on February 13, 1998. He also held the post of Director of the Centers for Disease Control and Prevention and Administrator of the Agency for Toxic Substances and Disease Registry. Dr. Satcher is the recipient of more than 25 honorary degrees and numerous distinguished honors including top awards from the

American Medical Association, the American College of Physicians, and the American Academy of Family Physicians. He would like to be known as the Surgeon General who listened to the American people and who responded with effective programs. As Surgeon General he issued the *Surgeon General's Call to Action to Prevent Suicide and Mental Health: A Report of the Surgeon General*. These landmark documents provide an overview of the public health role in promoting mental health.



Dr. Eli Newberger

Eli Newberger, M.D., author of *The Men They Will Become*, teaches at Harvard Medical School and is the founder of the Child Protection Team and Family Development Program at Children's Hospital in Boston. He is a pediatrician and the author of many influential works on child abuse. A leading figure in the movement to improve the protection and care of children, he is renowned for his ability to bring together good sense and science on the main issues of family life. Dr. Newberger's presentation will address *Transformations in the American Family and Children's Character*.

Registration Hours

Tuesday, April 23, 2002 from 7:30 - 8:50 a.m.
Wednesday, April 24, 2002 from 7:30 - 8:50 a.m.

Exhibits

Don't miss the exciting exhibits we have this year! There will be a wide variety of exhibits on display throughout the conference in the **EDMUND FITZGERALD EXHIBIT HALL**.

Poster Session

A unique opportunity to speak one-on-one with presenters, gather material and information, and connect with other conference attendees, while enjoying refreshments and hors d'oeuvres. See page 8 for details. Tuesday 4:30 - 6:00 p.m. in the **EDMUND FITZGERALD EXHIBIT HALL**.

SPECIAL EVENTS

Parent Networking

Join other parents from across the state in the Holiday Inn's Hospitality Suite for fun, food and great conversation. The Hospitality Suite is open on Monday night from 8:00 p.m. - 12:00 a.m. and Tuesday night from 7:00 p.m. - 12:00 a.m.

Raffle

Win great prizes and help support MACMH's mission. Take a chance and enter the raffle going on throughout the conference.



Children's Mental Health Poster Contest Awards

Awards will be presented to this year's winners on Tuesday, April 23, 2002 from 9:00 - 9:20 a.m.

Poster Contest 2002 Top 5:

How are you feeling....

Travis Senkyr, 5th grade
New London-Spicer Middle School, New London

A.D.D. doesn't stand for Absolutely Different Disorder

Krishana Witte, 6th grade
MMN Elementary, Madison

We all may look the same.... but we don't think the same

Tony Meseck, 6th grade
MMN Elementary, Madison

Stress has no age limit

Laura Volk, 5th grade
Southwest Star Concept Elementary, Heron Lake

You can talk it out anywhere

Stacey Schuller, 4th grade
Riverside Elementary, Jackson

Honorable Mention:

It's okay to feel mixed up sometimes

Sarah Khoury, 6th grade
Achieve Language School, St. Paul

Sometimes "I forgive you" or "I'm sorry" are the best words to say


Tong Vang, 7th grade
Achieve Language School, St. Paul

Don't hide your feelings... Let them out!

Whitley Engel- Dokken, 4th grade
Lincoln Learning Center, Willmar

If you are depressed go and talk to someone you know

Brandi Brendmoen, 7th grade
St. Louis Park Jr. High, St. Louis Park



SCHEDULE

MACMH CONFERENCE

Tuesday, April 23

7:30- 8:50Registration
 8:50- 9:00Welcome
 9:00- 9:20Poster Contest Awards
 9:20- 10:20Keynote
 10:20-10:35Break
 10:35-12:35Workshops 1-12
 12:35-1:30Lunch
 1:30- 3:00Workshops 13-24
 3:00- 3:10Break
 3:10- 4:40Workshops 25-36
 4:30- 6:00Poster Sessions

MACMH CONFERENCE

Wednesday, April 24

7:30- 8:50Registration
 8:50-9:00Announcements
 9:00-10:00Keynote
 10:00-10:15Book Signing
/ Break
 10:15-12:00Workshops 37-48
 12:00-1:00Lunch
 1:00- 2:30Workshops 49-60
 2:30- 2:40Break
 2:40- 4:10Workshops 61-72



How Are You
Feeling

PLEASE NOTE: Presentations and exhibits at this conference are offered for your information only, and their inclusion does not represent an endorsement by the Minnesota Association for Children's Mental Health, our staff or Board of Directors. Please consult a professional familiar with your child before changing a therapy modality.

Social workers, therapists, doctors -
looking for a new tool to engage your clients?



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* * *

WORKSHOP Wednesday a.m. on KST FAMILY SCULPTURE

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Tuesday April 23, 2002

7:30- 8:50 Registration

8:50- 9:00 Welcome

9:00- 9:20 Poster Contest Awards



9:20 - 10:20 Keynote Speaker

Dr. David Satcher LAKE SUPERIOR BALLROOM

10:20-10:35 Break

10:35 - 12:35 Concurrent Workshops 1 - 12

- 1 Families of Immigrants
Daneshpour SPLIT ROCK 1
- 2 ABC's of GLBT: School-Based Services for Gay, Lesbian, Bisexual and Transgender Youth and Families
Appelbaum ROOM 202
- 3 Group Work with Abusive Adolescents: Ending the Intergenerational Cycle of Domestic Abuse
Davis ST. LOUIS RIVER
- 4 Healing the Hurt: Children and Grief
Storms , Coffey FRENCH RIVER 1&2
- 5 Evaluation & Treatment of Bipolar Disorder from Age 3-83...Continuing Developments
Dailey ROOM 203-205
- 6 Tools for Success: Working with Youth with FAS/E in the Juvenile Justice System
Holl, Messelt ROOM 301-302
- 7 A Vision for Children's Mental Health: Parents and Professionals Working Together
Tobin, Bakker, Ferrazzo, Gilbertson, Hollingshead, ROOM 304-305
- 8 Adopting a Public Health Approach to Children's Mental Health
Dikel SPLIT ROCK 2
- 9 Fire Up! Battle Burnout by Rekindling the Flame: the Process of Appreciative Inquiry
Tilsen GOOSEBERRY 2
- 10 Creating a Therapeutic Preschool
Foy, Rapke GOOSEBERRY 3
- 11 What Is All This Sensory Processing Mumbo Jumbo?
Malat Gallagher, Loesch ROOM 303
- 12 Nature in Counseling and Therapy
Nebbe, Granger GOOSEBERRY 1

12:35-1:30 Lunch LAKE SUPERIOR BALLROOM

1:30 - 3:00 Concurrent Workshops 13 - 24

- 13 Introduction to Parent Leadership
Pina SPLIT ROCK 1
- 14 IIP-Coordinating Services for Children and Youth With Disabilities
Shevlin-Woodcock, Benolken, Jahnke GOOSEBERRY 2
- 15 Mental Health Issues in the Educational System: A Lawyer's Viewpoint
Tubbs Booth ROOM 303
- 16 The Impact of Mood Disorders in Children/Adolescents on Family
Menzel, Bensend, Collins, Myklebust, Sterlacci ROOM 203-205
- 17 Girls: Reframing Risk, Increasing Options
Petrich FRENCH RIVER 1&2

- 18 Queer Youth/Supportive Allies: A Youth Panel
Duke, Olson, Hartshorn ROOM 202
- 19 Understanding the Body, Mind, and Spirit of an Abused Child
Thibault, Olson, Pingry-Kile ROOM 304-305
- 20 Art Therapy: Assessment and Intervention in Child/Adolescent Day Treatment
Balfany ROOM 301-302
- 21 25 Years as a Day Treatment Provider: What We Have Learned
May, Hackmann, Buckingham GOOSEBERRY 3
- 22 Promoting the Parent-Infant Relationship from Pregnancy to Preschool
Lindahl, Keuhn, O'Leary ST. LOUIS RIVER
- 23 The Rise of the McTherapies: a Critical View of the "Power Therapies"
Swenson SPLIT ROCK 2
- 24 Building Bridges: University Research Supporting Local Communities
Sykora, Siebenbruner, Hansen GOOSEBERRY 1

3:00- 3:10 Break

3:10 - 4:40 Concurrent Workshops 25 - 36

- 25 Understanding the New Criteria for E/BD (Emotional/Behavioral Disorder)
Ryan ROOM 203-205
- 26 Mental Health Issues in the Education System: Another Perspective
Goetz, Ostrom FRENCH RIVER 1&2
- 27 Advocacy Skills for Parents and Students
Tunheim Hren ROOM 202
- 28 You Can Change the System — Through your Local Advisory Council
Stetzler SPLIT ROCK 2
- 29 Shortage of Culturally Appropriate Services
Avendaño Bealka GOOSEBERRY 2
- 30 Your Adolescent Diversion Program
Crim SPLIT ROCK 1
- 31 Project SUCCEED and the PECFAS Screener: Promoting Positive Mental Health in Early Childhood
Carlson, Braness GOOSEBERRY 3
- 32 Emotions: The Building Blocks of Identity
Donnan ROOM 304-305
- 33 Freeing Our Families from Perfectionism
Greenspon ROOM 303
- 34 Biofeedback as a Therapy Tool
Samilo, Meunier GOOSEBERRY 1
- 35 Self-Care for Mental Health Professionals
McGrath ST. LOUIS RIVER
- 36 Growing Up with Bipolar
Latimer, Petrie ROOM 301-302

4:30- 6:00 Poster Session

See page 8 for details. **EDMUND FITZGERALD EXHIBIT HALL**

KEY

Workshop Room Assignments

CITY SIDE ROOMS / HARBOR SIDE ROOMS

Wednesday April 24, 2002

7:30- 8:50 Registration

8:50- 9:00 Announcements



9:00 - 10:00 Keynote Speaker

Dr. Eli Newberger LAKE SUPERIOR BALLROOM

10:00-10:15 Book Signing / Break

10:15 – 12:00 Concurrent Workshops 37 - 48

- 37 ADHD: Misdiagnosed, Mistreated, Misunderstood
Johnson, Search, Hoffman ROOM 304-305
- 38 Fetal Alcohol: Working with Kids Who May Have It
Frigaard ROOM 301-302
- 39 Helping Families When Their Child or Teen has Bipolar Disorder
Seymour FRENCH RIVER 1&2
- 40 When a Child Needs Help: Recognizing, Differentiating and Treating Childhood Disorders
Casey Hvistendahl ROOM 203-205
- 41 Family Sculpture: Using the Kvebæk Sculpture Technique with Individual Clients and with Families
Thorsheim, Kuhlman GOOSEBERRY 1
- 42 Working with Children of Battered Women
Kahn GOOSEBERRY 2
- 43 Providing Culturally Competent Mental Health Care to Abused Gay, Lesbian, Bisexual and Transgender Youth
Baldwin, Ullbee, Petrie SPLIT ROCK 1
- 44 School Support Groups for Traumatized Refugee Students: A Model
Bijelic, Nielsen ROOM 202
- 45 Beyond Behavior Management: Toward a Deeper Understanding of Emotionally Fragile Preschool Children — Classroom Implications
Harman, Perry, Bowers ST. LOUIS RIVER
- 46 Mental Health in the Educational System
Winter, Canoga Litzau ROOM 303
- 47 Transition & Juvenile Justice: Meeting the Educational Needs of a Challenging Population
Garfinkel, Nelson, Moses GOOSEBERRY 3
- 48 Wraparound 101: The Basic Philosophy
Nietfeld, Butler SPLIT ROCK 2

12:00-1:00 Lunch LAKE SUPERIOR BALLROOM

1:00 – 2:30 Concurrent Workshops 49 - 60

- 49 Building Character in Boys and Girls: What Parents and Teachers Need to Know
Newberger ROOM 304-305
- 50 Cultural Competence in Health Care and Education
Hunt SPLIT ROCK 2
- 51 Immigration - An Early Intervention Approach
Esterbrooks, Robinson, Miller ROOM 202
- 52 When Abused or Neglected Children Become Parents: Clinical Issues & Case Examples
Siegel FRENCH RIVER 1&2
- 53 Powerful Parents
Packer, Gillen, Parent Members GOOSEBERRY 2

- 54 Teaching Adolescents IEP Self-Management
Spencer-Beck ROOM 303
- 55 Top Ten Tips for Parents: Advocate's View
Sorum, Klossner SPLIT ROCK 1
- 56 The Strange and Wonderful World of Asperger's Syndrome
Jenkins ROOM 203-205
- 57 Understanding the Biochemistry of Medication Use in Children
Jensen ROOM 301-302
- 58 Diagnostic Interview Schedule for Children: A 21st Century Screening Tool
Faul ST. LOUIS RIVER
- 59 Children's Emergency Assessment System: A Model for Service Delivery
Sulik, Collins-Marotte GOOSEBERRY 1
- 60 User-Friendly Research from 2 Minnesota Counties: Measuring Services, Collaboration, & the Condition of Children
Miles GOOSEBERRY 3

2:30- 2:40 Break

2:40 – 4:10 Concurrent Workshops 61 - 72

- 61 Understanding Childhood Disorders of Regulation and Trauma
Harris ROOM 304-305
- 62 Healing Arts and Group Work with Children
Najbar ROOM 301-302
- 63 Social Interaction Skills: An Alternative Model for Assessment and Instruction
Swanson Schipper SPLIT ROCK 2
- 64 Community Based Suicide Prevention—Sharing a Successful Model
Schott, Shortall ROOM 203-205
- 65 Getting Your Ducks in a Row: Things to Consider Before A Child Turns 18
Moore, Czechowicz, Kjellberg ROOM 303
- 66 Project EXCEPTIONAL Minnesota: Resources for Child Care Providers
Bentley, Croft, Hahn ROOM 202
- 67 Progress & Pitfalls in the Year of a Co-located Classroom
Hemingway, Marsh SPLIT ROCK 1
- 68 Lessons Learned: Parenting Bipolar Teens from Pre-diagnosis to Prognosis
Lindberg GOOSEBERRY 3
- 69 Family Advocacy in Children's Mental Health
Engstrom, Caya GOOSEBERRY 2
- 70 Putting the Pieces Together: Accessing Help at School and in the Community for Your Child with Mental Health Needs
Nelson, Carlson GOOSEBERRY 1
- 71 Culturally Competent Care with a Native American Perspective
St. John ST. LOUIS RIVER
- 72 In the Trenches: Working with Delinquent Youth & Their Families
Spiegelhoff FRENCH RIVER 1&2

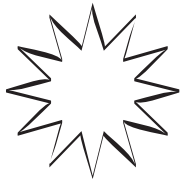
Exhibits are open ALL DAY Tuesday and Wednesday from 7:30 a.m. until the end of the last workshop each day.

KEY

Workshop Room Assignments

CITY SIDE ROOMS / HARBOR SIDE ROOMS

Discover the Possibilities



Keynote Speaker
9:20 - 10:20
Dr. David Satcher
 LAKE SUPERIOR BALLROOM

Tuesday 10:35 – 12:35

Concurrent Workshops 1 - 12

1

Families of Immigrants

Manijeh Daneshpour —PhD, LMFT, Coord., Marriage and Family Prog., St. Cloud State Univ.



Important considerations when working with immigrant and refugee families are their multiple losses including homeland, significant family members, social status, cultural possessions, and other meaningful sources of identity and validation. This presentation will discuss these issues and offer clinical strategies and interventions. **SPLIT ROCK 1**

2

ABC's of GLBT: School-Based Services for Gay, Lesbian, Bisexual and Transgender Youth and Families



Lauri Appelbaum —Coord. Out4Good, Mpls. Public Schools

This interactive workshop will present GLBT youth and families from a new perspective. Resilience factors will be examined, as well as information on coming out, being out, how this impacts youth development, family systems, schools and communities, and the need for responsive services for GLBT youth and families. **ROOM 202**

3

Group Work with Abusive Adolescents: Ending the Intergenerational Cycle of Domestic Abuse



Diane L. Davis —MA, LP, Dir. of Therapy, Domestic Abuse Project, Mpls.

The speaker will focus on the basics and advantages of group work with abusive adolescents. She will discuss the necessity of grounding oneself in theory, and provide an overview of a 14-week program and its goals. **ST. LOUIS RIVER**

4

Healing the Hurt: Children and Grief

Roxann Storms —MS, LSW, Coord., & Emilee Coffey —Life Transitions Services, Catholic Charities, St. Cloud



The most important factor in how children react to loss is the response of concerned adults. This session will explain how to build "helping-healing" relationships with grieving children, typical grief expression for developmental stages, how to talk with children about death and activities to help children express grief. **FRENCH RIVER 1&2**

5

Evaluation & Treatment of Bipolar Disorder from Age 3-83...Continuing Developments

Larry F. Dailey —MD, Child/Adolescent/Adult Psychiatry, Hennepin Co. Medical Center, Mpls.



Attendees will learn about the diagnosis of Bipolar Disorder from early ages on. The diagnosis in children is not difficult to make. Learn how to distinguish from ADHD, up-to-date information about medication, and emerging legal considerations. **ROOM 203-205**

6

Tools for Success: Working with Youth with FAS/E in the Juvenile Justice System

Joyce A. Holl —MA, Executive Dir. & Sara Messelt —Project Coordinator, MN Organization on Fetal Alcohol, StP.



Neurological damage caused by prenatal alcohol exposure may cause behaviors that make children and teens susceptible to involvement with law enforcement. This interactive session will offer information for parents and professionals on prevention strategies that work, and a variety of tools to help design effective and appropriate interventions in the juvenile justice system. **ROOM 301-302**

7

A Vision for Children's Mental Health: Parents and Professionals Working Together

Jenny Tobin, Lori K. Bakker, Cathy Ferrazzo, Therese Gilbertson, & Lucy Hollingshead —Parents, Washington Co. Children's Mental Health Collaborative Parent Advisory Group



Parents from Washington Co. will present a skit called "Who Wants to be a Parent of an SED Child?" and explain how their Collaborative is training parents in advocacy and leadership skills. They will also tell how Placement Teams and their community have partnered to meet the needs of children and their families. **ROOM 304-305**

8

Adopting a Public Health Approach to Children's Mental Health

William Dikel —MD, Consulting Child Psychiatrist, St. Louis Park



This session provides a blueprint for a public health approach to children's mental health issues. It will describe professional roles, coordination strategies, legal liability, data privacy, outcome analysis and potential funding stream issues in a cost-effective public health model of service integration and early intervention strategies. **SPLIT ROCK 2**

9

Fire Up! Battle Burnout by Rekindling the Flame: the Process of Appreciative Inquiry

Julie Tilsen —MA, LP, President, 2 Stories, PLC, Mpls.



By the time professionals yell "burnout!" they often have a distorted view of their work and themselves. The process of appreciative questioning will help participants reclaim their purpose, discover when they are at their best, what others most value about them, and what it is that can keep them going. **GOOSEBERRY 2**

10

Creating a Therapeutic Preschool

Diane Foy —MED, LP, Psychologist, Scott Co. Mental Health Ctr; & Lisa Rapke —LSW, Carver Co. Social Services



This presentation will outline a therapeutic summer preschool called Social Butterflies designed and implemented in two counties. Participants will learn how to create a therapeutic environment, teach social skills, encourage positive behaviors, resolve conflict within the classroom, and involve parents. **GOOSEBERRY 3**

11

What Is All This Sensory Processing Mumbo Jumbo?

Moria Malat Gallagher —Occupational Therapist; & Cheryl A.



Loesch —Parent, Maplewood
 This presentation will guide you through the complicated maze of sensory processing dysfunction. A parent/professional team will present a case scenario of diagnosis, treatment, and follow up. Included will be strategies to ensure an individual's optimal functioning, and a videotape of how families cope with this unique condition. **ROOM 303**

12

Nature in Counseling and Therapy

Linda Nebbe —PhD, CADC, LMHC, Assistant Professor of Counseling Education, Drake Univ., Des Moines, IA & Beth Granger, Mpls. Redesign



Treatment programs that include nature and animals are gaining in popularity. Although attractive, such programs done poorly can cause more harm than good. Explore the rationale for this adjunct therapy, discover how to manage risks, and experience the application through video and experiential activities. **GOOSEBERRY 1**

KEY	Technical Levels		Target Audience
	Introductory . . .	Intro/Inter. . .	Professional . . .
	Intermediate . . .	Inter/Adv.	Parent
Advanced	All levels	All	

CITY SIDE ROOMS / HARBOR SIDE ROOMS

Tuesday 6

Tuesday 1:30 – 3:00

Concurrent Workshops 13 - 24

13 Introduction to Parent Leadership
Vera Pina —National Consultant, Wraparound Milwaukee
 The difficult journey that is made by a parent of a child with a mental health disorder leaves him/her with unique insight into raising these special children. This session will show parents how they can use their exclusive knowledge to improve the children's mental health systems of care. **SPLIT ROCK 1**

14 IIP-Coordinating Services for Children and Youth With Disabilities
Cindy Shevlin-Woodcock —Special Ed. Prog. Consultant, MN of Dept of Children, Families & Learning; Sue Benolken —MN Dept. of Human Services; & Lola Jahnke —MN Dept. of Health
 Presenters will preview the Individualized Interagency Prevention Plan (IIP) and the MN System of Interagency Coordination, a coordinated system of planning and service delivery for ages birth-21. Included will be a discussion about implementation and the role of local mental health services, parents and others, as well as time for questions. **GOOSEBERRY 2**

15 Mental Health Issues in the Educational System: A Lawyer's Viewpoint*
Laura Tubbs Booth —JD, Rider, Bennett, Egan & Arundel, LLP, Mpls.
 The presenter is an attorney who represents several MN school districts. Participants will do a brief self-assessment before she reviews the legal requirements of IDEA. She will also cover state law and the new E/BD criteria, summarize some real MN cases to discuss "gray areas" in the law, and include an opportunity to ask questions. **ROOM 303**
 * For another perspective see workshop #26

16 The Impact of Mood Disorders in Children/Adolescents on Family
Anthi Menzel & Kathy Bensend —Cofounders, & Gretchen Collins —MA, LP, Facilitator, Parents Helping Parents; Char Myklebust —PsyD, Supervisor, Mental Health Services & Paul Sterlacci —MA, LP, Mental Health Coordinator, District 287, St. Louis Park
 This session will discuss the issues that families have to face when a child has a mood disorder: diagnosis, symptomology, treatment, school, community response, and other challenges inherent in the journey to wellness and acceptance. Audience input invited. **ROOM 203-205**

17 Girls: Reframing Risk, Increasing Options
C'ana Petrich —Planner for Juvenile Females, MN Dept. of Corrections
 Learn how to tap into the strengths of girls who are considered "at risk" and assist them in developing lifelong skills to make healthy choices. We will cover "reframing resistance," seeing problem behaviors as survival skills, developmental information, and practical applications. **FRENCH RIVER 1&2**

18 Queer Youth/Supportive Allies: A Youth Panel
Shirley Duke —Prog. Coord., Andy Olson & Anna Hartshorn —participants, Together for Youth, Lutheran Social Services, Duluth
 The coordinator will introduce the LSS's social and support group for gay, lesbian, bisexual and transgender teens and those questioning their sexual orientation. Teens present their own stories, a dramatic reading that gives historical context, suggestions about how to be supportive, a slideshow, and will answer audience questions. **ROOM 202**

19 Understanding the Body, Mind, and Spirit of an Abused Child
Sandy Thibault —President; Dr. Ken Olson —Selma's Spirit, Savage & Laura Pingry-Kile —Special Education Lead Teacher, ISD 191.
 This workshop will give an understanding of the physical, emotional and spiritual impact of child abuse, and show how abused children can be helped to imagine healthy possibilities for their lives. Participants will leave with practical tools for demonstrating acceptance and care, encouraging hope, and honoring the intrinsic worth of the abused child. **ROOM 304-305**

20 Art Therapy: Assessment and Intervention in Child/Adolescent Day Treatment
Craig Balfany —MPS, Registered Art Therapist, Fairview Univ. Medical Ctr., Mpls.
 Art therapy has proven to be an effective treatment modality in child/adolescent day therapy programs and can be utilized in many treatment and educational settings. This presentation will outline how the art therapy assessment, tools and techniques are used to facilitate positive outcomes. **ROOM 301-302**










21 25 Years as a Day Treatment Provider: What We Have Learned
Don May —Dir., LifeSpan Behavioral Health Services, Inc., Eagan; Traci Hackmann —Dir., Youth Transition Prog.; & Jill Buckingham —Dir., Family Centered Youth Services
 YTP, created in 1977, is a community based alternative to residential placement of youth with mental health issues. A second program (FCYS) was added in 1982. Presenters will discuss the philosophy, structure, funding and outcomes of the programs; evolving issues in day treatment; and issues for the future. **GOOSEBERRY 3**

22 Promoting the Parent-Infant Relationship from Pregnancy to Preschool
Jillayn Lindahl, Marianne Keuhn & Joann O'Leary —Ramsey Co. Public Health, StP.
 Presenters will discuss a pilot program using in-home visits to support psychosocially at-risk families, with outcomes that show increased bonding and less maternal depression. Tools and training materials will be presented, and support of siblings will also be discussed. **ST. LOUIS RIVER**

23 The Rise of the McTherapies: a Critical View of the "Power Therapies"
David Swenson —PhD, LP, College of St. Scholastica, Duluth
 This session critically examines the proliferation and claims of over 30 increasingly popular "power therapies" used for a variety of mental health problems. The reasons for their popularity, explanation of their assumptions, risks and problems in their use, and questions for parents and professionals to ask promoters are covered. **SPLIT ROCK 2**

24 Building Bridges: University Research Supporting Local Communities
Jean Sykora —MSW, PhD, Public Ed. Coord., & Jess Siebenbruner —Children, Youth and Family Consortium, Univ. of MN, Mpls.; & Mary Sue Hansen —MA, Suburban Ramsey Family Collab.
 See actual results from a collaborative, research-based effort at supporting system change. Presenters will show materials their organizations developed jointly, covering youth needs and recommendations for those involved in early childhood. Presenters will explain the collaboration involved and how their project products can be used in other communities. **GOOSEBERRY 1**



MACMH has many new & revised publications available. Call the office for an order form.

KEY	Technical Levels		Target Audience
	Introductory . . . 	Intro/Inter . . . 	Professional . . . 
Intermediate . . . 	Inter/Adv . . . 	Parent 	
Advanced . . . 	All levels 	All 	



Tuesday 3:10 – 4:40

Concurrent Workshops 25 - 36

25 Understanding the New Criteria for E/BD (Emotional/Behavioral Disorder)



  Charlotte Ryan —PhD, E/BD Consultant, MN Dept. of Children, Families & Learning, Roseville
Eligibility criteria for several special education categories have been changed over the past year. The presenter will explain the new criteria for E/BD and how the changes will impact children at risk or with a mental health diagnosis. **ROOM 203-205**

26 Mental Health Issues in the Education System: Another Perspective*



  Amy Goetz —JD, Center for Education Law, LTD, StP; Jan Ostrom —MS, LP, Brih Design, LLC, Mpls.
Goetz is an attorney in the area of education law, who represents students and their families fighting for access to services. She will discuss the need for and availability of mental health services to children in public schools, including information on IDEA and state law. Ostrom specializes in behavior change and will cover Functional Behavior Assessments and positive behavior interventions. **FRENCH RIVER 1&2**

* For another lawyer's perspective see workshop #15



27 Advocacy Skills for Parents and Students

  Nicolle Tunheim Hren —Special Education Teacher, StP.
This session will show parents how to be strong advocates for their children, and how to teach their children to advocate for themselves. As a learning disabled student herself, the presenter found that being a self-advocate was very important to her success. **ROOM 202**



28 You Can Change the System — Through your Local Advisory Council

  Michael Stetzler —Local Advisory Council (LAC) Liaison, MN Department of Human Services, StP.; & LAC members
Find out how to help change the system through your local mental health advisory council, a group of parents, consumers, former consumers, providers, and other interested people who advise the county board and other policy makers on how to improve mental health services. **SPLIT ROCK 2**



29 Shortage of Culturally Appropriate Services

  Mary Jo Avendaño Bealka —MA, LAMFT, Dir. Family & Health Prog., Centro, Inc., Mpls.
Children coming from different cultures are easily misdiagnosed due to lack of cultural understanding. Latinos are creating solutions to their children's mental health care, including effective treatment systems and settings that are least restrictive and most cost-effective. The presenter will explain how this system can be implemented and why it is needed. **GOOSEBERRY 2**



30 Your Adolescent Diversion Program

  Derrick E. Crim —Clinical Training Specialist, Hazelden Foundation, Center City
This session will offer participants strategies and tools to provide effective programming for adolescents who are in community diversion programs. Topics covered will be the theory behind diversion, strategies for effective parent/family involvement, and keys to reducing recidivism rates. **SPLIT ROCK 1**



31 Project SUCCEED and the PECFAS Screener: Promoting Positive Mental Health in Early Childhood

  Sara Carlson —Coord. Project SUCCEED; & Toni Braness — Collaborative Coord., PACT4Families Collab., Willmar
PACT4Families, a rural children's mental health and family services collaborative, has piloted an innovative early childhood mental health screener. Screener statistics helped secure funding for an early childhood intervention/prevention program, Project SUCCEED. Discussion will center on the screener and Project SUCCEED efforts. **GOOSEBERRY 3**



32 Emotions: The Building Blocks of Identity

  Amy J. Donnan —MA, LP, Head Start Consultant, Language of the Heart, Hibbing
This workshop will cover information about emotional development and its healing stages. Experiential exercises, research on emotions, and case studies will be used to demonstrate the importance of emotional expression and how an assessment of emotional functioning can be made in young children. **ROOM 304-305**



33 Freeing Our Families from Perfectionism

  Thomas Greenspon —PhD, LP, LMFT, Greenspon Associates, P.A., Mpls.
Overcoming perfectionism involves more than just cognitive and behavioral interventions. After describing perfectionism and its origins, the presenter will suggest specific guidelines, based on his recent book, which can be useful for parents as well as for professionals working with families in moving beyond perfectionism. **ROOM 303**



34 Biofeedback as a Therapy Tool

  Kathy Samilo —MA, LP, Therapist & Paul Meunier —MA, Central Ctr for Family Resources
The presenters have been using biofeedback in a day treatment facility and outpatient mental health setting. They will address the use of peripheral biofeedback in treating children and adolescents with anger management, impulse control and anxiety problems. Demonstrations will be available for volunteers. **GOOSEBERRY 1**

35 Self-Care for Mental Health Professionals

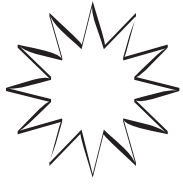
  Mary Z. McGrath —PhD, Reflections Resources, Ltd.
Through an interactive lecture format, participants will be encouraged to identify areas of challenge and growth in their professional lives. They will name job stressors, develop a personally effective self-care plan, and list action steps for immediate application. Handouts included. **ST. LOUIS RIVER**

36 Growing Up with Bipolar

  Thomas M. Latimer —LICSW, Aslan Institute, P.A., Eagan; & Joe Petrie —Dir., CHANCE, Mpls.
Joe is a recent high school graduate diagnosed at age 9 with bipolar. Joe will share his insights, frustrations and accomplishments, plus the impact of CHANCE, a game night for children with mental illness, their siblings and friends. Tom, who is Joe's in-home therapist, will add his perceptions. **ROOM 301-302**

POSTER SESSION 4:30 - 6:00 p.m. EDMUND FITZGERALD EXHIBIT HALL
A unique opportunity to speak one on one with presenters, gather material and information, and connect with other conference attendees, while enjoying refreshments and hors d'oeuvres.

- 1 **Changing Behavior Through the Art of Making Movies** • Linda Flanders -Educational Dir., Taproot, Inc., Bay City, WI
- 2 **A Small Group Approach to the Social-Emotional Needs of Middle Level Students** • Cheryl Markowitz -Dir. & others, Concordia Creative Learning Charter Academy StP.
- 3 **Gender Discrimination: Making Schools Safe for Gay, Lesbian, Bisexual and Transgender Students and Staff** • Laura Tubbs Booth -JD, Rider, Bennett, Egan & Arundel, LLP, Mpls.
- 4 **Culturally Consonant Treatment of Adolescent Substance Abuse Among Native Hawaiians** • Carole E. Wright -MA, LMFT Prog. Dir., & others, Substance Abuse & Resid. Treatment, Maui Youth & Family Serv., Paia, HA
- 5 **Getting Everybody on the Same Page: Reducing Conflict Among Agencies & Providers** • Bruce H. Miles, EdD -Researcher, Big River Group, St. Cloud
- 6 **Building Youth Resiliency Through Puppetry** • Barb Lamson -Prevention & Health Communities Network Coord. & others, Region 9 Development Commission, Mankato
- 7 **The Mental Health Bookshelf: An Opinionated Bibliography** • Cynthia B. Moore & Mary Andrews -MN Parent Leadership Network, StP.
- 8 **FAQ(Frequently Asked Questions): Waivers for Children's Mental Health** • Kerry Udving -MA Specialist, Children's Mental Health Div., MN Dept of Human Services, StP.
- 9 **Community Awareness: A Parent Mobilization Project** • Beth Becker -NW Hennepin Human Services Council; & Nancy Petrie & Mary Kay Talbot -Parent Mobilization, NW Hennepin Co.
- 10 **Cops & Counselors in the High School** • Dr. Ane K. Fitzgerald, LMFT -Guidance Counselor, Glenco-Silver Lake High School; Officer; Wyatt L. Bienfang -Glencoe Police Dept.
- 11 **Temper Tamers: an 8-Session Anger Management Pull-Out Program** • Kathryn Pearson -MS, LP, Braham Elem. School, Braham, MN
- 12 **Adolescent School Groups** • Cindy Hommer -LGSW, Therapist, Volunteers of America Mental Health Clinics, Anoka
- 13 **Introducing the Parent Leadership Network** • Advisory Committee and Coord., Parent Leadership Network, StP.
- 14 **I've Got Character** • Mariys Dickmeyer -Pres.
- 15 **FAS: Creative Living, Loving & Learning** • Jodee C. Kulp -Exec. Direct., Better Endings New Beginnings



Keynote Speaker
9:00 - 10:00
Dr. Eli Newberger
LAKE SUPERIOR BALLROOM

Wednesday 10:15 – 12:00
Concurrent Workshops 37 - 48

37 ADHD: Misdiagnosed, Mistreated, Misunderstood



Gary Johnson —Ph., DLP, LMFT, Clinical Dir., Joanne Search — MA, LMFT, & Kori Hoffman —Psychometrist, Clinic for Attention, Learning, and Memory, Loring Family Clinic, Mpls.

This workshop will review recent research on diagnosis and treatment of ADHD including atomoxetine, OPTAX, and neurocognitive training. The speaker will identify six areas of the brain affected by ADHD and the most advanced treatment for each brain sub-type. **ROOM 304-305**

38 Fetal Alcohol: Working with Kids Who May Have It



Lynne Frigaard —Administrator and Fetal Alcohol Specialist, ARC Northland, Duluth

Children and adolescents with Fetal Alcohol Syndrome or Effects present us with some unique challenges. This dynamic, interactive workshop will provide participants with practical strategies for working with individuals who have or may have FAS/FAE and is especially relevant for those who provide services. **ROOM 301-302**

39 Helping Families When Their Child or Teen has Bipolar Disorder



John W. Seymour —PhD, LMFT, Assistant Professor, Counseling and Student Personnel, MN State Univ., Mankato

Families who have a child or adolescent with bipolar disorder can benefit from practical applications of current research findings in diagnosis, medical management, and psycho-therapeutic treatment. Coping strategies will be illustrated with examples. Suggested resources will be provided. **FRENCH RIVER 1&2**

40 When a Child Needs Help: Recognizing, Differentiating and Treating Childhood Disorders



Mary Casey Hvistendahl —MA, LP, Associates in Psychiatry & Psychology, PA, Faribault

Participants will increase their awareness of common childhood stressors and specific disorders that have similar or overlapping symptoms. Information will cover several common childhood mental health diagnoses, along with related characteristics of Learning Disabilities, Pervasive Developmental Disorder, and Autism. **ROOM 203-205**

41 Family Sculpture: Using the Kvebæk Sculpture Technique with Individual Clients and with Families



Julie Thorsheim —MSW, DCSW, LICSW, KST Associates, Northfield & Fairview-University Medical Ctr. Mpls. & Barb Kuhlman —MA, LP, Lutheran Social Serv., Northfield.

KST engages visual, tactile and kinesthetic senses by using hardwood figures to represent family members and other significant persons. This technique adds value to most theoretical approaches, assists the professional to rapidly establish a connection with oppositional clients, and has multi-cultural appeal. Opportunity for hands-on experience will be included. **GOOSEBERRY 1**

42 Working with Children of Battered Women



Naomi Kahn —MSW, LGSW, Children's Therapy Supervisor, Domestic Abuse Project, Mpls.

This presentation discusses how children are impacted by family violence. It will include an overview of a 10-week group program for child witnesses aged 4-teens impacted by domestic violence, as well as case studies, small group discussions, and experiential exercises. **GOOSEBERRY 2**

43 Providing Culturally Competent Mental Health Care to Abused Gay, Lesbian, Bisexual and Transgender Youth



Caitlin Baldwin —Prog. Coord., GLBT-Kids: Abuse Intervention Network; Maureen Ulbee —MS, MSW, LICSW & Doug Petrie —

MA, Family Children's Service, Mpls. This workshop will focus on the relationship between identity development for GLBT youth and child abuse. It will identify techniques and models that address specific mental health concerns that may come into play when working with GLBT youth. **SPLIT ROCK 1**

44 School Support Groups for Traumatized Refugee Students: A Model



Mirjana Bijelic —MS, MN Schools Project Coord.; & Linda Nielsen —MSW, Coord., Child Survivor Project, Ctr. for the Victims of Torture, Mpls

A school-based psych-educational group model will be outlined, including goals, group activities, and special considerations for facilitation. Attending to the unique needs of the youth, handling disclosed trauma experiences, and normalizing trauma reactions will be covered using short presentations, discussions, and small group exercises. **ROOM 202**

45 Beyond Behavior Management: Toward a Deeper Understanding of Emotionally Fragile Preschool Children — Classroom Implications



Scott Harman —MSW, Dir. of Mental Health Services, Jane Perry & Jane Bowers —former and current teachers, St. David's Child

Development and Family Services, Minnetonka This workshop will offer a relationship-based framework for working with behaviorally challenging preschool-aged children. The presenters will explore factors that contribute to a child's behaviors, and reflect upon opportunities for classroom-based interventions. **ST. LOUIS RIVER**

46 Mental Health in the Educational System



Sara Winter & Marikay Canoga Litzau —JD, Due Process Specialists, MN Dept. of Children, Families & Learning, Roseville

This presentation will include an overview of the legal issues facing students with mental health needs. Included will be a summary of state and federal laws, including recent MN Statutory and Rule changes. **ROOM 303**

47 Transition & Juvenile Justice: Meeting the Educational Needs of a Challenging Population



Lili Garfinkel —Assistant Dir., National Ctr. on Education, Disability & Juvenile Justice Coord., Juvenile Justice Project; Renelle Nelson & Judy Moses —PACER Ctr., Bloomington

This workshop will provide information on young adults with disabilities and the juvenile justice system, including a description of young adults at risk, crimes associated with disability types, mandated services, and community responses. **GOOSEBERRY 3**

48 Wraparound 101: The Basic Philosophy



Rhonda Nietfeld —LSW, Wraparound Coord. & Patty Butler —MS, Parent Involvement Coord., PACT4Families Collaborative, Willmar

Wraparound is a process (not a program) used to improve the lives of children and families with complex needs. This parent-professional interactive session will illustrate the eleven values used in wrap-around to demonstrate how this common-sense process is beneficial for communities and successful for families. **SPLIT ROCK 2**

Wednesday

Wednesday 1:00 – 2:30

Concurrent Workshops 49 - 60

49 Building Character in Boys and Girls: What Parents and Teachers Need to Know

Eli Newberger —MD, Author, Professor, Harvard Medical School

From his research and practice the presenter has derived a philosophy that focuses on the strength and resilience of parent-child relationships and a practice oriented to compassion and understanding, rather than blame and punishment. **ROOM 304-305**

50 Cultural Competence in Health Care and Education

David B. Hunt —JD, President and CEO, Critical Measures (a subsidiary of Ryder, Bennett, Egan & Arundel Law Firm), Mpls.

The speaker will cover the rapid changes in demographics; the crisis of bias in special education and proposed solutions; and the legal and social implications of bias in mental health care. He will also review new cultural competence standards in health care developed after the Surgeon General's report on this topic. **SPLIT ROCK 2**

51 Immigration - An Early Intervention Approach

Sue Esterbrooks —MA, LSW; Dora Robinson —St. David's Child Development & Family Services, Minnetonka & Nancy Miller —Prog. Coord. Family Options Prog.

The speakers will describe a relationship-based model that helps immigrant families in adjusting to American society through partnerships with community agencies that provide them services. They will also discuss issues that immigrant families face and effective ways to work with them. **ROOM 202**

52 When Abused or Neglected Children Become Parents: Clinical Issues & Case Examples

Carol F. Siegel —PhD, Clinical Dir., Infant/Toddler & Family Focused Prog., Washburn Child Guidance Ctr., Mpls.

The presenters will discuss clinical issues observed through work with parents who are struggling not to repeat their own past abuse/neglect, including absence of internal norms, conflict around protectiveness, difficulty with boundaries and identification, and misinterpretation of normal developmental behavior. **FRENCH RIVER 1&2**

53 Powerful Parents

Cynthia Packer —LICSW, Initial Response Team, Ramsey Co. Children's Mental Health Collaborative and Wilder Child Guidance Clinic; Donna Gillen —Coord., & parent members —Ramsey Co. Parent-to-Parent, St. Paul

No one truly understands the experience of parenting a child with serious emotional and behavioral challenges like a parent who has already "been there." Parent participants join staff to discuss Ramsey Co. Parent-to-Parent program that connects parents in one-to-one mentoring relationships.

GOOSEBERRY 2

54 Teaching Adolescents IEP Self-Management

Robyn M. Spencer-Beck —MS, E/BD Teacher, YES Prog., Hudson School Dist., Hudson, WI

This workshop discusses a curriculum that works as a tool for behavior management, giving youth the opportunity to explore themselves as they become active learners and participants in the development of their individual education plans. It will also offer more effective ways for youth to communicate their interests, desires, needs and rights.

ROOM 303

55 Top Ten Tips for Parents: Advocate's View

Barb Sorum & Cindy Klossner —Advocates, MN Assoc. for Children's Mental Health, StP.

The presenters, longtime educational advocates, will share their "top ten" list of ideas for parents, including classroom accommodations, placements and frequently asked questions. **SPLIT ROCK 1**

56 The Strange and Wonderful World of Asperger's Syndrome

Susan Jenkins —MD, Child & Adolescent Psychiatrist, Associates 2000, PA, Rochester

The presenter, having first-hand experience working with children and adolescents with Asperger's Syndrome, will begin with case vignettes and detailed diagnostic criteria. She will also review diagnostic test instruments, introduce some basic treatment concepts, and include time for questions. **ROOM 203-205**

57 Understanding the Biochemistry of Medication Use in Children

Jonathan Jensen —M.D., Univ. of MN, Dept. of Psychiatry, Child & Adolescent Division

The presenter will begin by describing the organization of brain systems, and the understanding of how a biochemical imbalance disrupts the functioning of these systems, causing clinical symptoms. An approach of medication intervention to make these systems function more normally will then be discussed, including time for questions. **ROOM 301-302**

58 Diagnostic Interview Schedule for Children: A 21st Century Screening Tool

Lisa Faul —MEd, LPC, Community Liaison, Prairie at St. John's, Fargo, ND

The Voice-DISC is a state-of-the-art computer tool used to engage children ages 9-18 in the screening for mental illness. This session offers a demonstration, supportive data, a community-based project profile, and a Power Point presentation with research-based data and graphics.

ST. LOUIS RIVER

59 Children's Emergency Assessment System: A Model for Service Delivery

L. Read Sulik —MD, Medical Dir., Child & Adolescent Psychiatry, St. Cloud Hospital; & Joan Collins-Marotte —MS, LP, Caritas Family Services, St. Cloud

This system, a coalition of 12 separate agencies committed to providing a system of psychiatric triage and immediate emergency mental health assessment to children and adolescents in a five county area, will be reviewed. Data will also be presented from the Mental Health Crisis Triage Assessment System, a project of the Stearns Co. Family Collaborative. **GOOSEBERRY 1**

60 User-Friendly Research from 2 Minnesota Counties: Measuring Services, Collaboration, & the Condition of Children

Bruce H. Miles —EdD, Researcher, Big River Group, St. Cloud

This session will detail efforts of two County Collaboratives within Minnesota to gather baseline data to better serve children. Participants will review all data collection tools and macro data trends from each county. Specific attention will be given to "lessons learned" and samples of data collection tools will be handed out. **GOOSEBERRY 3**

Coming Soon

The MACMH Multi-Cultural Resource Guide is in the final stages, visit the MACMH table for more information.

KEY	Technical Levels		Target Audience
	Introductory . . .	Intro/Inter . . .	Professional . . .
Intermediate . . .	Inter/Adv . . .	Parent	
Advanced . . .	All levels	All	

CITY SIDE ROOMS / HARBOR SIDE ROOMS

Wednesday 2:40 – 4:10

Concurrent Workshops 61 - 72

61 Understanding Childhood Disorders of Regulation and Trauma

Michael Harris —MA, LP, Indian Health Board, Mpls.

Participants will learn how the attachment relationship acts to regulate a child's emotional state; how early abuse or neglect (trauma) disrupts this process; how Theraplay® and Eye Movement Desensitization and Reprocessing (EMDR) work to alleviate trauma responses and dysregulation; and practical examples of Theraplay® principles. **ROOM 304-305**

62 Healing Arts and Group Work with Children

Joan Najbar —MSW, LICSW, Therapist and Consultant, Miller-Dwan Hospital, Duluth

This is a workshop designed for parents, teachers and social workers who use group work with elementary through junior high children. Drumming, story telling, movement and visual art is combined in an approach that can be a catalyst with children and rewarding for the adults who work with them. **ROOM 301-302**

63 Social Interaction Skills: An Alternative Model for Assessment and Instruction

Debra Swanson Schipper —MED, Autism Specialist and Dir. of West Metro Learning Connections, Minnetonka Schools, Minnetonka

Children with Attention Deficit Hyperactivity Disorder, Asperger Syndrome, and other "high functioning" autism spectrum disorders tend to share a common frustration - difficulty with social communication and interactions. This session will discuss social interaction programs and the need to include developmentally designed curricula, with environmental, visual, and other sensory supports. **SPLIT ROCK 2**

64 Community Based Suicide Prevention—Sharing a Successful Model

Rachel Schott —Executive Dir., & Pat Shortall —RNC Youth Outreach Specialist, Yellow Ribbon Suicide Prevention Prog., Mankato

Addressing suicide is a must for every community. Through collaboration of key community partners, a program can be implemented in a cost effective, safe manner to provide a safety net for the community at large, especially youth. **ROOM 203-205**

65 Getting Your Ducks in a Row: Things to Consider Before A Child Turns 18

Cynthia Moore —parent and MACMH Advocate; Jim Czechowicz —PASS Specialist, Social Security Admin., StP.; & Carla C. Kjellberg —Attorney, St. Louis Park

Some adolescents may not be ready to assume all adult legal rights at age 18; others may continue to need services that normally end at this age. Speakers will discuss issues of Social Security assistance, how to file for on-going child support, and other school, medical and legal transition issues. Resources will also be provided. **ROOM 303**

66 Project EXCEPTIONAL Minnesota: Resources for Child Care Providers

Chris Bentley —Coord. of On-site Consultation, Cindy Croft —Project EXCEPTIONAL MN; & Michelle Hahn —Healthy Childcare MN

Minnesota has been investing in various projects and systems to support children with special needs, including children with mental health needs, in childcare and school-age care settings. This presentation will highlight these projects. Sample products will be available. **ROOM 202**

67 Progress & Pitfalls in the Year of a Co-located Classroom

Kathleen Hemingway —MS, Early Childhood Supervisor & Kirsten Marsh —MA, Washburn Child Guidance Ctr, Maple Grove

Using the example of a preschool day treatment and ECSE co-located classroom, the presenters will discuss the integration of mental health and special education services. They will cover the history of the program, assessment and evaluation (including Functional Behavior Assessments), qualifying for services, and the use of IIPs, IEPs, and 504 plans. **SPLIT ROCK 1**

68 Lessons Learned: Parenting Bipolar Teens from Pre-diagnosis to Prognosis

Karen Lindberg —Parent, RN, MPH

The presenter is a nurse who has spent over two decades providing services to young families and troubled teens. Now on the receiving end of mental health services, this nurse and mother will share a very open account of her family's journey to provide insights and hope. **GOOSEBERRY 3**

69 Family Advocacy in Children's Mental Health

Reenie Engstrom —Dir. of Family Services; & Brenda Caya —MSED, ARC Northland, Duluth

Learn about ARC's Family Advocacy Program that teaches parents to be advocates for their own family as well as others. The program provides materials, connections and direction so families can take care of themselves, supporting the belief that families know what is best for them, and can best support each other. **GOOSEBERRY 2**

70 Putting the Pieces Together: Accessing Help at School and in the Community for Your Child with Mental Health Needs

Renelle Nelson —Project Dir. & Debbie Carlson —Project Staff, PACER, MN Statewide Family Network, Bloomington

Families whose children experience difficulty in school and the community due to mental health needs often experience isolation, feel helpless, and struggle to maintain their family unit. This presentation will give tips and support for families to use when working with schools and mental health resources in the community. **GOOSEBERRY 1**

71 Culturally Competent Care with a Native American Perspective










Philip St. John —Cultural Case Coord., Fairview/University Behavioral Services Mpls.

The presenter will discuss working toward "tribally appropriate care," and how to make services more accessible to Native Americans. He will also describe culturally appropriate treatment plans that consider a child's cultural, ethnic and social factors along with physical and psychological. **ST. LOUIS RIVER**

72 In the Trenches: Working with Delinquent Youth & Their Families

Luke Spiegelhoff —LICSW, Family Based Counseling, Inc., Bloomington

In this session, participants will learn the latest research as it relates to the formation and maintenance of delinquency and youth. Learn effective interventions (including Multisystemic Therapy) with these youth and families to help them break the cycle of delinquency. **FRENCH RIVER 1&2**

Technical Levels		Target Audience	
KEY	Introductory . . . 	Intro/Inter. 	Professional 
	Intermediate . . . 	Inter/Adv. 	Parent 
	Advanced 	All levels 	All 

Wednesday

Thank you to MACMH Volunteers

Mary Andrews
Barbara Baumberger
Jennifer Bausman
Brenda Berglund
Holly Bietau
Colleen Breen
Florence Buss
Tony Buss
Christine Carney
Kathy Dohmeier
Bonita Donaldson
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Children, Families and Learning

Minnesota Department
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