



MACMH's 2006

Child & Adolescent Mental Health Conference

A statewide conference designed to give parents, caregivers, and professionals a forum to share new information, state-of-the-art techniques, and strategies that have been proven to be successful when working with children who have mental health needs and their families.

April 30, May 1, and May 2, 2006 • Duluth Entertainment Convention Center • DECC

Keynotes



L. Read Sulik, MD, is the Medical Director of Child and Adolescent Psychiatry of St. Cloud Hospital Behavioral Health Services where he oversees the development of inpatient and outpatient psychiatric programs for children and adolescents. He worked closely with the CentraCare Health Foundation to develop child and adolescent behavioral health services at St. Cloud Hospital, including Clara's House, a new intensive partial hospitalization facility for children and adolescents with mental health and chemical dependency problems. In a keynote address entitled "Understanding and Promoting Mental Health in our Children," Dr. Sulik will present a thought-provoking overview of what is meant by mental health and how we can better promote the development of mental health, wellness, and even "mental fitness" in our children.



Charlie Appelstein, MSW, has worked with troubled children and youth for more than 25 years. Robert Lieberman, former president of the American Association of Children's Residential Centers, calls Charlie the "best youth care trainer in America." Warm, funny, and inspiring, Charlie brings great passion to the podium and will leave you with ready-to-use insights and tools that will make a difference. Charlie has authored three youth care books that are widely used within the field. His keynote address is titled "The Glass Ain't Full, Heck It's Overflowing!: The Power of a Strength-Based Environment in Reshaping the Lives of Troubled Children and Youth."



Bebe Moore Campbell, novelist and journalist, is the author of several *New York Times* bestsellers, including her latest novel, *72 Hour Hold*. In this provocative novel, Campbell explores our culture's treatment of mental illness through the story of one mother's desperate attempts to save her manic-depressive teenaged daughter. Campbell's interest in mental health was also the catalyst for her first children's book, *Sometimes My Mommy Gets Angry*, for which she received the NAMI Outstanding Literature Award for 2003. In the story Campbell tells of how a little girl copes with being reared by her mentally ill mother. Ms. Campbell's first play, "Even with the Madness," debuted in New York in June 2003. This work revisited the theme of the mental illness and the family. Ms. Campbell is a member of the National Alliance for the Mentally Ill and a founding member of NAMI-Inglewood.

Minnesota Association for Children's Mental Health

165 Western Avenue North, Suite 2, Saint Paul, MN 55102-4613 • www.macmh.org • 800-528-4511

Looking for a way to unwind Monday evening?



a benefit for MACMH

Monday, May 1, 7:30 pm • DECC Auditorium
join us at 6:30 for a reception and raffle



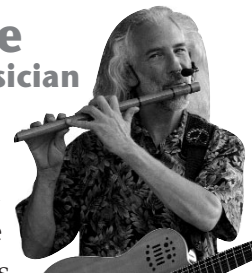
featuring

Jim Brandenburg

nature photographer

and **Michael Monroe**

musician



Enjoy the artistic collaboration of award winning photographer Jim Brandenburg and musician Michael Monroe in an evening to benefit the Minnesota Association for Children's Mental Health. Make reservations at the MACMH exhibit booth or buy tickets at the DECC box office. Also to benefit MACMH, purchase raffle tickets for a framed Brandenburg print, \$500 cash, or a Sony stereo system with a Monroe CD set.

Tickets: \$28 - \$34 (Reduced prices available for students, seniors, and children under 12)

2 MONDAY • Minnesota Association for Children's Mental Health

Things To Know

Meals

Continental breakfast (Fitzgerald Exhibit Hall) and lunch (Lake Superior Ballroom) are provided Monday and Tuesday to registered conference attendees at no additional charge. If you checked the “vegetarian lunch required” box, your lunch tickets are with your name tag. Dinner is on your own.

Message Board

A public message board will be available in the registration area for you to leave or retrieve messages.

Reminder

Please make a point of arriving at the Lake Superior Ballroom immediately following workshops 53 – 65 at 12:30 pm for lunch. This will allow plenty of time for the keynote address and ensure that everyone is served by 1:00 pm. Lunch service ends at 1:00 pm.

Book Signing

Charles Applestein and Bebe Moore Campbell will be selling and signing their books in the Lake Superior Ballroom following their keynote presentations. Their books will also be available for purchase from the MACMH exhibit booth throughout the conference.

New This Year—Handouts Online

In past years, some presenters have run out of handouts. This year we have invited presenters to post their handouts on the MACMH website.

Questions?

For facility-specific questions, see a DECC staff at the front-lobby kiosk. For conference-specific questions, see a MACMH staff at the conference registration area.

Continuing Education

The conference is designed to meet CEH credits for the following disciplines: psychology, social work, education, nursing, marriage and family therapy, behavioral health and therapy. General certificates of attendance are also available.

CEH's available Tuesday 3:45 – 4:30 pm at the registration area

Things To Do

Exhibits

Monday, May 1 • 8:00 am – 3:00 pm

Tuesday, May 2 • 8:30 am – 2:15 pm

Don't miss the wide variety of exhibits we have this year in the Fitzgerald Exhibit Hall. Please note extended break periods in the schedule for extra exhibit viewing time.

In Concert with Nature

Monday, May 1 • 6:30 pm Reception

• 7:30 pm Concert

Nature photography by Jim Brandenburg paired with music by Michael Monroe.

Raffle

Win great prizes and help support MACMH's mission. Take a chance and enter the raffle going on during the conference. Winners drawn on Tuesday during lunch. See page 2 for prizes.

2006 Poster Contest Winners

View the winning posters from our 2006 poster contest that will be on display throughout the conference.

This conference is partially funded with federal funds awarded to Minnesota Department of Education through the grant entitled, Special Education—Grants to States, CFDA 84.027A.

The following acronyms are used throughout this brochure:

DECC = Duluth Entertainment and Convention Center

EBD = Emotional or Behavioral Disorder

MDE = Minnesota Department of Education

Technical Levels

- Introductory No previous knowledge of the subject needed
- Intermediate Some previous knowledge of the subject needed
- Advanced Extensive knowledge of the subject needed
- EC** Early Childhood Focus Special Interest

Target Audience

- PRO** Professional
- PAR** Parent
- ALL** All

Key	Technical Levels		Target Audience	
	<ul style="list-style-type: none"> <input type="checkbox"/> Introductory No previous knowledge of the subject needed <input checked="" type="checkbox"/> Intermediate Some previous knowledge of the subject needed <input checked="" type="checkbox"/> Advanced Extensive knowledge of the subject needed EC Early Childhood Focus Special Interest 		<ul style="list-style-type: none"> PRO Professional PAR Parent ALL All 	
Schedule	Monday, May 1		Tuesday, May 2	
	8:00 – 8:50.....Registration/Breakfast	8:30 – 9:00.....Registration/Breakfast	9:00 – 10:45Workshops 40 – 52	10:45 – 11:15Extended Break/Exhibits
8:50 – 9:00.....Announcements	9:00 – 10:00.....Keynote	11:15 – 12:30Workshops 53 – 65	12:30 – 2:00Lunch/Keynote	
10:00 – 10:15.....Exhibits/Break/Book Signing	10:15 – 12:15Workshops 1 – 13	2:00 – 2:15Exhibits/Break/Book Signing	2:15 – 3:45Workshops 66 – 78	
10:15 – 12:15Workshops 1 – 13	12:15 – 1:15.....Lunch			
12:15 – 1:15.....Lunch	1:15 – 2:30Workshops 14 – 26			
1:15 – 2:30Workshops 14 – 26	2:30 – 3:00Extended Break/Exhibits			
2:30 – 3:00Extended Break/Exhibits	3:00 – 4:30Workshops 27 – 39			
3:00 – 4:30Workshops 27 – 39				

Monday, May 1, 2006

8:00 – 8:50	Registration / Continental Breakfast	Fitzgerald Hall
8:50 – 9:00	Announcements	Lake Superior
Keynote Speaker 9:00 – 10:00 Charlie Appelstein, MSW		
10:00 – 10:15	Break/Exhibits/Book Signing	Fitzgerald / Lake Superior
10:15 – 12:15 Concurrent Workshops 1 – 13		
1	Innovations in Treating Child Trauma • <i>Winston, Steinmetz, & Nietz</i>	Room 204
2	Arousal and Anxiety: A Ten Part Treatment Approach • <i>L. Read Sulik</i>	Room 304
3	Fetal Alcohol: A Unique Challenge • <i>Frigaard</i>	St Louis
4	Supporting the Development of Social Relationships, Social Skills, and Social Coping in Children with Asperger Syndrome and High Functioning Autism • <i>Cass Felling</i>	Room 203
5	The Silent Witness—Domestic Violence and Its Impact on Children • <i>McDonald, Dokter, & Jezterski</i>	Gooseberry 3
6	Profile of a Bully • <i>Wheeler Highland</i>	Gooseberry 2
7	Queer as Youth: Courageous Transgressions, Blurred Lines, and Expanded Possibilities • <i>Tilsen & Appelbaum</i>	Split Rock 1
8	Parenting Assessments for Families in Crisis • <i>Bergman & Moeller</i>	Room 303
9	Parent to Parent – “You are not alone” • <i>Bourne</i>	Room 202
10	Child and Adolescent Behavioral Health Services Program and Dialectical Behavior Therapy • <i>Holub, Eggers Huber, Steffes, Gorman, Holdredge, Carlson, & Nuesse</i>	Gooseberry 1
11	School-based Interventions for Children and Youth with Mental Health Disorders • <i>Shevlin-Woodcock & Myklebust</i>	French River
12	Meth - It's Impact on a Community • <i>Hahn, LePage, & Erickson</i>	Split Rock 2
13	“Use the Force Luke”: Staying Motivated to Do the Job • <i>Appelstein</i>	Room 302
12:15 – 1:15 Lunch		
1:15 – 2:30 Concurrent Workshops 14 – 26		
14	Pre-toddler Day Treatment: Scaffolding Early Development • <i>Pulice, Gardner, & Keller</i>	Lake Superior
15	Weaving Together Common Threads: A Multidisciplinary Approach to Childhood Dysregulation Disorders • <i>Fuchs Hoeschen, Kinzer, & Annundson</i>	Gooseberry 1
16	Pediatric Bipolar Disorder: Review of Etiology and Treatment • <i>(Larson) Lynch</i>	Gooseberry 2 Room 304


Tuesday, May 2, 2006


8:30 – 9:00	Registration / Continental Breakfast	Fitzgerald Hall
9:00 – 10:45 Concurrent Workshops 40 – 52		
40	Introduction to Diagnostic Classification System DC:0-3R • <i>Edvotell</i>	Gooseberry 1
41	From Fear to Safety, From Alienation to Belonging: Key Therapy Tools to Build Attachment Behavior Between Parents and Youth with Attachment Disorders • <i>Nelson, Dale, & Johnson</i>	French River
42	De-Mystifying FASD Diagnosis and Referral • <i>Lang & Carpenter</i>	St. Louis
43	An Inside Look at Asperger's Syndrome and Autism: A Panel of Adults Talk About Their Experience • <i>Luskin</i>	Room 303
44	Childhood Psychosis: Assessment and Treatment • <i>Lee Voldahl & Volness</i>	Gooseberry 3
45	Social Dyslexia: Neuroscience Update 2006 • <i>Johnson, Samson, & Gregory</i>	Room 204
46	Self-Injurious Behavior • <i>Cusack</i>	Room 304
47	Racial Identity Development as a Tool in the Development of Cultural Competence in Counseling • <i>Frank</i>	Split Rock 1
48	Orientation to Family Group Decision Making • <i>Miller, Kirgis, & Oian</i>	Split Rock 2
49	The Impact of Language and Communication on Behavior • <i>Utter, Reisetter, & Moore</i>	Room 302
50	Collaboration: The Never Ending Journey • <i>Lozeth, Jensen Haggert, & Picard</i>	Room 202
51	The Courage to Succeed: Implementing Circle of Courage Curriculum Ideas into Setting III EBD Classrooms • <i>Ureña, Guslin, Morgan, Kraus, Engel, Haltunen, Giorgi, & Petersen</i>	Room 203
52	Helping Students with Disabilities Transition to Post-Secondary Educational Life: Making Choices and Finding Resources • <i>Driscoll & Hagen</i>	Gooseberry 2
10:45 – 11:15 Break/Exhibits		
11:15 – 12:30 Concurrent Workshops 53 – 65		
53	The Incredible Years • CANCELED 53 A Guide to Early Childhood Mental Health • <i>Shields Stenzinger</i>	St. Louis
54	Depressed Parents, Depressed Babies: Assessment and Treatment Strategies for Clinicians and Home Visitors • <i>Siegel</i>	Room 203
55	Wild at Home, Wonderful at School: A Collaborative Approach to Support Family Strengths and Children's Development • <i>Thomas & Harrison</i>	Room 304
56	Build Your Skills: Mental Health Issues of the Learning Disabled Teen • <i>Fuller</i>	Room 303
57	How Understanding and Responding to Children's Sexual Behaviors Can Help Prevent Child Sexual Abuse • <i>Lindstrom</i>	Gooseberry 2
58	Violence and Adverse Mental Health Indicators Among Adolescents: Their Cup Runneth Over • <i>Roesler, Holmes, & Hagel</i>	Gooseberry 1

17	The Good News/Bad News for Divorce, Reducing the Risk for Children • <i>Musich</i>	Room 203
18	Enhancing Adolescent Sex Offender Treatment by Utilizing Experiential Therapy • <i>Ross & Hopkins</i>	Split Rock 1
19	Culturally Competent Mental Health Counseling with African American Clients • <i>Harris</i>	Split Rock 2
20	Awakening Communication in the Family Through Therapeutic Art Interventions • <i>Skojcie-Mack & Coursol</i>	Room 303
21	Deflecting Children from the Path of Violence – Ramsey County ACE: Intensive Early Intervention for Very Young Offenders • <i>Norsted, Belmont, & McElroy</i>	St. Louis
22	Emotion Regulation Skills For Children and Youth: A DBT Skills Model for Parents and Foster Parents • <i>Packer, Rottenberg, Lane, & Lane</i>	Room 204
23	Preparing Kids for Court • <i>Garfinkel</i>	Room 202
24	The School to Prison Pipeline for Students with Mental Health Needs • <i>Goetz</i>	Room 302
25	"It's Just Down the Hall": A Successful School-Based Mental Health Model • <i>Lesiak, Salgado, Mortensen, & Arnette Carter</i>	French River
26	Continuing the Journey Towards Hope: A Family Dialogue • <i>Oachs & Oachs</i>	Gooseberry 3
2:30 – 3:00 Refreshments / Extended Break		Fitzgerald Hall
3:00 – 4:30 Concurrent Workshops 27 – 39		
27	Supporting Stressed and Traumatized Young Children • <i>Nelson</i>	Room 304
28	Autism Spectrum Disorders: Challenges in Diagnosis and Treatment • <i>Waqar Azeem</i>	French River
29	Understanding Tourette Syndrome • <i>Thompson Sipe</i>	Gooseberry 1
30	Obesity in Child Psychiatry – An Overview • <i>Dikel</i>	Gooseberry 2
31	Youth Cycles of Violence and Cognitive Distortions • <i>Nakumbe</i>	Room 203
32	Walking the Middle Path: • CANCELED	Room 303
32	Watch for replacement on information boards or in your folder	Room 204
33	Parenting the Defiant Child • <i>Spiegelhoff</i>	St. Louis
34	"2+2=WOOF" How Therapy Dog Teams Are Assisting Students • <i>Welsch & DePrekel</i>	Split Rock 1
35	Shared Care Psychiatry: Increasing Capacity and Quality • <i>Stewart & Janes</i>	Room 202
36	Staying Together: The Law and Issues of Custody Relinquishment • <i>Kosnoff & Lindberg</i>	Split Rock 2
37	A Fitting IDEA • <i>Nelson</i>	Room 302
38	Helping Children with AD/HD to be Successful in School • <i>Chiesla</i>	Gooseberry 3
39	The Power of Mothering - Psychology Doesn't Have All the Answers • <i>Campton</i>	


59	Using Children's Movies in Child and Family Therapy • <i>Byrd, Ramsdell, & Forisha</i>	Room 302
60	Fostering Sibling Relationships • <i>Bateman & Pederson</i>	Gosseberry 3
61	The Evolution of a Community Social Service Agency into a Sustainable Prevention Service Provider: Dissemination of the Early Risers Prevention Program • <i>Bloomquist, August, Lee & Jensen</i>	Split Rock 2
62	Education and Treatment: Three decades of co-location, what have we learned? • <i>May & Hackmann</i>	Split Rock 1
63	Family-Driven Services... Evidence Based? Or Just a Passing Fad? • <i>Sirnad, Collins, Greischar, & Harrison</i>	Room 202
64	EBD and OHD: Common Legal Issues • <i>Stewart</i>	French River
65	How Harley-Davidson Saved Me From the Asylum • <i>Feigal</i>	Room 204
Lunch / Keynote Speaker		Lake Superior Ballroom
12:30 – 2:00 Bebe Moore Campbell		
2:00 – 2:15 Exhibits / Break / Book Signing		Fitzgerald / Lake Superior
2:15 – 3:45 Concurrent Workshops 66 – 78		
66	Why Worry About the Babies? Infant Attachment Work in the Context of a Battered Women's Shelter • <i>Ellison</i>	Gosseberry 1
67	Psychopathology: Developmental Influences and Family Interventions • <i>Svensson & Carter</i>	Room 203
68	What's Next? My FASD Child Is 18 • <i>Hays</i>	Gooseberry 3
69	Arrowhead Suicide Prevention Program • <i>Gordoni, Sims, & Cayla</i>	Split Rock 2
70	Girls, Culture, and Relational Aggression: What is a Person Supposed to Do? • <i>Ries, Ryan, & Salk</i>	Room 204
71	Understanding the Experience of Transgender Youth • <i>Bjstrom & Olson</i>	Split Rock 1
72	"I Don't Want to Talk About It" Creative Therapeutic Interventions with Children • <i>Achenbach</i>	Room 304
73	Play Dough Therapy for Traumatized Children • <i>Bergman</i>	St. Louis
74	Mental Health Screening in Child Protection: What Are We Learning? • <i>Frickson & Dynes</i>	Room 303
75	A Journey Into Strength: Delta Place Adolescent Day Treatment Strategies and Interventions • <i>Gustaf, Neel, Arthur, Erickson, Shellen, Fischer, Conaty, & Witham</i>	Room 302
76	The Starry Night Collective: Using the Arts to Help Students with EBD Shine • <i>Przybylski, Pirner, & Frantzen</i>	Gooseberry 2
77	PRIDE 4 Young Adults in Transition • <i>Ryan & Gerrety</i>	Room 202
78	Make a Difference... I Dare You! • <i>Heggie</i>	French River


Monday 10:15 – 12:15 • Concurrent Workshops 1 – 13


1 Innovations in Treating Child Trauma
 **Willie Winston** PhD, Day Treatment Spvsr., **Tom Steinmetz**, MA, Dir. of Prog. Management, & **Lauren Nietz**, LICSW, Day Treatment Spvsr. – Washburn Child Guidance Ctr. This session presents a new intervention for young children affected by early traumatic experiences who display aggressive and disruptive behaviors. The intervention model addresses the roots of emotional and behavioral problems, helps children to internalize self-regulation, and supports the development of adaptive skills that promote resiliency in the face of continuing instability. **ROOM 204**


2 Arousal and Anxiety: A Ten Part Treatment Approach
 **L. Read Sulik**, MD, FAAP, Medical Dir. – Child and Adolescent Psychiatry, St. Cloud Hosp. Behavioral Health Servs. The presenter will give an overview of the neurophysiology of arousal as a basis for understanding anxiety disorders. Using this framework, he will review a 10-part treatment protocol for the management of anxiety disorders in children and adolescents. **ROOM 304**


Workshop by Keynote


3 Fetal Alcohol: A Unique Challenge
 **Lynne R. Frigaard**, Fetal Alcohol Specialist – Arc Northland Individuals with fetal alcohol spectrum disorders present us with unique challenges. Participants in this workshop will learn practical strategies for working with children, teens, and adults who may have fetal alcohol damage. This interactive and dynamic presentation will provide necessary and relevant information for recognizing and increasing the potential of these individuals. **ST. LOUIS**


4 Supporting the Development of Social Relationships, Social Skills, and Social Coping in Children with Asperger Syndrome and High Functioning Autism
 **Karen Cass Felling**, MA, LPC, Autism Specialist – Sheila Merzer, MA, LP Regardless of their intellectual and academic level, students with autism spectrum disorders struggle to establish relationships and effectively navigate the social world. Interventions can help these children negotiate conflict and resolve problems to improve their ability to function successfully as a member of society. This session will broaden understanding of social skill development and curriculum planning for students with autism spectrum disorders. **ROOM 203**


5 The Silent Witness—Domestic Violence and Its Impact on Children
 **Donna McDonald**, LSW, Violence Prevention Coord. – Anoka Co. Community Health; **Daphne Dokter**, Family Serv. Worker – Anoka/Washington Co. Head Start Prog.; & **Marlene Jezierski**, RN, Violence Education Consultant Only in the last decade has research been done on the effects on children witnessing family violence. This workshop will provide introductory information regarding the dynamics of domestic violence and how it may impact a child’s emotional, behavioral, and cognitive development; and suggest skills and resources to assist families. **GOOSEBERRY 3**


6 Profile of a Bully
 **Kristin Wheeler Highland**, Trainer/Consultant – Heads, Hearts, and Hands Consulting and Training Have you wondered exactly what bullying is? Do you know what traits add up to a bully or their victims? Do you know why common conflict resolution strategies may not work to reduce bullying? This interactive workshop will explore research on bullying, the profile of a bully, and strategies to change behaviors and support everyone involved. Information will cover preschool and school age children. **GOOSEBERRY 2**


7 Queer as Youth: Courageous Transgressions, Blurred Lines, and Expanded Possibilities
 **Julie Tilsen**, MA, LP – 2 Stories & **Lauri Appelbaum**, MSW, Dir. – MN Youth Work Institute, U of M Ctr. for 4H Youth Development Working respectfully with queer and trans youth demands first that we check ourselves in order to be true allies. Through experiential activities, use of popular culture, and structured conversations, participants will examine their beliefs about gender and sexuality. **SPLIT ROCK 1**


8 Parenting Assessments for Families in Crisis
 **Elizabeth Bergman**, LICSW, Exec. Dir. & **Amy Moeller**, LICSW, MA, Child and Adol. Therapist – Ctr. for Child Abuse Prevention and Treatment This interactive workshop is designed to offer professionals methods for assessing strengths and weaknesses in families. Participants will learn to assess five key areas, use specific assessment tools, and put it all together in report form. **ROOM 303**

9 Parent to Parent – “You are not alone”
 **Tovarich Bourne**, Exec. Dir. and Coord. – The Destiny Ctr. Have you gone through a challenge with your child, thinking you’re the only one? You are not alone. Someone has gone through what you’re experiencing and can help you. Learn about Parent to Parent groups—how they offer support and mentoring to parents and caregivers, and how to get one started. **ROOM 202**

10 Child and Adolescent Behavioral Health Services Program and Dialectical Behavior Therapy
 **Mark Holub**, MD, Child and Adol. Psychiatrist, **Julie Eggers Huber**, PSYD, LP, Clinical Psychologist, **Kimberly Steffes**, MA, Behavior Analyst II, **Patricia Gorman**, MS, LSW, Case Coord. and Family Therapist, **Jennifer Holdredge**, MA, LMFT, Continuing Care Therapist, **Heidi Carlson**, MS, LMFT, Psychology Intern, & **Tommie Nuesse**, Behavior Analyst I – CABHS This workshop, presented by the treatment team from the Child and Adolescent Behavioral Health Services (CABHS) Dialectical Behavioral Therapy (DBT) program in Brainerd, will outline basic DBT principals and review the treatment program elements in detail. Also included will be information about the referral and selection process of appropriate patients and a question and answer period. **GOOSEBERRY 1**

11 School-based Interventions for Children and Youth with Mental Health Disorders
 **Cindy Shevlin-Woodcock**, Interagency/Mental Health Specialist – MDE & **Charlene Myklebust**, PSYD, Spvsr. of Behavior, Interventions, and Partnerships – ISD 287 The presenters will describe the impact of mental health disorders in children on mood, cognition, and academic performance, and share many brain-based strategies and interventions to use in an educational setting. The interventions will be most effective for the three most prevalent disorders in children: anxiety, depression, and AD/HD. **FRENCH RIVER**

12 Meth - It’s Impact on a Community
 **Heidi M. Hahn**, MS, Teacher, Counselor, and Foster Parent – ISD 181, Brainerd Public High School; **Janine LePage**, JD, Asst. Attorney – Crow Wing Co.; & **Lynda K. Erickson**, Spvsr. – Crow Wing Co. Social Servs. This workshop will discuss the impact of methamphetamine’s use and manufacture on children and communities. A panel from Crow Wing County including a foster parent/teacher, an assistant county attorney, and a social worker will provide information and a question and answer period. A list of resources for learning more information and types of services available will be provided. **SPLIT ROCK 2**

13 “Use the Force Luke”: Staying Motivated to Do the Job
 **Charlie Appelstein**, MSW, President, – Appelstein Training Resources, LLC Children’s behavior often elicits feelings that compromise a caregiver’s performance. This workshop examines why the task is so important yet challenging, and offers strategies that help adults remain effective and motivated. Key topics are how NOT to take it personally, the power of support, and the need to form appropriate expectations. **ROOM 302**

Workshop by Keynote

14 Pre-toddler Day Treatment: Scaffolding Early Development
 ALL EC PRO
Pat Pulice, MA, LP, Psychologist, Rachel Gardner, MA, Mental Health Practitioner, & Jane Keller, PSYD – Fraser Child and Family Ctr.
 This presentation reviews a day treatment model for very young children. The model means to interface the collection of information for diagnosis, support families through the emotional journey, and set the stage for ongoing intervention needs. **GOOSEBERRY 1**

15 Weaving Together Common Threads: A Multidisciplinary Approach to Childhood Dysregulation Disorders
 PRO
Susan Fuchs Hoeschen, MSW, LICSW, Katie Kinzer, MA, Art Therapist, & Laura Amundson, OTR – Clara's House Child Partial Hospitalization Prog.
 Explore an application of multidisciplinary treatment for childhood dysregulation disorders. Members of Clara's House Child PHP Team will describe this effective treatment approach using art, play, and occupational therapy interventions. **GOOSEBERRY 2**

16 Pediatric Bipolar Disorder: Review of Etiology and Treatment
 ALL
Nicole (Larson) Lynch, MA, APRN-BC, PMH-NP, Family Psychiatric-Mental Health Nurse Practitioner – Allina Behavioral Health, Abbott Northwestern Hosp.
 Bipolar disorder, previously known as manic depression, is becoming more frequently diagnosed in pediatric populations. This workshop will examine the difference between bipolar I, bipolar II, cyclothymia, and other mood disorders, as well as review history, etiology, and current guidelines for treatment. **ROOM 304**

17 The Good News/Bad News for Divorce, Reducing the Risk for Children
 PRO
Jo Musich, MED, Family Relations Specialist – U of M Extension Serv.
 Divorce can have long-term negative effects on children; however, it doesn't have to be that way. Targeted toward professionals who work with families, this workshop will actively engage participants in learning research, implications for practice, and interventions that can benefit children affected by divorce. **ROOM 203**

18 Enhancing Adolescent Sex Offender Treatment by Utilizing Experiential Therapy
 PRO
Nicole Ross, MS, Clinical Spvsr. & Angela Hopkins, Case Mgr. – Mille Lacs Academy
 This interactive session will demonstrate several experiential therapy techniques and discuss how to properly implement them into any treatment program that emphasizes working with the developmentally cognitively delayed population. Participants will have the opportunity to engage in some of the play therapy techniques and ask questions. **SPLIT ROCK 1**

19 Culturally Competent Mental Health Counseling with African American Clients
 PRO
Pamela B. Harris, PHD, Clinical Dir. – African American Family Servs.
 Participants in this session will analyze the importance of culturally diverse communication styles in a professional therapeutic environment; learn to plan counseling interventions that incorporate an understanding of intercultural differences; and evaluate their personal and professional values and ethics as related to multicultural counseling. **SPLIT ROCK 2**

20 Awakening Communication in the Family Through Therapeutic Art Interventions
 PRO
Barbara Skodje-Mack, MS, LPC, Licensed Prof. Counselor – Mankato Psychology Clinic & Diane Coursol, PHD, Professor – MN State Univ. Mankato
 This workshop will describe therapeutic art interventions for working with children and families. Clinical examples will be discussed and participants will engage in hands-on application of these strategies that serve as an adjunct to talk therapy. **ROOM 303**

21 Deflecting Children from the Path of Violence – Ramsey County ACE: Intensive Early Intervention for Very Young Offenders
 ALL
Leslie Norsted, JD, Asst. Ramsey Co. Attorney, Antuana Belton, ACE Case Mgr., St. Paul Youth Servs., & Jody McElroy, Social Worker – Ramsey Co. ACE Prog.
 ACE (All Children Excel) identifies children under age 10 at high risk for serious, violent, and chronic criminality. Learn how ACE determines best interventions, engages resistant families, and works collaboratively with mental health, child welfare, corrections, and education professionals to break multigenerational cycles of criminal behavior. **ST. LOUIS**

22 Emotion Regulation Skills For Children and Youth: A DBT Skills Model for Parents and Foster Parents
 ALL
Cynthia Packer, MSW, LICSW, Clinical Coord., Robin Rodenberg, Licensed Foster Parent, Linda Lane, Parent, & Joe Lane, Parent – Child and Adolescent Behavioral Health Servs. Intensive Treatment Homes Prog.
 Parents, foster parents, and professionals will learn how Dialectical Behavior Therapy (DBT) skills training has been adapted to help youth in an Intensive Treatment Homes Program. This presentation will present adapted skills training in emotion regulation, interpersonal effectiveness, distress tolerance, and mindfulness. **ROOM 204**


23 Preparing Kids for Court
 PAR
Lili Garfinkel, Juvenile Justice Proj. Coord. – PACER Ctr.
 Increasingly, children are referred to the corrections system for school-based infractions. If a child has a behavioral, cognitive, or learning disability there is some basic information that child and his/her parents should know before they are questioned by the police. This presenter will discuss this information, as well as how prepare for court. **ROOM 202**

24 The School to Prison Pipeline for Students with Mental Health Needs
 ALL
Amy J. Goetz, JD, Attorney at Law – School Law Ctr., LLC
 Students with mental health disabilities are increasingly diverted out of the public schools and into juvenile courts when the public schools fail to provide adequate special education services. This workshop will present information regarding the need for and rights to appropriate mental health services and other special education related services for children in public schools. **ROOM 302**


25 "It's Just Down the Hall": A Successful School-Based Mental Health Model
 ALL
Thaddeus Lesiak, MSW, LGSW, Site Coord. & Sharon Salgado, Family Liaison – South Area Family Resource Ctr.; Carla S. Mortensen, MSW, LICSW – The Mental Health Collective; & Denise Arnette Carter, Site Coord. – North Area Family Resource Ctr.
 The Family Resource Centers are a collaborative, bi-cultural, multi-disciplinary approach to service delivery. This panel presentation will focus on collaborative structure, relationship building between schools and providers (specifically mental health), outcomes and benefits, mental health service model and realities, and financial considerations. **FRENCH RIVER**

26 Continuing the Journey Towards Hope: A Family Dialogue
 ALL
Rebecca Oachs, Experiential Speaker & Leslie Oachs, MA, Parent
 This presentation offers an account of the everyday challenges of mental illness, from a college student who was diagnosed in childhood with anxiety and depression. Her mother co-presents with a parent's perspective and personal examples of how to effectively support children with mental illness and their families. They will describe how families journey towards health and hope. **GOOSEBERRY 3**


Key	Technical Levels (see criteria on pg 5)	Target Audience
	Introductory..... <input type="checkbox"/>	Professional..... <input type="checkbox"/> PRO
Intermediate..... <input type="checkbox"/>	Parent..... <input type="checkbox"/> PAR	
Advanced..... <input type="checkbox"/>	All..... <input type="checkbox"/> ALL	
Early Childhood Specific..... <input type="checkbox"/> <input type="checkbox"/> EC	

40 Introduction to Diagnostic Classification System DC:0-3R
 **Glenace Edwall, PHD, PSYD, Dir. of Children's Mental Health – Dept. Human Servs.**


The presenter will provide an overview and practical application of the DC:0-3R (2005), which is a framework of descriptive categories within a multiaxial system, and a guideline for clinicians to facilitate diagnosis, planning, and communication for very young children. **GOOSEBERRY 1**

41 From Fear to Safety, From Alienation to Belonging: Key Therapy Tools to Build Attachment Behavior Between Parents and Youth with Attachment Disorders



Krista Nelson, LICSW, LMFT, Proj. Coord. – Wilder Foundation Ctr. for Children with Reactive Attachment Disorder; Helga Dale, LMFT, Dir. – Child and Family Specialty Clinic P.A.; & Martha Johnson, MA, Teacher, Parent – St. Paul Schools
 This beyond the basics workshop for mental health professionals profiles three processes for individual and family therapy designed to spark developmental growth and build secure attachment behaviors between parents and children—strategic reframing, developmental play therapy, and storytelling. Participants will have an opportunity to apply these concepts to their own practice challenges in group exercises and discussion. **FRENCH RIVER**

42 De-Mystifying FASD Diagnosis and Referral
 **Jeanette Lang, Dir. – Fetal Alcohol Diagnostic Prog. & Mary Carpenter, MS.ED, LP, Licensed Psychologist – Range Mental Health Ctr.**


Fetal alcohol spectrum disorder (FASD) is often a hidden disability—why do many professionals have a hard time determining who may be at risk? These presenters, who have been working in FASD diagnostics for over six years, will share guidelines for referral, diagnosis, and intervention in clear and concise terms. **ST. LOUIS**

43 An Inside Look at Asperger's Syndrome and Autism: A Panel of Adults Talk About Their Experience



Barbara Luskin, PHD, LP, Psychologist – Autism Society of MN & panel of adults with high-functioning autism
 A panel of adults with Asperger's Syndrome and high-functioning autism will share their childhood experiences living on the autism spectrum. This will be an interactive session with questions from the audience guiding the discussion. **ROOM 303**

44 Childhood Psychosis: Assessment and Treatment
 **Laura Lee Voldahl, MSW, LICSW, Clinical Social Worker & Linda Jo Volness, MS, CNS, CHTP, Clinical Nurse Specialist – Lakeland Mental Health Ctr.**


This presentation will provide an overview of psychotic symptoms in children, evaluate psychosis versus grief reactions or cultural influences, and address various treatment modalities. This session will also look at how play therapy, healing touch, and psychopharmacology can be used in culturally sensitive ways to help children stay in the present and cope with internal and external stimuli. **GOOSEBERRY 3**

45 Social Dyslexia: Neuroscience Update 2006
 **Gary Johnson, PHD, LP, LMFT, Licensed Psychologist & Deby Samson, Education Coord. – Clinic for Attention Learning and Memory; Ruth Gregory, Chemical Health Specialist/School Counselor – David Hoy and Associates**


Social dyslexia, a term coined by John Ratey, MD, describes problems in brain circuitry that lead to deficits in coding and decoding social interactions. The recent explosion of brain research has finally shed light on social problems common to many children's mental health disorders. Discussion, demonstration, new diagnostic procedures, and treatments will be presented. **ROOM 204**

46 Self-Injurious Behavior
 **Nancy M. Cusack, MA, LP, Family Counseling Spvsr. – Bridge for Runaway Youth**


If you are fortunate enough to engage in a therapeutic relationship with youth, you will undoubtedly come across self-injury. Self-injury is a message—an external manifestation of pain and anguish. This presentation will address the clinical realities of self-injury, offer ways to talk to youth about what self-injury represents to them, and provide avenues to assist them with disrupting the cycle of self-abuse. **ROOM 304**

47 Racial Identity Development as a Tool in the Development of Cultural Competence in Counseling



Kerry D. Frank, PHD, Associate Professor – University of St. Thomas
 This workshop will discuss major aspects of a graduate course in counseling psychology that utilizes racial identity development as a theoretical base. Three racial identity models that reflect specific groups' sociopolitical and social psychological experiences in the United States will be presented. **SPLIT ROCK 1**

48 Orientation to Family Group Decision Making



Carla Miller, Family Group Decision Making Facilitator, Rebekah Kirgis, LSW, Family Group Decision Making Facilitator, & Amy Oian, LSW, Family Group Decision Making Facilitator – Family Serv. Rochester/Olmsted Co.
 This session is designed to stimulate local interest and create a basic understanding of Family Group Decision Making philosophy. It encourages critical thinking about how to create a new kind of collaborative partnership among families and professionals when developing plans for children's well being. **SPLIT ROCK 2**

49 The Impact of Language and Communication on Behavior
 **Katherine Utter, LICSW, Social Worker/Autism Specialist, Tressa Reisetter, PHD, Neuropsychologist, & Laura Moore, MA, CCC-SP, Speech Language Pathologist/Autism Specialist – Intermediate Dist. 287**


The majority of students with EBD have language deficits. This presentation will address the neurological underpinnings of behavior and language disorders, examine behavior as a means of communication, and explore the relationship between language development and self-regulation. Research and interventions will be introduced. **ROOM 301**

50 Collaboration: The Never Ending Journey
 **Rick Loseth, LICSW, Clinical Dir., Lori Jensen Hagert, MED, School Counselor, & Anine Picard, LSW, School Social Worker – PACT 4 Families Collaborative**

As the word "collaboration" has grown in use, so has confusion on just what it means. As collaborative relationships continue over time, maintaining old relationships and including new members into the process adds to the complexity. This interactive workshop will explore collaboration, common barriers, and strategies to help the collaborative process. **ROOM 202**



51 The Courage to Succeed: Implementing Circle of Courage Curriculum Ideas into Setting III EBD Classrooms


Jennifer Ureña, MA, LMFT, Prog. Coord., Rachel Gustin, MA, LMFT, Prog. Dir., Karen Morgan, MA, LPC, Therapist/Case Mgr., & Kelly Kraus, MA, LPC, Therapist/Case Mgr. – The Storefront Group; Marcia Engel, MA, Special Ed. Spvsr., Rhonda Halunen, Teacher, Brianna Giorgi, Teacher, & Judy Petersen, Teacher – Bloomington Public Schools
 This workshop will provide a strength-based approach to working with at-risk youth and families implementing Circle of Courage curriculum ideas. Presenters are staff from a setting three EBD program that provides co-located mental health services to students who meet criteria for severe emotional disturbance. Attendees will walk away with knowledge and worksheets on how to incorporate this with their students. **ROOM 203**

52 Helping Students with Disabilities Transition to Post-Secondary Educational Life: Making Choices and Finding Resources


Marsha Driscoll, PHD, LP, Assist. Professor & Kathryn Hagen, MA, Coord. of Disability Servs. – Bemidji State Univ.
 This workshop will describe typical services available for students with disabilities, requirements for achieving eligibility for services, limits of services, and realistic expectations. The presenters will provide decision-making models including assessment of students' abilities and assessment of how colleges and universities offer services. **GOOSEBERRY 2**



53 A Guide to Early Childhood Mental Health

  **Kate A. Shields Stenzinger**
– Stenzinger Consulting

Replacement

Although every child has a unique pathway of development, parents and caregivers who can recognize early warning signs of a developing mental health disorder will have a better chance of mitigating its impact. This session will address the broad range of individual differences in early childhood development, how to support healthy emotional development, and include descriptions of specific mental health disorders that can occur during infancy and early childhood. **ST. LOUIS**


54 Depressed Parents, Depressed Babies:

  **Assessment and Treatment Strategies for Clinicians and Home Visitors**

Carol F. Siegel, PHD, LP, Clinical Psychologist – Private Practice


Infants need consistent, empathetic, and interactive relationships with their caretakers in order to thrive. Parents who are depressed may respond inconsistently, which can cause an infant to withdraw and become depressed as well. This workshop will focus on the assessment of depression in parents and children, as well as look at the effects of depression on the parent/child relationship, and how it may affect the developing child. Intervention strategies to help the parent-infant dyad will be included. **ROOM 203**

55 Wild at Home, Wonderful at School: A Collaborative Approach to Support Family Strengths and Children's Development

 **Sheila Thomas, LP, Licensed Psychologist** – River City Clinic & **Barbara Harrison, RN, MSW, LICSW, Clinical Social Worker and Clinical Resource Specialist** – HealthEast Bethesda Hospital


Some children have the gift and challenge of being able to compartmentalize their behaviors. Many parents have the experience of having their child walk through the door at 3 PM and explode after a "great day" at school. Professionals will often jump to the assumption that the child's behaviors are related to family dysfunction. This workshop will discuss how this pattern is related to loss, abandonment, anxiety, and neurobiological challenges. **ROOM 304**

56 Build Your Skills: Mental Health Issues of the Learning Disabled Teen

 **Elizabeth Fuller, PHD, Psychologist** – Motivation Dynamics


Become a better detective for the mental health needs of learning limited teens. This session will discuss these needs and how to help improve mental health for teens with learning disabilities. Participants will also build an interactive small group exercise, which can be used as a training design for parents, teachers, and other professionals. **ROOM 303**

57 How Understanding and Responding to Children's Sexual Behaviors Can Help Prevent Child Sexual Abuse

 **Ann Lindstrom, Outreach and Education Coordinator** – Stop It Now! Minnesota


This workshop will describe warning signs that can be recognized *before* an adult or adolescent acts in a sexually inappropriate way towards a child—before a child is harmed. Learn what you and your community can do to prevent child sexual abuse. Resources to aid in prevention efforts will also be discussed. **GOOSEBERRY 2**

58 Violence and Adverse Mental Health Indicators Among Adolescents: Their Cup Runneth Over

 **Jon Roesler, MPH, Epidemiology Spvsr., Maureen Holmes, MPH, Surveillance Coord. & Deb Hagel, Research Analyst** – MN Dept. of Health


This workshop will examine Minnesota-specific data, addressing the frequency of violence related injuries; co-morbidity of mental illness indicators and violence in Minnesota students; and changes reported by the Minnesota Student Survey in 2004 as compared to 2001. **GOOSEBERRY 1**

59 Using Children's Movies in Child and Family Therapy

 **Michelle Byrd, MA, LMHC, Child and Family Therapist** – Ctr. for Human Servs.; **Cathlene Ramsdell, MA, Homemaker; & Bill Forisha, PHD, LPC, LMFT, Chair of Child, Couple, and Family Therapy Prog.** – Dept. of Psychology, Antioch Univ., Washington


By viewing and discussing films, clients can access meaningful metaphorical content for their work in progress. Utilizing movies in therapy has emerged as an efficacious intervention for adults and adolescents. This workshop will discuss the rationale for, and ways to use, movies in therapy with children and their families. **ROOM 301**

60 Fostering Sibling Relationships

 **Kimberly Bateman, PSYD, LP, Licensed Psychologist & Sue Pederson, MS, LP, Licensed Psychologist** – Fraser Child and Family Ctr.

Parenting a child with a disability can be challenging as well as time and resource consuming for caregivers. Research has indicated that all family members, including siblings of children with disabilities, are impacted by the struggles and triumphs of an individual with a disability. This session will present parent considerations and strategies for fostering sibling relationships. **GOOSEBERRY 3**

61 The Evolution of a Community Social Service Agency into a Sustainable Prevention Service Provider: Dissemination of the Early Risers Prevention Program

 **Michael Bloomquist, PHD, Assistant Professor, Gerald August, PHD, Professor, & Susanne Lee, PHD, Assistant Professor** – Dept. of Psychiatry, U of M; **Cheryl Jensen, MS, Dir.** – Pillsbury House/Pillsbury United Communities


Early Risers is an empirically validated targeted prevention program for aggressive children in grades K-2. This workshop will describe a three-stage process of gradually moving Early Risers from a research-supported program to a "real world" community-supported prevention service in a community agency. **SPLIT ROCK 2**

62 Education and Treatment: Three decades of co-location, what have we learned?

 **Don May, Exec. Dir. & Traci Hackmann, MA, LP, CEO** – LifeSpan Institute


Partnering public education and mental health treatment have benefited children with SED and their families. Hear from professionals, parents, and former clients regarding what has been learned from Minnesota's longest lasting co-location program. **SPLIT ROCK 1**

63 Family-Driven Services... Evidence Based? Or Just a Passing Fad?

 **Carolyn Strnad, Board Chairperson and Region 2 Representative, Carolie Collins, Board Vice Chair and Region 7 Representative, Sue Greischar, Region 5 Representative, Barbara Harrison, RN, MSW, LICSW, Member** – MN Parent Leadership Network


This workshop will be an interactive discussion about what family-driven means when designing services; the definition of each partner's role in the process; and how to successfully implement the vision of family-driven in the children's mental health system of care. **ROOM 202**

64 EBD and OHD: Common Legal Issues








 **Dan Stewart, MA, JD, Adjunct Professor** – U of M, and **Exec. Dir.** – MN School Training and Consulting Servs.

Students with EBD and OHD in Minnesota have faced a number of special education legal issues. This presenter will discuss common and specific legal issues to help parents and school professionals avoid them and/or meaningfully address them an early stage. Data will also be presented on race and on disability categories in complaint and hearing decisions. **FRENCH RIVER**

65 How Harley-Davidson Saved Me From the Asylum

 **Pete Feigal, Mental Health Consumer for 35 years, Speaker/Writer**

This national speaker will share insights of his own 35-year struggle with mental illness and the wisdom he's learned from hundreds of interviews and conversations with teens. He uses humor, personal stories, and individual examples to look at creative solutions and ideas for teens, family members, and professionals to work together as a team. **ROOM 204**

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Advanced..... 	All..... 	
Early Childhood Specific..... 		

**66 Why Worry About the Babies?
Infant Attachment Work
in the Context of a
Battered Women's Shelter**

Jane Ellison, MS, LAMFT, Parent Educator – Sauk Rapids/Rice Early Childhood Progs. “Luckily my baby wasn’t affected by our family violence, she’s too young to know what’s going on.” This workshop will address this myth, and what we know about the effects of stress and trauma on the very young. The presenter will share her experiences from a program she designed to positively impact infant/toddler mental health at a battered women’s shelter. **GOOSEBERRY 1**

**67 Psychopathology:
Developmental Influences
and Family Interventions**

David X. Swenson, PHD, LP, Licensed Psychologist – Private Practice and Associate Professor of Management – College of St Scholastica & ElizaBeth A. Carver, PSYD, LP, Licensed Psychologist – Arrowhead Psychological Clinic This workshop examines the family and developmental influences on shaping the psychopathic personality. It describes the impact of family risks, attachment, parenting style, family culture, trauma, and peer relationships. Emphasis will be on intervention points and evidence-based family therapy methods. **ROOM 203**

68 What's Next? My FASD Child Is 18

John Hays, Exec. Dir. – Hays Kids and Parent Liaison – MNASAP The presenter will discuss raising older kids with fetal alcohol spectrum disorders (FASD) and life planning. There will be time for questions and answers, then sharing knowledge, ideas, frustrations, and successes. What the future looks like for kids with FASD will also be addressed. **GOOSEBERRY 3**

**69 Arrowhead Suicide
Prevention Program**

Judy Gordon, MSW, Committee Chair & Julie Sims, Board Member and Youth Board Chair – ISD 709; Brenda Caya, Board Member and Youth Board Support – Arc Northland Suicide is the leading cause of death in children ages 10 to 14. Depression is prevalent in a large portion of our children. These presenters will share their program, plan, successes, and challenges in facing this epidemic. In addition, a group of area students will present a play they developed to increase awareness and educate the community about depression and suicide. **SPLIT ROCK 2**

**70 Girls, Culture,
and Relational Aggression:
What is a Person Supposed to Do?**

Melissa Ries, MS, Sp. Ed. Teacher – Rice Lake Elementary School; Charlotte Ryan, PHD, EBD Consultant – MDE; & Janet Salk, PHD, Professor – St. Cloud State Univ.

This workshop will define and discuss relational aggression (gossip, teasing, forming cliques, meanness, and harassment) and how this type of bullying affects our nation’s youth. Practical research-based solutions and strategies that parents and educators can use to help girls become aware of this aggression and its effects on their emotional health will be offered. **ROOM 204**

**71 Understanding the Experience
of Transgender Youth**

Janet Bystrom, MA, MSW, LGSW, Therapist, GLBT Prog. Coord. & Sara Olson, GLBT Case Mgr. – Face to Face Health and Counseling When it comes to gender identity issues a lot of service providers admit, “I just don’t get it.” This interactive presentation will emphasize the emotional experience of what it’s like to be a transgender youth, thereby enabling participants to empathize with potential clients. Developmental aspects and the impact on family relationships will also be addressed. **SPLIT ROCK 1**

**72 “I Don’t Want to Talk About It!”
Creative Therapeutic Interventions
with Children**

Paula Achenbach, MS, LMFT, Family and Child Therapist – MN Valley Psychologists This session will begin with a brief introduction to the functioning of the child’s emotional brain and why talk does not always work with children. Participants will learn when to provide a more direct approach and will experience several creative therapeutic interventions hands-on. Finally, there will be an opportunity for participants to share incidents and receive feedback regarding their emotionally “stuck” situations with children. **ROOM 304**

**73 Play Dough Therapy
for Traumatized Children**

Brenda L. Bergman, PHD, LP, Psychologist – Brenda L. Bergman, PLLC This workshop will use oral presentation, role playing, and hands-on practice to cover how to start the play dough therapy process, common themes, and effective therapist responses to those themes. How to quickly make the most requested play dough animals will be included. This session is designed for professionals who have experience with play therapy. **ST. LOUIS**

**74 Mental Health Screening in Child
Protection: What Are We Learning?**

Ed Frickson, MS, LP, Mental Health Spvsr. & Jennifer Dynes, PSYD, LP, Clinical Psychologist – Project ASSIST, Ramsey Co. Human Servs. This presentation will share how Project ASSIST, a Children’s Mental Health Services intervention program, has worked with Child Protection Services to develop and implement mental health screening, assessment, and connection to ongoing services for children and families involved with

Protection. The program model and process, a summary of statistics, case examples, barriers, and next steps will be covered. **ROOM 303**

**75 A Journey Into Strength: Delta
Place Adolescent Day Treatment
Strategies and Interventions**

Rachel Gustin, MA, LMFT, Dir. of Delta Place, Shawn Neel, MS, LMFT, Prog. Spvsr, Nikki Arthur, MA, Prog. Therapist, Timothy Erickson, MS, Recreation/Milieu Therapist, Andrea Shellen, MA, LAMFT, Prog. Therapist, Lois Fischer, MA, LMFT, Prog. Therapist, Marty Conaty, M.ED, Sp. Ed. Teacher, & Matt Witham, Prog. Intern – The Storefront Group, Delta Place Delta Place staff will present a strength-based approach to working with severely emotionally disturbed adolescents in a day treatment setting. Innovative, practical, creative, and proactive strategies to connect with the highest-risk, hardest to reach kids will be presented. **ROOM 301**

**76 The Starry Night Collective:
Using the Arts to Help
Students with EBD Shine**

Dan Przybylski, MA, President & Paul Pirner, Treasurer – The Starry Night Collective & Jessica Frantzen, Licensed EBD Teacher – Zumbro Education Dist. Futures/CHOICE This workshop will present a research base for the utilization of the arts as a modality to improve the academic, behavioral, and social performance of students with EBD. A pilot project titled “From Trenches to Terrorism” and its results will be described. Photos of art resulting from the project will be available for viewing. **GOOSEBERRY 2**

**77 PRIDE 4
Young Adults in Transition**

Mary Ryan, PRIDE 4 Coord., Debbie Gerrety, PRIDE 4 Family Liaison, & a panel of youth – PACT 4 Family Liaison PRIDE 4 is a rural model for facilitating the transition of young adults ages 17 to 24 with mental health concerns. Coaches assist youth to meet individual goals; a family liaison works to meet family needs. This workshop will cover strategic planning and implementation processes, including the roles of coach and family liaison and the development of a young adult group. **ROOM 202**

78 Make a Difference... I Dare You!

Terri Heggie, Motivational Speaker This presenter will take you along the journey of her life. Feel her pains, failures, joys, triumphs, and SURVIVAL—from adoption, kidnapping, struggling teen years, domestic abuse, divorce, the impact of children, and the struggle of forming a blended family. You will leave with the courage to make it through the difficult times and fully enjoy the joys of life. **FRENCH RIVER**

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