



2014 MACMH

Child & Adolescent Mental Health Conference

April 27 – 29 • Duluth, MN

Register before April 1 for a discount!

17th Annual!

Duluth Entertainment Convention Center (DECC) • Duluth, MN

This annual conference is for people who care for or work with children and youth. It offers professionals and families opportunities to:

- improve policy and enhance practices for children (birth to 21) who have or are at risk for mental health disorders
- acquire skills and strategies that will improve outcomes for children with mental health needs
- gain knowledge of best practices and latest research in children’s mental health and related fields
- enrich understanding of different perspectives and common goals in support of all children

Monday, April 28, 2014

Tuesday, April 29, 2014



Jonathan Friesen, LT, MA

Jonathan Friesen is a nationally-known speaker, award-winning author and consultant for schools and universities better attempting to meet the varied needs of youth and young adults living with mental health issues. In this capacity, he has been hired by over three-hundred schools, universities, mental health service providers and juvenile justice facilities across North America. This comprehensive look at the multiple faces of mental illness allows Friesen the ability to keep his finger on the pulse of treatment successes. He is a faculty member of the Behavioral Institute for Children and Adolescents, and a board member of the Tourette Syndrome Association of Minnesota. His ability to break complex concepts into graspable pieces comes from his own experiences as a teen with Tourette syndrome, panic attacks, O/CD and epilepsy. He now resides on a Minnesota hobby farm with his wife and three children.

Friesen’s keynote speech is **“The Whole in the Center: The Forgotten Beginnings of Our Mental Health Experience.”** We are all on two journeys; a physical journey from birth to death, and a cognitive, emotional and social journey we take along the way. Our youth’s mental health experiences are as varied as their faces, but are there any universals? What if, at the genesis of seemingly unrelated mental health issues, there existed a similar hole waiting to be filled? Discover the nature of this hole, and learn how you may be the one to bring wholeness to the hurting.



Rebecca J. Schlafer, PhD

Dr. Rebecca Schlafer is an Assistant Professor in the Department of Pediatrics at the University of Minnesota. Dr. Schlafer completed Bachelors and Masters degrees in Human Development and Family Studies at the University of Wisconsin — Madison, and her Doctorate in Child Psychology at the Institute of Child Development at the University of Minnesota. Dr. Schlafer’s research focuses on the developmental outcomes of children with parents in prison. She is currently leading several research projects focused on incarcerated parents and their minor children, including an evaluation of a prison-based pregnancy and parenting support program for incarcerated mothers and the dissemination of Sesame Street resources for young children with incarcerated parents. In addition to her research and teaching activities, Dr. Schlafer is a volunteer guardian ad litem in Hennepin County where she serves as an advocate for abused and neglected children involved in juvenile court.

Dr. Schlafer’s keynote speech is **“Parents in Prison – Collateral Consequences for Children and Families.”** In her presentation, Dr. Schlafer will address the collateral consequences of mass incarceration for U.S. children and families. In addition, Dr. Schlafer will discuss risk and protective factors for children and families affected by incarceration, and implications for mental health professionals working with this population.

Keynote Speakers

Minnesota Association for Children’s Mental Health • MACMH

165 Western Ave N, Suite 2, Saint Paul, MN 55102-4613 • www.macmh.org • 800-528-4511

| Key | | Technical Levels | Target Audience |
|--------------------------|--------------|--------------------------|---------------------------|
| <input type="checkbox"/> | Basic | <input type="checkbox"/> | P Parents |
| <input type="checkbox"/> | Intermediate | <input type="checkbox"/> | Pr Professionals |
| <input type="checkbox"/> | Advanced | <input type="checkbox"/> | A Parents & Professionals |
| | | <input type="checkbox"/> | Ec Early Childhood Pro |

Look for this key on the session pages to help you find the right workshop!



Technical Level

Presenters chose levels that best described their material and the knowledge they thought attendees should have to derive the greatest benefit from their presentation.

Basic: Broad background information and introductory material is covered

- audience needs no prior knowledge of topic

Intermediate: Material builds on existing knowledge and goes well beyond basics

- audience needs some background knowledge of topic

Advanced: Complex, in-depth concepts or features highlighted; basic and background information will not be covered

- audience needs intermediate understanding of topic

Target Audience

Indicates to whom the presentation is tailored.

Parents/Family Members

Professionals

Parents & Professionals

Early Childhood Pro (Professionals)

Meals

Continental breakfast and lunch are provided Monday and Tuesday to registered conference attendees at no additional charge. Lunch is served from 12:15 pm to 1:15 pm in the ballroom. Dinner is not included.

Weather

Spring weather in Duluth can be unpredictable. We suggest wearing light clothing and bringing a sweater or jacket to workshops.

Exhibits

Monday, April 28 • 7:30 am – 3:00 pm

Tuesday, April 29 • 7:30 am – 1:15 pm

Don't miss the wide variety of exciting exhibits we have this year in the Edmund Fitzgerald Exhibit Hall. Please note extended break periods in the schedule for extra exhibit viewing time.

Accessibility

If you need a reasonable accommodation (e.g., wheelchair accessibility, interpreter, braille, or large print materials), such accommodations will be made available upon advance request. Please contact the MACMH office on or before April 4, 2014. For TTY, contact Minnesota Relay Service at 1-800-627-3529.

Schedule Changes

MACMH reserves the right to substitute presenters, cancel workshops, and/or reschedule due to unforeseen circumstances.

Cancellation

The deadline to receive a refund for your registration is on or before April 10th, subject to \$50 USD administrative cancellation fee. Refunds will be credited back to the original credit card used or a check will be sent to the original check address.

- Cancellations received after April 10th will not be eligible for a refund.
- Written cancellation is required by fax 651-644-7391 or email info@macmh.org.
- You can transfer your registration to a future workshop or conference if you meet the cancellation deadline. All transfer credits must be used within 2 years of the original event date.
- After the cancellation deadline you can transfer your registration to another person for the same event.

On-site Registration

On-site registration will be available as space allows.

Continuing Education

The conference is designed to meet CEH (Continuing Education Hours) credits for many disciplines: psychology, social work, education, education administration, nursing, marriage and family therapy, and behavioral health and therapy. CEH certificates will be available to document participation. **Post tests are provided in each workshop for social workers needing clinical clock hours required for LICSW license eligibility.**

Clinical Content Workshops

Social Workers – Get Your Clinical Content Hours!

Sunday:

- Symposium: A, B

Monday:

- Session 1: 2, 3, 5, 6, 7, 8, 10, 11, 12, 13
- Session 2: 14, 16, 18, 21, 23, 25
- Session 3: 28, 29, 30, 31, 32, 34, 35, 36, 39

Tuesday:

- Session 4: 42, 43, 44, 45, 46, 47, 49, 50, 51, 52
- Session 5: 54, 55, 60, 63, 64
- Session 6: 67, 70, 74, 76, 78

Cost

\$30 Sunday only • \$35 after April 1
 \$190 Monday only • \$195 after April 1
 \$190 Sunday & Monday • \$195 after April 1
 \$190 Tuesday only • \$195 after April 1
 \$190 Sunday & Tuesday • \$195 after April 1
 \$335 Monday & Tuesday • \$350 after April 1
 \$335 Sunday, Monday, Tuesday • \$350 after April 1

“This is overall the best conference I’ve ever been to. Great sessions, great topics, respectful participants, and extremely organized. So nice to have an “all inclusive” feel, I also very much appreciated the organization around the new LICSW requirements, made it so much easier. Thank you!

-Professional Conference Attendee

We learned a lot about our son’s condition, how to deal with certain behaviors and also had questions for our psychiatrist. [Learning all we did] led to a change in our son’s medication. He is doing so much better! None of these changes in his behavior, medications, or attitude would have come to light had we not attended this conference.

-Parent Conference Attendee

Read more about this and other MACMH events at macmh.org/events

Sunday, April 27th

1:30 – 5:30 Registration
 2:00 – 4:00 Symposia A, B, & C
 4:00 – 4:10 Break
 4:10 – 6:10 MHED Talks®
 6:10 – 6:15 Break
 6:15 – 7:00 Fidgety Fairy Tales

Monday, April 28th

7:30 Exhibits/Registration/Breakfast
 7:30 – 8:45 Networking Breakfast
 8:50 – 9:00 Announcements
 9:00 – 10:00 Keynote
 10:00 – 10:15 Exhibits/Break
 10:15 – 12:15 Workshops 1 – 13
 12:15 – 1:15 Lunch/Exhibits
 1:15 – 2:30 Workshops 14 – 26
 2:30 – 3:00 Exhibits/Extended Break
 3:00 – 4:45 Workshops 27 – 39

Tuesday, April 29th

7:30 Exhibits/Registration/Breakfast
 7:30 – 9:00 Workforce Forum
 8:50 – 9:00 Announcements
 9:00 – 10:00 Keynote
 10:00 – 10:30 Exhibits/Extended Break
 10:30 – 12:15 Workshops 40 – 52
 12:15 – 1:15 Lunch/Exhibits
 1:15 – 2:45 Workshops 53 – 65
 2:45 – 3:00 Break
 3:00 – 4:15 Workshops 66 – 78

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Duluth Entertainment Convention Center • DECC
 350 Harbor Drive • Duluth, MN
 1-800-628-8385 • www.decc.org

Directions: Take I-35 (north or south) to exit 256B. Turn east at 5th Avenue West and follow signs to DECC parking.

NOTE: Parking at the DECC is \$5.00 per day. Parking at your hotel is free.

LODGING

Hotels are offering special conference rates! Blocks of rooms are reserved (for a limited time) at:

Canal Park Lodge \$102+ 800-777-8560
 Holiday Inn* \$84+ 800-477-7089
 Inn on Lake Superior \$99+ 888-668-4352
 South Pier Inn \$69+ 800-430-7437
 The Suites \$79+ 800-794-1716
 Hampton Inn \$99+ 218-720-3000

* The Holiday Inn is attached directly to the DECC by skyway.

For your convenience, the Holiday Inn and the Inn on Lake Superior have their special conference rate available through their online registration. Please visit our website for more information.

Sunday • April 27, 2014

Registration Hours • 1:30 – 5:30 pm | Conference Hours • 2:00 – 7:00 pm

We have shorter lines on Sunday! Beat the Monday morning rush and check in on Sunday!

Concurrent Symposia • 2:00 – 4:00 pm

A Moving Toward Someone Who Hurts You: Effects of Family Violence on Children's Development

Parents teach their children to fear danger, protect themselves from harm, and move toward safety when threatened. But what happens when the danger is in the home, when children witness one beloved relative hurt another? This presentation will explore how witnessing violence can affect children's developing capacities to understand emotions, form healthy boundaries, and protect themselves and their own children in the future.

Carol F. Siegel, PhD, LP, IMH-E® (IV)

B The New DSM-5: A Clinical Discussion Through a Developmental Lens

May 2013 marked the release of the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), which introduces changes in the fields of medicine, psychology, marriage and family therapy, and clinical social work. This workshop will discuss the publication's most recent and much-debated revisions—ranging from minor adjustments to major shifts in thought and assessment—and present methods to help professionals deconstruct, navigate and ultimately feel confident using the DSM-5.

Marit E. Appeldoorn, MSW, LICSW, Psychotherapist/Consultant – Private Practice

C Children of Trauma: Helping Their Parents Heal Them

Traumatized, grieving children often behave in mystifying ways. Parents may reach out to them with love, only to be met with disrespect, anger, rage, and physical confrontation in return. What causes these frustrating interactions? Can we find an understanding and employ methods to heal the broken hearts of children and parents alike? Yes — and now is the time to start.

Tina Feigal, MEd, Director of Family Engagement – Anu Family Services/Center for the Challenging Child

NEW MHED Talks® • 4:10 – 6:10 pm



MHED Talks®

Mental Health Exploration & Discovery

A Forum for Sharing Cutting Edge Mental Health Information

In lieu of our Sunday Poster Session we're hosting a presentation series in the spirit of TED Talks®. Speakers will be given 15 minutes to present their findings on cutting edge or new research, programs, models, healthcare changes or trends. A 40 minute Meet & Greet reception will immediately follow the presentations. There will be the opportunity to speak with the presenters, ask questions, and receive additional resources. Hors d'oeuvres and refreshments will be available during that time.

1. Minnesota's New FIND Registry: Working Together for Advances in Neurodevelopmental Disorders

Suma Jacob, MD, PhD, Associate Professor of Psychiatry & Pediatrics – U of MN

2. ADHD and Sensory Processing: Theory, Research, and Clinical Implications

Clayton "Joe" Egli, MA, PhD, Psychologist – St. David's Center

3. Trauma: Most of Us Have Experienced It. How Can it Inform My Work and Parenting?

Keri Pinna, PhD, Research Scientist – U of MN

4. Moving from Science to Service and Back Again: Developing Evidence-Based Programs and Practices in Children's Mental Health

Michael Bloomquist, PhD, Adjunct Director of Evidence-Based Practices – PrairieCare

Fidgety Fairy Tales • 6:15 – 7:00 pm

Fidgety Fairy Tales – The Mental Health Musical Hans Christian Andersen Edition

Three tales by Hans Christian Andersen are re-imagined to raise awareness about children's mental health:

The Snow Queen (depression) • **The Little Match Girl** (autism) • **The Emperor's New Clothes** (brain damage)

Enjoy our sixth original production, featuring a cast of talented young actors, as they sing and use gentle humor to reduce the fear and misunderstanding around mental health disorders. This original production is written to delight audiences of all ages.

The creation of Fidgety Fairy Tales is funded, in part, by an appropriation from the Minnesota State Legislature with money from the State's general fund.



Monday • April 28, 2014

Registration Hours • 7:30 am – 5:00 pm | Conference Hours • 7:30 am – 5:00 pm

Featured Series and Events

Networking Breakfast

Monday, April 28th
7:30 – 8:45 am

Join in the conversation at MACMH's networking breakfast! This event is included in the price of the conference. Tables will be designated by topic to facilitate conversations with colleagues who have similar interests. Preregistration is required.

Clinical Content Workshops

Social Workers – Get Your Clinical Content Hours!

Monday:

Session 1: 2, 3, 5, 6, 7, 8, 10, 11, 12, 13

Session 2: 14, 16, 18, 21, 23, 25

Session 3: 28, 29, 30, 31, 32, 34, 35, 36, 39

Supervision Workshop

5. Supervision in the Front Lines of Complex Trauma

This workshop is designed to help social work supervisors meet the MN Board of Social Work's requirements in the practice of social work licensing supervision.

This workshop is for children and adolescent service supervisors responsible for preparing supervisees to deliver complex trauma treatment in ways that sustain their learning, accountability to outcomes, and motivation to positively impact clients' lives. Specific strategies will be outlined and practically demonstrated to help trauma-informed supervisors address this challenge.

Krista Nelson, LICSW, LMFT, Social Worker — Wilder Foundation

Ethics Workshop

38. Ethics in the Use of Electronic Communication – Untangling the Personal and Professional

This course fulfills the MN Board of Social Work requirements of 2 clock hours in Social Work Ethics. (15 minutes longer ending at 5:00 PM)

Today's practitioners face many challenges in the use of electronic communication, from the necessity of work email to family pressures to "see the kids" on Facebook, Twitter, etc. This session will explore the agency, professional, and personal factors related to the ethical use of electronic communication in the delivery of social services for students of all ages and their parents.

Carol F. Kuechler, MSW, PhD, LISW, MSW Program Director at the School of Social Work & Sarah K. Breyette, MSW Student and Research Assistant – St. Catherine University/University of St. Thomas

Exhibits

Monday, April 28 • 7:30 am – 3:00 pm

A drawing for a free 2015 conference registration will be held during the extended break, 2:30 pm – 3:00 pm.

Keynote Speaker
Jonathan Friesen, LT, MA
Read more about Jonathan Friesen on his website:
www.jonathanfriesen.com



Jonathan was engaging and brought me to tears more than once; his story is the story of my life, of my children's life, and is the reason I entered this career. He was fabulous!

-Inclusion Specialist

1 Wrong Side of the Tracks: How Poverty Impacts Student Learning and Mental Health



Poverty is rapidly increasing among children in the United States. This workshop will explain the four types of poverty, the impact of poverty on children's mental health and learning, and educational and mental health interventions that can positively affect the brains of children living in poverty. Special emphasis will focus on the interactive dynamics related to poverty and their impacts on mind, body, and soul.

Charlene Myklebust, PsyD, Special Education Director – District 287

2 Preventative Mental Health: Maximizing the Capacity to Thrive



Increasing mind-body awareness and approaches have been shown to be effective in helping people of all ages enjoy a better quality of life. They provide the foundation of psychological and physical health and healing. This interactive session will explain the principals of mind-body medicine, provide an understanding of the research, and teach empowering, practical skills that are easy to learn and teach.

Lora Matz, MS, LICSW, Clinical Education Specialist/Therapist – PrairieCare

3 Understanding Applied Behavior Analysis: What We Can Learn from Children with Autism



This presentation will explore how behavioral principles have helped children with autism and other disorders. Most therapists have used behavioral techniques with clients, only to find mixed success. The presenter will explain about behavioral principles that are often misunderstood or overlooked by parents and professionals. Drawing from research and experience, the presenters will show how understanding human behavior can change lives.

James Rechs, MSW, LICSW, Clinical Social Worker & Jonathan Sailer, MEd, Agency Director – Rochester Center for Autism

4 Access to Mental Health Services: The Primary Care Clinics



Recent national and state recommendations are leading more primary care clinics to provide routine mental health screenings for children and youth. How can mental health professionals connect with clinics for more effective referrals and treatment? This workshop will include updates on state and national recommendations and legislation, emerging statewide mental health resources, and examples of successful partnerships between primary care and mental health professionals.

Katy Schalla Lesiak, MSN, MPH, CPNP, Child Health Consultant – DHS, Glenace Edwall, PsyD, PhD, LP, Director of Children's Mental Health Division – DHS, Heather Winesett, MD, Pediatrician – St. Luke's Pediatric Associates, & Casey Ladd, SW, LICSW, LMFT, Director of Family/Child Services – The Human Development Center

5 Supervision in the Front Lines of Complex Trauma



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Board of Social Work's requirements in the practice of social work licensing supervision.

This workshop is for children and adolescent service supervisors responsible for preparing supervisees to deliver complex trauma treatment in ways that sustain their learning, accountability to outcomes, and motivation to positively impact clients' lives. Specific strategies will be outlined and practically demonstrated to help trauma-informed supervisors address this challenge.

Krista Nelson, LICSW, LMFT, Social Worker – Wilder Foundation

6 Expand Your Social Skills Tool Box!



Professionals and parents need a well-stocked tool box to address the social and emotional needs of children. In this interactive workshop, the presenters will share resources, including games, books and activities that engage students – including those with ASD, EBD, and ADHD. Audience participation is welcome and encouraged.

Cathy Thomas, MEd, LISW, & Scott Graham, MEd, LSW, School Social Workers – STMA Schools

7 Therapeutic Language: Relating to Dysregulated Children and Setting Goals in Treatment



Many children in mental health treatment and in EBD school settings need their caregivers and educators to pinpoint goals and name what is underneath their behavior. When children become dysregulated, language is the first skill to decrease in times of stress. Parents, teachers, and caregivers will learn to help challenging children by interpreting the feelings underneath their behavior, being concise with requests, and remaining attuned to the child's needs.

Lauren Neitz, LICSW, Day Treatment Consultant, Matthew Witham, LMFT, Day Treatment Supervisor, & Joel Hansen, LICSW, Assistant Day Treatment Supervisor – Washburn Center for Children

8 Explosive, Angry, and Irritable: Disruptive Mood Dysregulation Disorder – A New Diagnosis



Disruptive Mood Dysregulation Disorder (DMDD) is a new diagnosis for children recently introduced in the DSM-5. It is characterized by severe, recurrent temper outbursts that are out of proportion to the provocation. This addition to the DSM-5 presents opportunities for new understanding and more effective treatment. However, the symptoms also occur in several other disorders increasing the possibility of misdiagnosis. This workshop will examine this new disorder and consider how it co-occurs with, and can be distinguished from, other disorders.

Gary Johnson, PhD, LP, LMFT, Psychologist & Chris Bedford, PhD, LP, Psychologist – Clinic for Attention, Learning, and Memory – CALM

9 Change the Environment, Not the Child: FASD & Strategies for School Success



This workshop will provide a brief overview of the effects of prenatal alcohol exposure on cognitive, social, and behavioral functioning in children and adolescents. Evidence-based practices

to support elementary, middle, and high school students with Fetal Alcohol Spectrum Disorders (FASDs) will be discussed. This training will also include practical tips and interventions for students in a variety of school settings.

Julia Conkel Ziebell, PhD, LP, Pediatric Psychologist – Minnesota Organization on Fetal Alcohol Syndrome (MOFAS)

10 Moving Mountains: A Mind-Body Tool Kit to Calm Explosive, Reactive, and Anxious Children



Sometimes well-planned interventions with children in distress don't always work and can even make things worse. In this presentation participants will learn tools to assess a child's "zone" of agitation and to effectively intervene using a wide range of mind-body techniques and tools. Participants will leave with a tool kit binder of helpful interventions

Marit Appeldoorn, MSW, LICSW, Psychotherapist/Consultant – Private Practice & Kathy Flaminio, LGSW, E-RYT-200, Owner – 1000 Petals, LLC.

11 Autism Spectrum Disorder in Childhood and Adolescence; From Understanding to Action



Explore what it means to go from "Understanding to Action" for obstacles that arise with Autism Spectrum Disorder (ASD). Core characteristics of ASD, updates and implications of the DSM-5, and the symptoms that often become as difficult for children to change as for adults to understand. An effective 5-step approach to taking better action when experiencing problems with ASD will be discussed.

Mitch Leppicello, MSW, LICSW, Clinical Social Worker, Owner – East Metro Family Counseling

12 Got Grief? The Practitioner's Toolbox



This workshop will provide an overview of the Intensive Permanency Services model, which integrates best practices in grief, loss and trauma and prepares youth for permanency while seeking, engaging and developing caring adult connections. Participants will increase awareness of skills needed to guide youth in developing emotional readiness for permanence and will receive multiple tools/activities to help youth resolve losses and develop healthy connections.

Mechele Pitt, BS, MSW, LICSW, LCSW, Chief Operating Officer & Brenda Anderson, LSW, Intensive Permanence Services Specialist – Anu Family Services


13 Trauma Informed Care in Early Childhood



What is trauma and how does it impact the developing child? In this session attendees will learn about the types of trauma, including their effects on infant and early childhood brain development. Learning how to interpret behaviors through the lens of trauma helps caregivers understand the function of the behaviors. Specific strategies to use when working with young children will be demonstrated and provided in a handout.


Tracy Schreifels, MS, LMFT, Mental Health Specialist & Pam Walz, MFT Intern – Reach Up Inc.

14 Working with Complex, Multi-Stressed Children and Families

 Chronically stressed families have distinct and complex needs. Understanding the effect of stress on family functioning informs clinical intervention and promotes practice grounded in research. The challenges families experience can cause therapists to feel overwhelmed and confused about where to focus their clinical attention. This presentation will provide a logic model for therapeutic intervention grounded in theory and clinical experience.


Matthew Witham, LMFT, Day Treatment Supervisor and Training Institute Co-Director, **Maggie Klefsaas**, LMFT, Child and Family Therapist & **Laura Lundberg**, LICSW, School-Based Therapist — Washburn Center for Children

15 Strategies to Help Struggling Students

 Workshop attendees will learn tools to help students with ADHD identify their strengths and become successful. The presenters will demonstrate how the Montessori philosophy – based on movement and repetition combined with Brain Gym techniques – teaches students controlled movement that can enhance their ability to learn. The research of Dr. Russell Barkley will be presented, which shows how students with ADHD can be successful with the right support and tools.


Nicci Johnson, MEd, Lead/Mentor Teacher & **Janel Poser**, Special Education Teacher — Discovery Woods Montessori School

16 Executive Functioning Challenges: Definition and Intervention Strategies

 Executive functioning refers to the set of cognitive skills used to solve problems. It includes skills that provide the ability to regulate and control decision-making, management of time, and behaviors. This interactive workshop will outline the definition of executive functioning as well as strategies to address planning, flexibility, sequencing, emotional regulation, working memory, organization and self-monitoring.


Sue Pederson, MS, LP, Psychologist, **Valerie Lardinois**, PsyD, Psychologist, **Pat Pulice**, MA, LP, Autism Center of Excellence Director, & **Kathryn McGraw-Schuchman**, MA, LP, Psychologist — Fraser

17 Healing Spaces to Promote Well-Being

 This workshop will look at design strategies that can enhance the care and treatment of patients in a child-adolescent mental health unit by looking at a case study of the newly renovated child-adolescent mental health unit at the University of Minnesota Amplatz Children’s Hospital. Attendees will learn about the importance of the environment on the well-being of both patients and families and how to create a healing and calming environment using six key design strategies.


Karen Wendt, MA, RN, PHN, Program Director Child/Adolescent Inpatient Behavioral Health Unit — University of Minnesota Amplatz Children’s Hospital & **Rick Dahl**, AIA, Principal — BWBR

18 Teens, Social Media, & Body Image

 The vast majority of adolescent girls, and a growing number of adolescent boys, struggle with body image. They live in an increasingly weight obsessed society where social media plays a big role. This presentation will cover body image problems in adolescence, developmental milestones in the development of body image, the effects of social media, and strategies for promoting healthy body image in teens.


Heather Gallivan, PsyD, LP, Clinical Director — Park Nicollet Melrose Center

19 Personal Outlook on Fetal Alcohol Spectrum Disorders

 A panel of young adults living with an FASD will share their personal struggles from acceptance of the diagnosis to the support they rely on to get through each day. Audience members will have the chance to ask questions of the panel and receive advice on living or working with individuals prenatally exposed to alcohol.


Nancy Beyer, North Metro Area Family Resource Coordinator — Minnesota Organization on Fetal Alcohol Syndrome (MOFAS)

20 Re-imagining Residential Placement for Youth

 This workshop will introduce attendees to Collaborative Intensive Bridging Services (CIBS), an innovative service model that blends intensive community-based therapy services with a brief residential placement. This systemic model is showing dramatic cost reductions, increased collaboration between families and professionals, and a significant shift in services for at-risk youth.

Luke Spiegelhoff, MSW, LICSW, Clinical Director — Family Adolescent and Children Therapy Services, Inc. & **Leslie Yunker**, MA, Supervisor — Dakota County Social Services

21 Be/Coming Out and Sexual Minorities: It’s Not A One-Time Thing

 This interactive workshop focuses on LGBTQ youth identity development, the role of resiliency, and the potential for ambiguous losses. The “Be/Coming Out” model of sexual orientation and identity development will be discussed within the context of Ambiguous Loss Theory. Participants will learn terminology for culturally-sensitive dialogue when working with LGBTQ youth, factors associated with resiliency, and managing stressors.


Lake Dziengel, PhD, MSW, LICSW, Associate Professor — U of MN Duluth

22 Shared Enjoyment With Your Young Child With Autism Spectrum Disorder (ASD)

This presentation will teach parents and caregivers of a child with ASD how to interact with their child for fun. By exploring stages of development as well as interactive activities, parents will gain an understanding of typical social milestones and find ways to creatively structure interactive activities to bring out children’s smiles, laughter, and shared enjoyment with each other.


Heather Krug, MA, LPCC, Clinical Counselor, **Rachel Gardner**, MALP, Psychologist & **Ann Fisher**, MA, LMFT, Mental Health Professional — Fraser

23 PCIT: An Overview of Evidence-Based Treatment for Children with Behavioral Concerns

 Parent Child Interaction Therapy (PCIT) is an evidenced-based short-term treatment model that uses direct coaching to empower parents to be the agent for change in their child’s behavior. This presentation will provide an overview of the components of PCIT, determine appropriate candidates, and explore research that supports long-term effectiveness. This presentation will include interactive components allowing participants to experience the treatment model.


Sarah Olitzky, PhD, LP, Psychologist & **Emily Honken**, LICSW, Social Worker — Fraser

24 Talking about Mental Health with Educators: Listen, Observe, Understand, Emphasize, Express and Encourage

 This interactive presentation will describe strategies for educators to use when working with students and their families. The presenter will discuss ways the LOUE3 Acronym (Listen, Observe, Understand, Empathize, Express, and Encourage) helps teachers support students with, or at-risk for, mental health conditions and their families.



Shelley Neilsen Gatti, PhD, Associate Professor & **Tim Balke**, PhD, Director of MA and Certificate Programs — University of St. Thomas

25 Talking to Children about Adoption & Foster Care








 Whether they verbalize it or not, children who have been adopted or are in foster care do think about their past. Many questions arise from their unique situation that can be difficult for caregivers to know how to discuss with them. This interactive session will include perspectives on talking about adoption/foster care throughout various developmental stages and practical tools to facilitate communication within a family or therapeutic environment.

Elana Meesun Schuster, MSW, LICSW, Permanency & Adoptive Family Support Program Lead & **Christina Bast**, MSW, LICSW, Associate Mental Health Professional — Fraser

26 Infants and Toddlers: Advances for Promoting the Healthy Development of Minnesota’s Youngest Citizens


  This workshop offers an update on some of the initiatives happening at the state level to support infants, toddlers, their families and caregivers. A panel representing DHS, MDE, MDH, and MAIECMH will share current multidisciplinary advances towards promoting the healthy development of Minnesota’s youngest children.

Michele Fallon, LICSW, IMH-E® (IV), Chairperson — MAIECMH, **Megan Waltz**, MSW, Prenatal to Three Policy and Systems Advisor — MDH, **Lora Kussman**, MA, Professional Development Specialist — DHS & **Debbie Hewitt**, Early Childhood Specialist — MDE

| | | | | |
|------------|---|--------------|---|-------------------------|
| Key | Technical Levels | | Target Audience | |
| |  | Basic |  | Parents |
| |  | Intermediate |  | Professionals |
| |  | Advanced |  | Parents & Professionals |
| | | |  | Early Childhood Pro |


details on page 2

27 Analyzing the Bully

 What makes a bully be a bully? To put an end to this ever-growing problem that continues to take the lives of youth, it is imperative to go beyond treating the symptoms of the bully's behavior and address the core purpose behind the actions. In this interactive session, learn about the latest research on bullying issues as well as suggested strength-based interventions regarding bullying.


Adam Arnold, MA, LMFT, LADC, Psychotherapist — Enliven Psychotherapy

28 Adolescent Suicidal Ideation and Self-Injurious Behaviors (SI/SIB): Safety Planning and Communicating Effectively with Teens

 This training will provide background information related to adolescent safety concerns, including definitions of suicidal ideation and self-injurious behaviors, associated mental health diagnoses, the function of these behaviors for teens, and warning signs for SI/SIB. This presentation will also discuss safety planning, common therapeutic interventions focused on Dialectical Behavior Therapy (DBT) techniques, and strategies for communicating with teens about safety concerns.


Megan Bona, PsyD, LP, Psychologist, Morgan Cusack, MHP, Doctoral Intern, Amy Dols, MA, MHP, LADC & Dina Elias, MA, MHP — Mental Health Systems, PC

29 Understanding Attachment and Rethinking Behavior: Healing for Children Who Have Experienced Trauma

 Children who have experienced significant or repeated trauma are often in "survival mode" and chronically dysregulated. Their behaviors, although appearing intentional and out of anger, are actually derived from a place of fear. By focusing on the relationship first and understanding behavior from the child's perspective, participants will learn how to bring about not only behavioral changes, but also healing.


Kara Rogers, MSW, LICSW, Clinical Supervisor & Heather Ley, MA, LMFT, Mental Health Practitioner — Catholic Charities—Young Learners Program

30 Evidence-Based CBT Skills Training for Adolescents with Emotional Disorders

 This presentation will highlight the Healthy Emotions Program for adolescents with emotional disorders. The program incorporates CBT (Cognitive Behavioral Therapy) components from the evidence-based Treatment for Adolescents with Depression Study (TADS) that have been adapted for delivery as part of an intensive outpatient mental health service at PrairieCare. This workshop will provide up-to-date information on emotional problems in adolescents, overview components of interventions, and highlight preliminary data.


Michael Bloomquist, PhD, Adjunct Director of Evidenced Based Practices, Carrie Sweetser, PsyD, Postdoctoral Fellow & Elliot Borgstahl, After School Programs Supervisor — PrairieCare

31 ADHD Update 2014

 This workshop will look at recent developments in ADHD diagnosis, evaluation, research, and treatment. The impact of new diagnostic criteria from the recently released DSM-5 will be reviewed, as well as recent developments regarding the role of exercise, sleep, nutrition, cognitive training, and medication in the treatment of ADHD.


Gary Johnson, PhD, LP, LMFT, Psychologist & Chris Bedford, PhD, LP, Psychologist — Clinic for Attention, Learning, and Memory – CALM

32 Diagnosis and Treatment of Pediatric Depressive Disorders

 Depressive disorders can cause substantial morbidity and mortality when they occur in children and adolescents. This workshop will review the presenting symptoms of several depressive disorders as they occur in youth. Attention will be paid to the revised DSM-5 diagnostic criteria. Treatment options will be reviewed, including both psychotherapeutic and pharmacotherapeutic modalities. Time will be available for questions.


Joel V. Oberstar, MD, CEO and Chief Medical Officer — PrairieCare

33 The Mindful Classroom

 Workshop participants will be exposed to an arsenal of tools implemented in The Mindful Classroom at Hassan Elementary School. The Mindful Classroom's aim is to reduce stress, increase focus, and strengthen emotion regulation in students. This experiential session includes Breath Awareness, Meditation, Yoga, and Body Scan. Additionally, tools used with elementary-aged students including picture books, iPad applications, and CDs will be shared.


Mary T. Schmitz, MSW, LICSW, School Social Worker — Elk River Area Schools

34 Relational, Contextual, and Cultural: A Practice-Based Evidence Approach to School-Based Mental Health

 This workshop will introduce the Relational Diagnostic Assessment (RDA), a contextual and relational assessment-treatment process designed to facilitate culturally responsive, school-based individual and family therapy. The RDA is a practice-based evidence model utilizing feasible data collection methods for improving decision making in day-to-day clinical practice. Participants will learn and practice employing the RDAs theoretical underpinnings, core practice components, and evaluative/research methodologies.

John Souza Jr., DMFT, LMFT, Director of Research & Evaluation — Change Inc., Jennifer Ramji, MA, LMFT, Site Lead Therapist — Guadalupe Alternative Programs/Change Inc., & Dave Hesse, MA, LMFT, Marriage and Family Therapist — Transition Plus Collaborative/Change Inc.


35 Helping Children with Sexual Behavior Problems

 Children exhibiting inappropriate sexual behaviors in pre-school, elementary school, and home settings is becoming a more prevalent occurrence, particularly among special needs youth. These children may commit boundary violations with peers and adults. This interactive workshop will teach participants how to stop these behaviors

quickly and prevent them from happening in the first place.


Libby Bergman, MSW, LICSW, Executive Director & Amy Moeller, LICSW, Clinical Social Worker — Family Enhancement Center

36 Working with LGBTQ Youth

 Have you ever felt lost when working with adolescents who identify as lesbian, gay, bisexual, transgender, or questioning? Do you find yourself wishing you had a better grasp on the issues affecting LGBTQ youth? This interactive presentation will uncover the basics of working with LGBTQ adolescents, the problems affecting this population, and the solutions that can be implemented to better serve sexual minority students.


Jenny Andersen, MSW, LGSW, School Social Worker — Augsburg Fairview Academy

37 Transitions: Supporting Your Young Adult with Mental Health Issues

 Transitioning to adulthood is complicated, and mental illness can add to the difficulty. Gain tools to prepare your teen or young adult for independence, and learn about special education, employment, college, scholarships, transportation, guardianship, and tips on managing daily life with a young adult in your home.

Andrea Lee, Transitions Project Director — NAMI Minnesota



38 Ethics in the Use of Electronic Communication – Untangling the Personal and Professional

 *This course fulfills the MN Board of Social Work requirements of 2 clock hours in Social Work Ethics. (15 minutes longer ending at 5:00 PM)*








Today's practitioners face many challenges in the use of electronic communication, from the necessity of work email to family pressures to "see the kids" on Facebook, Twitter, etc. This session will explore the agency, professional, and personal factors related to the ethical use of electronic communication in the delivery of social services for students of all ages and their parents.

Carol F. Kuechler, MSW, PhD, LISW, MSW Program Director at the School of Social Work & Sarah K. Breyette, MSW Student and Research Assistant — St. Catherine University/University of St. Thomas

39 Self-Regulation: The Role of Responsive Caregivers

  What is self-regulation and how can caregivers help children develop it? In this session, attendees will receive an overview of self-regulation and development, including why relationships are key instruments in the development of self-regulation. Specific calming strategies and unique techniques will be demonstrated for the following common behavioral challenges: anger outbursts, anxiety, attention problems, mood disorders, negative social skills, and children with sensory issues.

Tracy Schreifels, MS, LMFT, Mental Health Specialist — Reach Up Inc.

| | | |
|------------|--|---|
| Key | Technical Levels | Target Audience |
| |  Basic |  Parents |
| |  Intermediate |  Professionals |
| |  Advanced |  Parents & Professionals |
| | |  Early Childhood Pro |

details on page 2

Tuesday • April 29, 2014

Registration Hours • 7:30 am – 3:00 pm | Conference Hours • 7:30 am – 4:15 pm

Featured Series and Events

Workforce Forum

Continental Breakfast

Tuesday, April 29th

7:30 to 9:00 am

There is a critical shortage of mental health care workers in Minnesota. To address this crisis, the legislature asked MNSCU to convene a summit and develop a statewide mental health workforce plan to:

- Increase the number of qualified people working at all levels of our mental health system,
- Ensure appropriate coursework and training, and
- Create a more culturally diverse mental health workforce.

This forum is an opportunity for you to provide input about the workforce needs you see in the mental health field, possible solutions and resources needed to implement those solutions.

Preregistration is preferred.

Clinical Content Workshops

Social Workers – Get Your Clinical Content Hours!

Tuesday:

Session 4: 42, 43, 44, 45, 46, 47, 49, 50, 51, 52

Session 5: 54, 55, 60, 63, 64

Session 6: 67, 70, 74, 76, 78

Exhibits

Tuesday, April 28 • 7:30 am – 1:15 pm

A drawing for an assortment of door prizes will be held during the extended break from 10:00 – 10:30 pm.



U of MN Research to Practice Series

Strengthening Families in the Context of Incarceration

The Children, Youth and Family Consortium at the University of Minnesota has partnered with MACMH to create the 5th annual Research to Practice Series. These workshops provide participants with an in-depth review of applied research, best practices and translation of research to practice.

Tuesday – Workshop numbers 40, 53, & 66

40. Research and Reflections About Incarceration and Families: What Do We Know?

Rebecca Shlafer, PhD, Assistant Professor — University of Minnesota & Jason Marque Sole, ABD, Assistant Professor — Metropolitan State University

53. Mothers of Bedford: A Film by Jenifer McShane

Barbara “Bobby” Blanchard-Lewis, JD, Senior Research Associate — Center for Children and Families, Columbia University School of Nursing

66. Interactive Discussion about Incarceration: Mothers of Bedford Film Recap and Question/Answer Session

Barbara “Bobby” Blanchard-Lewis, JD, Senior Research Associate — Center for Children and Families, Columbia University School of Nursing, Jason Marque Sole, ABD, Assistant Professor — Metropolitan State University, & Rebecca Shlafer, PhD, Assistant Professor — University of Minnesota

“In the US today there are more children with an incarcerated parent than are diagnosed with autism or juvenile diabetes.”

This film is part of the U of MN Research to Practice Series
Session 53 • 1:15 pm

Mothers of Bedford presents five incarcerated mothers of diverse backgrounds and their families who manage in their absence. The film follows them as they strive to be engaged with their children’s lives while participating in an innovative parenting program at the Bedford Hills Correctional Facility. Mothers of Bedford received the 2013 Director’s Award at the Social Justice Film Festival.

U of MN Research to Practice Series:

40 Research and Reflections About Incarceration and Families: What Do We Know?

What do our own stories and the research tell us about how children and families experience incarceration? How can we make decisions based on their best interests? Hear one man's story about his journey from prison to a successful life and the resources and relationships that helped him succeed. Explore the state of the research, programs with demonstrated effectiveness and developmentally-informed best practices.

Rebecca Shlafer, PhD, Assistant Professor — University of Minnesota & Jason Marque Sole, ABD, Assistant Professor — Metropolitan State University

41 Adverse Childhood Experiences: the Research, the Data, and the Minnesota Response

Adverse Childhood Experiences (ACE) – experiences that cause toxic stress or trauma before age 18 are linked to poor physical, chemical and mental health, lower educational achievement and economic success, and impaired social success in adulthood. This session will cover national research on ACEs, state and local data on ACEs prevalence and outcomes, and strategies being implemented to reduce trauma and build resilience throughout Minnesota.

Autumn Baum, JD, Adverse Childhood Experiences Planner – MDH, Melissa Adolfson, MS, Epidemiologist — EpiMachine, LLC, & Mikki Maruska, MSW, Strategic Prevention Framework State Incentive Grant Director — DHS

42 DBT for Teens & Adolescents

Have you known a teenager in crisis or in conflict with parents or friends? Have you struggled to support an adolescent dealing with suicidal thoughts or self-harm? Dialectical behavior therapy (DBT) offers intervention techniques that can be used with adolescents experiencing common interpersonal difficulties or serious safety concerns. This will include a panel discussion, during which the presenters will answer questions and facilitate practical use of DBT.

Sarah Janzen, MSW, LICSW, Clinic Supervisor, Samantha Lundgren, MSW, LGSW, Primary Therapist, Michael Brill, MA, Primary Therapist, & Taryn Jensen, MSW, LGSW, Primary Therapist — Mental Health Systems

43 Cultural Influences: Definitions and Examples

This technical presentation will focus on how to appropriately utilize the cultural influences specified in MN Rules 9505.0370-0372. Participants will learn the definition and application of cultural influence and clinical summary, as well as practice writing and assessing cultural influences in the diagnostic process. The presentation will contain a combination of lecture, discussion, and group work.

Martha Aby, MBA, MSW, LICSW, Clinical Capacity Development Specialist & Angie Hirsch, MSW, LICSW, American Indian Mental Health Consultant — DHS

44 Grief, Loss & Trauma For Youth Who Have Lived in Out-of-Home Care

Children and youth who encounter adverse

childhood experiences and trauma, especially in the form of multiple moves and/or caregivers express their grief and loss in ways that are often undesirable to others. Learn why these behaviors exist and how to promote relational healing which helps to reduce these challenging behaviors by moving youth from surviving to thriving.

Amelia Franck Meyer, MS, MSW, APSW, LISW, CEO — Anu Family Services

45 Pigtails and Drama: Girls and Autism

Statistics show males outnumber females with diagnoses of autism. Boys and girls, however, do not exhibit the same characteristics when it comes to autism. The presenters will look at ASD criteria specific to girls, including the role of relationships, common diagnostic errors, dual diagnosis and treatment approaches.

Kim Busse, MEd, MA, Autism Specialist, Clinical Counselor & Amy Reid, MEd, MA, Clinical Counselor — Busse & Reid Professional Clinical Counselors

46 Introduction and Application of Mental Health Consultation in Schools and Beyond

This interactive presentation will introduce mental health consultation services and their application in school settings, as well as other venues that work closely with children and adolescents. The presenters will define mental health consultation and explain the different types, discuss the pros/cons versus more "traditional" mental health services, and share approaches, tools and strategies to effectively bring consultation into practice.

Aric Jensen, PhD, LP, Director of Mental Health & Dana Turman, MA, LMFT, Clinical Supervisor —Fraser

47 Restoring Awareness, Belonging and Identity Through Body-Centered Psychotherapy

With advances in neuroscience, there is a renewed interest in using the body for accessing and transforming developmental, emotional, and psychological injuries. This workshop will look at the use of the body in treatment throughout history, the role and efficacy of a body-centered orientation to health and wholeness, and recent neuro-scientific research on body-centered therapy.

Kedar Brown, MEd, LPC, NCC, CHT, Program Manager and Senior Clinician — SUWS of the Carolinas and Phoneix Outdoors & Marie O. Davis, MA, LPC, NCC, Therapist/Field Supervisor — SUWS of the Carolinas

48 Creating Trauma Sensitive Schools

This presentation will discuss the impact of toxic stress and adverse experiences on brain development as well as findings from the Adverse Childhood Experiences (ACEs) study. The presenters will review what work is being done in other states related to building trauma sensitive schools. Opportunities in Minnesota will be outlined and an interactive discussion with the participants about next steps will follow.

Mark Sander, PsyD, LP, Senior Clinical Psychologist — Hennepin County, Mental Health Coordinator — Hennepin County and Minneapolis Public Schools & Nancy Riestenberg, School Climate Specialist — MDE

49 Signs of Safety with Children's Mental Health

This presentation will discuss some of the key points of the Signs of Safety philosophy and how it can assist in improving outcomes for children with mental health needs. Participants will learn tools for working directly with families, including ways to get to the heart of the issues while staying focused on the client's strengths, worries, and struggles. This family approach uses the client's language, putting their history and current situation in their own words to help them direct their future.

Angela Simon, LSW, Social Worker & Tammy Thompson, LSW, Social Worker — Kandiyohi County Family Services

50 Trauma Informed Care 101

This interactive workshop will address the fundamentals of complex trauma, developmental trauma and trauma informed care. Parents and caregivers will leave this presentation with a thorough understanding of the brain science behind childhood trauma and practical hands-on tools to address the trauma in children and adults.

Gary Eustice, LP, Psychologist — Tearmann Trauma Informed Care

51 Eating Disorders: Not Just a Teenage Phase

Do you ever wonder if your student or client is struggling with an eating disorder? Is it "bad enough" to refer to a specialist? What help is available for adolescents with eating disorders? During this engaging interdisciplinary workshop, answers to these questions will be discussed in addition to details on the 3 types of eating disorders, when to refer adolescents to a specialist, and the four levels of interventions.

Christy Zender, MSW, MAT, LICSW, Senior Site Manager, Therapist — The Emily Program & Laure O'Keefe, EdS, Special Educator for Care and Treatment Programs — St. Paul Public Schools

52 Rhythm of Engagement – Expressive Arts Therapies and Healing Trauma


This workshop will highlight concepts from Expressive Arts therapeutic models for working with children who have experienced trauma. The development of somatosensory awareness for practitioners/clients, creativity and the therapeutic relationship, and trauma related nonverbal patterns of behavior will be discussed. Pre/perinatal life will be emphasized as foundational to complex trauma patterns. Interactive exercises and practical tools will be given to provide practitioners with embodied experiences to implement in work settings.

Patricia Lucas, MA, PhD, R-DMT, Dance Movement Therapist — Private Practice & Elizabeth Grambsch, MA, Faculty — St. Thomas Conservatory of Music, Music Educator, Researcher, Coach — Crescendo Learning, LLC

**Register Online
macmh.org**


U of MN Research to Practice Series:

53 Mothers of Bedford: A Film by Jenifer McShane

 Mothers of Bedford presents five incarcerated mothers of diverse backgrounds and their families who manage in their absence. The film follows them as they strive to be engaged with their children's lives while participating in an innovative parenting program at the Bedford Hills Correctional Facility. Mothers of Bedford received the 2013 Director's Award at the Social Justice Film Festival.


Barbara "Bobby" Blanchard-Lewis, JD, Senior Research Associate – Center for Children and Families, Columbia University School of Nursing

54 Psychiatric Aspects of Youth Violence

 This presentation will provide an overview of the relationship between violence and child and adolescent psychiatric disorders, including psychiatric risk factors for being a perpetrator or a victim of violence; psychiatric disorders that increase the risk of violent behavior; family, school and social protective factors, psychological and pharmacological treatment interventions that reduce the risk of violent behavior; and the prediction of violent behavior.


William Dikel, MD, Consulting Child & Adolescent Psychiatrist – Independent

55 Social Media Crisis Management in Day/Residential Treatment Programs

 Day/residential treatment programs work with high-risk youth who present safety challenges for themselves and others. A crisis can easily become a viral story through social media; being disseminated to millions of viewers in a matter of hours. This presentation will review a crisis case involving social media, describe the advantages/disadvantages of social media during crisis, and identify best practices for monitoring and responding to media.


David Swenson, PhD, LP, DABPS, Professor – College of St. Scholastica & Roger Laaksonen, MA, Healthcare IT/IS Analyst – St. Lukes Hospital and the College of St. Scholastica

56 Using Multiple Intelligence to Teach Group Social Skills

 Teaching social skills to youth in an academic setting can be difficult. Often times, the children who require social skills training have difficulty with a typical lecture and worksheet format. This workshop will provide several practical ways to incorporate multiple learning styles in a classroom setting.


Christine Morris, MS, LAMFT, Mental Health Practitioner – Southwest West Central Service Cooperative

57 Peer Family Specialists and Parent Teaming Trainers; Putting Experience To Work

 With great success family members are currently being employed across the country to provide support services to their peers. In this workshop presenters will discuss Parent Teaming Training (now free and open to all) and a new Peer Family Specialist certification for caregivers. Presenters will also explain how Minnesota is using skilled and experienced parents to deliver services within the system of care.


Amelia Ortega, Parent Liaison, Ann McMahon, Trainer, & Lucy Favorite, Trainer – DHS

58 Maximizing Funding for School IEP Mental Health Services

 Students experiencing mental health conditions often require significant resources. Different roles, responsibilities, and funding mechanisms can be challenging to navigate, resulting in potential audit risk. The presenters will share how MDE and DHS have worked together to assist schools and community providers to communicate effectively and secure appropriate funding to increase student access to necessary services.


Jill Johnson, PN, Children's Mental Health Consultant – DHS, George Holt, EdD, Supervisor, Special Education Funding and Data – MDE

59 LiveAbilities: Making It as Adults with Fetal Alcohol Spectrum Disorders (FASD)

 Yes, youth with Fetal Alcohol Spectrum Disorders can overcome challenges and live independently! A panel of three young adults will share their experiences and explain the supports that are helping them and their younger peers thrive. They will discuss housing, relationships, services they receive, and their growing self-employment, and advocacy careers.


Jodee Kulp, Executive Director – Better Endings/New Beginnings, Liz Kulp, Participant – LiveAbilities, Kenneth Moore, Participant – LiveAbilities, Hunter Sargent, Participant – LiveAbilities

60 Substance Abuse and Mental Health Disorders in Adolescents; Implications for Aftercare and Education

 Using a case study and grounded theory methodology, former students and staff members from four Sobriety High School campuses participated in group and individual interviews. An analysis of school and treatment data will be presented to provide insight into how school, peers, family, and treatment impact the students' success in academics and recovery.


Barbara Wornson, EdD, Executive Director – Main Street School of Performing Arts

61 Culturally Affirmative Services: Going Beyond Cultural Sensitivity

 This workshop will address the difference between cultural sensitivity and cultural affirmation when providing health services to children and their families. Attendees will expand their understanding of culture as more than a person's ethnic and racial background to include disability, immigration experience, and other factors. Participants will also learn the need for self-awareness in the building of culturally affirmative services.


Rebecca Goffman, PsyD, LP, Director of Deaf and Hard of Hearing Program & Alice Tindi, MSW, LICSW, Functional Family Therapist – Volunteers of America Mental Health Clinics

62 Parents and Medical Professionals Partnering to Provide Parent Support

 This presentation will explore the formation of the My People parent support group, a collaboration between Prairie Care and a group of informed parents. Participants will have the opportunity to learn about the benefits of parent-to-parent support, as well as how a collaboration between medical professionals and parents can provide a much-needed service to families.


Joel Oberstar, MD, CEO and Chief Medical Officer – Prairie Care, Lynne Peterson, Diane Allen, & Michele Dahn, Co-Founders and Facilitators – My People

63 DIRT GROUP – "Growing to Learn, Learning to Grow"

 DIRT GROUP is an experiential group-skills training program for at-risk youth experiencing mental health disorders. This workshop will identify and discuss assessment, treatment planning, applied strategies, and how participation in DIRT GROUP influences social skill development in at-risk youth. The utilization of DIRT GROUP to improve mental health through social skill development in the context of a gardening/farming program will also be discussed.



Kenny Turck, MSW, LGSW, Program Director/Founder & Joni Turck, Executive Director – Hooganaga Family Farms

64 Clinical Work with Gender Creative/ Non-Conforming Children: What's Been Learned Over the Last Five Years








 This workshop will discuss what has been learned in the last five years from clinical work at the U of MN with more than 30 children who are gender creative/gender non-conforming and/or have struggles related to gender identity. To lay the foundation for this discussion, the presenter will examine diagnostic controversies in this field, including changes in the DSM-5, and the philosophical underpinnings of various treatment approaches.

Dianne Berg, PhD, LP, Assistant Professor – Center for Sexual Health, U of MN

65 The Development of the Self: The REAL Outcome of Relationship-Based Intervention in Early Childhood Special Education

  Early childhood special education has traditionally been thought of as intervention in language, fine and gross motor development, and learning. For the past six years, Minneapolis ECSE has been incorporating infant mental health principles into its practice, including group and individual reflective consultation. As a result, the staff has learned that their impact on children and families is deeper than they had ever imagined. This presentation will examine how using an infant mental health lens has affected the scope, techniques, and meaning of early intervention in Minneapolis ECSE.

Carol F. Siegel, PhD, LP, IMH-E® (IV) & a Panel of ECSE Professionals

| | | | |
|-------------------|---|------------------------|--|
| Key |  Basic | Target Audience |  Parents |
| |  Intermediate | |  Professionals |
| |  Advanced | |  Parents & Professionals |
| | | |  Early Childhood Pro |
| details on page 2 | | | |

U of MN Research to Practice Series:

66 **Interactive Discussion about Incarceration: Mothers of Bedford**
Film Recap and Question/Answer Session

Meet Barbara “Bobby” Blanchard-Lewis, shown in the Mothers of Bedford film in her role as Director of the Children’s Center at the Bedford Hills Correctional Facility for Women. Learn about their revolutionary work to keep mothers connected to their children. Engage in discussion with all three presenters about the importance of sustaining family relationships during incarceration and the challenges this work presents.

Barbara “Bobby” Blanchard-Lewis, JD, Senior Research Associate – Center for Children and Families, Columbia University School of Nursing, Jason Marque Sole, ABD, Assistant Professor – Metropolitan State University, & Rebecca Shlafer, PhD, Assistant Professor – University of Minnesota

67 **Anxiety Symptoms in Children and Adolescents: A Focus on Special Populations**

This presentation will discuss diagnosis and treatment of children and adolescents with anxiety concerns, with a special focus on the co-occurrence of autism spectrum disorders and anxiety, as well as anxiety in preschoolers and younger children. Participants will be presented with diagnostic tools and strategies for working with infants and preschoolers with anxiety disorders, in addition to children/adolescents with ASDs who show anxiety.

Brigitte King, PhD, LP, Psychologist, Karin Hampton, PhD, LP, & Judith Strommen, MA, LP, Psychologist – Fraser

68 **Dealing With Bullying**

This presentation will provide an overview of the problem of bullying. The presenter will discuss the characteristics of a bully, warning signs that a child is being bullied, and the crucial role of the bystander. It will also include information related to cyber bullying, responses with which to assist children who are bullied, and information about protective factors that can help with prevention.

Maureen Tanis, MSW, LICSW, Behavioral Health Provider – Mayo Clinic Health System-Mankato Eastridge

69 **A Journey with OCD: From Ritual to Hope**

Fifteen-year-old Emma Friesen will share her experience with OCD and provide insights on life with this frustrating and confusing condition. Her presentation will offer practical tips on how to stand by someone living with the disorder.

Emma Friesen, Student

70 **Improving Brain Function With EEG Biofeedback and Audio Visual Entrainment**

EEG Biofeedback and Audio Visual Entrainment are effective tools in improving cognitive ability, attention, focus, behavioral issues, emotional instability, and sleep function. This presentation will describe how individuals, schools, and clinics are using these alternative health tools to assist people with brain injuries, PTSD, attention deficit disabilities, emotional and behavioral disorders, and other learning concerns.

Becky Aish, Director of Neurotechnology Services – A Chance To Grow

71 **Completing the Circle: Looking Beyond the Needs of the Patient and Parent**

This presentation will highlight the nationally-recognized Sibshops, workshops for siblings of people with physical, mental, or emotional disabilities. Challenges and opportunities that siblings face will be discussed, as well as interventions for helping to support siblings. This workshop will be an interactive overview of sibling needs and the purpose of Sibshops. Workshop attendees should plan to participate in Sibshop activities during the workshop.

Sara Owens-Keenan, LICSW, Family Liaison Social Worker & Joel V. Oberstar, MD, CEO and Chief Medical Officer – PrairieCare

72 **Extreme Parenting – It’s Not Typical Parenting**

Extreme Parenting Support and Education Groups provide a successful model for parent-driven service planning and direction through the lifespan of children with behavioral health disorders. For 15 years, Extreme Parenting has helped families survive challenges of raising children with extra needs. Learn how to create new groups and take part in a sample group to see how the process works.

Brenda Caya, MEd, MSW, Behavioral Health Family Advocate – Arc Northland, Nancy Christian, Parent, Author, & Randy Bryant, MSW student, Child Welfare Scholar

73 **Transitioning in Healthcare: Reform, Requirements, and Revelations**

National health insurance programs such as Medicare and Medicaid have increased demands on expectations and overall quality of the services they cover. The issue of quality becomes apparent when examining how medical and mental healthcare systems transition adolescents into adult care. This session will provide data from research in central Minnesota and look at efforts being made through Youth Assertive Community Treatment.

Shelly Richardson, DSW, LICSW, Director of Quality Assurance & Kris Blake, MSW, LICSW, Programs Coordinator – Northern Pines Mental Health Center

“I love this conference. I find many workshops that help me with what I need to accomplish for my son. This is the only conference I attend and my only time away from my son.”
 -2013 Conference Attendee

74 **Creative Therapeutic Techniques**

In this session, attendees will learn 12 different creative therapeutic techniques that can be used with clients individually or with family groups at every stage of life. These techniques range from art therapy, to role playing, to basic whiteboard activities that help clients reframe and gain perspective on their issues while having fun.

Tamara Gehlen, MA, LMFT, LADC, CCTP, FLE, Program Director – WINGS Treatment Center

75 **Vision Program: Creating Circles of Courage for Students and Their Families**

The Vision Program, a therapeutic Setting 3 program for students with Emotional Behavior Disorders, is a partnership between Bloomington Schools and Headway Emotional Health Services. The underlying philosophy of the program is based on the theory of the Circle of Courage. This presentation will provide an overview of the program, with a focus on creating collaborative partnerships between schools, families, and community mental health agencies.

Marcia Engel, MSE, Special Education Supervisor – Bloomington Schools & Susan Dannen, MSW, LICSW, RPT, Program Supervisor – Headway Emotional Health Services

76 **Secondary Traumatic Stress: Promoting Well Being in the Workplace**

This workshop will provide an overview of secondary traumatic stress (STS), including how to identify its symptoms and how to prevent it within the workplace. The presenter will share her personal experience with STS/Vicarious Trauma and her journey back to wellbeing. Both supervisors and supervisees will receive tools and skills to create a supportive work environment that promotes the wellbeing of employees and the agency as a whole.

Brenda Anderson, LSW, Intensive Permanence Specialist & Mechele Pitt, MSSW, LCSW, LICSW, Chief Operating Officer – Anu Family Services

77 **A Basic Introduction to the Nurtured Heart Approach**

Workshop participants will learn the basic concepts of the Nurtured Heart Approach, including how it can impact and change the way one interacts with others (students, clients, and family) as well as the benefits of this approach.

Doris Moylan, MSW, LICSW, School Social Worker & Jimmie Heags, Jr., LPSC, School Counselor – Edgewood Education Center/Intermediate District 287

78 **The Impact of Reflective Supervision on Early Childhood Professional Practice: A Case Study**

This session will showcase preliminary findings from a reflective practice pilot project implemented across eight childcare and early education sites. In addition to project evaluation results, participants will review the basic tenets of reflective supervision, observe reflective practice in process, brainstorm strategies to implement, and design reflective supervision models in their own work.

Mary Ann Marchel, PhD, Associate Professor & Insoon Han, PhD, Associate Professor U of MN Duluth

| Key | Technical Levels | | Target Audience | | | |
|-----|------------------|--------------|-----------------|---------|---------------|-------------------------|
| | Basic | Intermediate | Advanced | Parents | Professionals | Parents & Professionals |

details on page 2

Easily Customize Your Conference Experience!

MACMH Conference Tracks

Choose any workshop or follow MACMH suggested tracks

The track list is organized by profession, hot topics, and age group. We hope this helps you get the most out of your conference experience.

Session Title

| | <i>Educators/School Personnel</i> | <i>Social Worker, Psychologist, Marriage & Family Therapist</i> | <i>Early Childhood Professional</i> | <i>Parents & Caregivers</i> | <i>Correctional Workers</i> | <i>Trauma</i> | <i>Disorders & Treatment</i> | <i>Disruptive Behaviors</i> | <i>Cultural Competency</i> | <i>Teen/Adolescent</i> | <i>DSM-5 Information</i> | <i>Clinical Content</i> |
|---|-----------------------------------|---|-------------------------------------|---------------------------------|-----------------------------|---------------|----------------------------------|-----------------------------|----------------------------|------------------------|--------------------------|-------------------------|
| Sunday, April 27 • Symposia | | | | | | | | | | | | |
| A. Moving Toward Someone Who Hurts You: Effects of Family Violence on Children's Development | | √ | √ | √ | | √ | | | | | | √ |
| B. The New DSM-5: A Clinical Discussion Through a Developmental Lens | √ | √ | | | √ | | √ | | | | √ | √ |
| C. Children of Trauma: Helping Their Parents Heal Them | √ | √ | | √ | | √ | | √ | | | | |
| Monday, April 28 • Session 1 | | | | | | | | | | | | |
| 1. Wrong Side of the Tracks: How Poverty Impacts Student Learning and Mental Health | √ | √ | √ | √ | | √ | | | √ | | | |
| 2. Preventative Mental Health: Maximizing the Capacity to Thrive | √ | √ | | | | | | | | √ | | √ |
| 3. Understanding Applied Behavior Analysis: What We Can Learn from Children with Autism | √ | √ | √ | √ | √ | | √ | | | | | √ |
| 4. Access to Mental Health Services through Primary Care Clinics | √ | √ | | √ | | | | | | | | |
| 5. Supervision in the Front Lines of Complex Trauma Services | √ | √ | | | | √ | | √ | | √ | | √ |
| 6. Expand Your Social Skills Tool Box! | √ | √ | √ | √ | | | √ | √ | | | | √ |
| 7. Therapeutic Language: Relating to Dysregulated Children and Setting Goals in Treatment | √ | √ | √ | √ | √ | | √ | √ | | √ | | √ |
| 8. Explosive, Angry, and Irritable: Disruptive Mood Dysregulation Disorder — A New Diagnosis | √ | √ | | √ | √ | | √ | √ | | | √ | √ |
| 9. Change the Environment, Not the Child: FASD & Strategies for School Success | √ | √ | | √ | | | | √ | | | | |
| 10. Moving Mountains: A Mind-Body Tool Kit to Calm Explosive, Reactive, and Anxious Children | √ | √ | | | | | | √ | | | | √ |
| 11. Autism Spectrum Disorder in Childhood and Adolescence; From Understanding to Action | √ | √ | | √ | | | √ | | | | √ | √ |
| 12. Got Grief? The Practitioners Toolbox | √ | √ | | | | √ | | | | √ | | √ |
| 13. Trauma Informed Care in Early Childhood | √ | √ | √ | | | √ | | | | | | √ |
| Session 2 | | | | | | | | | | | | |
| 14. Working with Complex, Multi-Stressed Children and Families | √ | √ | | | | | √ | | | √ | | √ |
| 15. Strategies to Help the Struggling Students | √ | | √ | √ | | | √ | √ | | | | |
| 16. Executive Functioning Challenges: Definition and Intervention Strategies | √ | √ | | √ | | | | | √ | | | √ |
| 17. Healing Spaces to Promote Well-Being | √ | √ | √ | | | | | √ | | √ | | |
| 18. Teens, social media, and body image. | √ | √ | | √ | | | √ | | | √ | | √ |
| 19. Personal Outlook on Fetal Alcohol Spectrum Disorders | √ | √ | | √ | | | | | | √ | | |
| 20. Reimagining Residential Placement for Youth | | √ | | √ | | | | | | | | |
| 21. Be/Coming Out and Identity Development for LGBTQ Youth: It's Not a One Time | √ | √ | | | √ | | | | √ | √ | | √ |
| 22. Shared enjoyment with your young child with ASD | | | √ | √ | | | | | | | | |
| 23. PCIT: An overview of evidence based treatment for children with behavioral concerns | √ | √ | √ | √ | | | √ | √ | | | | √ |
| 24. Talking about Mental Health with Educators: Listen, Observe, Understand, Empathy, Express and Encourage | √ | √ | √ | | | | | | √ | | | |
| 25. Talking to Children about Adoption & Foster Care | | √ | √ | √ | | √ | | | | √ | | √ |
| 26. Infants and Toddlers: Advances for Promoting the Healthy Development of Minnesota's Youngest Citizens | | √ | √ | √ | | | | | | | | |
| Session 3 | | | | | | | | | | | | |
| 27. ANALYZING THE BULLY | √ | √ | | | √ | | | √ | | √ | | |
| 28. Adolescent Suicidal Ideation and Self-Injurious Behaviors: Safety Planning and Communicating Effectively with Teens | √ | √ | | √ | √ | | √ | | | √ | | √ |
| 29. Understanding Attachment and Rethinking Behavior: Healing for Children Who Have Experienced Trauma | √ | √ | | √ | | √ | √ | √ | | | | √ |
| 30. Evidence-Based CBT Skills Training for Adolescents with Emotional Disorders | √ | √ | | √ | | | √ | √ | | √ | | √ |
| 31. ADHD Update 2014 | √ | √ | | √ | √ | | √ | √ | | √ | √ | √ |
| 32. Diagnosis and Treatment of Pediatric Depressive Disorders | √ | √ | √ | | | | √ | | | √ | √ | √ |
| 33. The Mindful Classroom | √ | √ | | | | | | | | √ | | |
| 34. Relational, Contextual, Cultural: A Practice-Based Evidence Approach to School-Based Mental Health | √ | √ | | | | | | | √ | √ | | √ |
| 35. Helping Children with Sexual Behavior Problems | √ | √ | √ | √ | √ | | √ | √ | | √ | | √ |
| 36. Working with LGBTQ Youth | √ | √ | | | √ | | | | | √ | | √ |
| 37. Transitions: Supporting Your Young Adult with Mental Health Issues | | | | √ | | | | | | √ | | |
| 38. Ethics in the Use of Electronic Communication – Untangling the Personal and Professional | √ | √ | | √ | | | | | | √ | | |
| 39. Self-Regulation: Quick and Easy Strategies to Implement | √ | √ | √ | √ | | | √ | √ | | | | √ |

Easily Customize Your Conference Experience!

MACMH Conference Tracks

Choose any workshop or follow MACMH suggested tracks

The track list is organized by profession, hot topics, and age group. We hope this helps you get the most out of your conference experience.

Session Title

| | <i>Educators/School Personnel</i> | <i>Social Worker, Psychologist, Marriage & Family Therapist</i> | <i>Early Childhood Professional</i> | <i>Parents & Caregivers</i> | <i>Correctional Workers</i> | <i>Trauma</i> | <i>Disorders & Treatment</i> | <i>Disruptive Behaviors</i> | <i>Cultural Competency</i> | <i>Teen/Adolescent</i> | <i>DSM-5 Information</i> | <i>Clinical Content</i> |
|---|-----------------------------------|---|-------------------------------------|---------------------------------|-----------------------------|---------------|----------------------------------|-----------------------------|----------------------------|------------------------|--------------------------|-------------------------|
| Tuesday, April 29 • Session 4 | | | | | | | | | | | | |
| U of MN Research to Practice Session | | | | | | | | | | | | |
| 40. Research and Reflections About Incarceration and Families: What Do We Know? | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | | | |
| 41. Adverse Childhood Experiences: the Research, the Data, and the Minnesota Response | ✓ | ✓ | | ✓ | ✓ | ✓ | | | | | | |
| 42. DBT for teens & adolescents | ✓ | ✓ | | ✓ | | | ✓ | | ✓ | ✓ | | ✓ |
| 43. Cultural Influences: Definitions and Examples | ✓ | ✓ | | | | | | ✓ | | | | ✓ |
| 44. Grief, Loss & Trauma For Youth Who Have Lived in Out-of-Home Care. | ✓ | ✓ | | ✓ | | ✓ | | ✓ | ✓ | | | ✓ |
| 45. Pigtales and Drama: Girls and Autism | ✓ | ✓ | | ✓ | | ✓ | | | | | | ✓ |
| 46. Introduction and Application of Mental Health Consultation in Schools and Beyond | ✓ | ✓ | | | | ✓ | | | | | | ✓ |
| 47. Restoring Awareness, Belonging, and Identity through Body Centered Psychotherapy | | ✓ | | | | ✓ | | | ✓ | | | ✓ |
| 48. Creating More Trauma Sensitive Schools | ✓ | ✓ | | ✓ | | ✓ | | | | | | |
| 49. Signs of Safety with Children's Mental Health | ✓ | ✓ | | ✓ | | | ✓ | | | | | ✓ |
| 50. Trauma Informed Care 101 | ✓ | ✓ | | ✓ | ✓ | ✓ | | | | | | ✓ |
| 51. Eating Disorders: Not Just a Teenage Phase | ✓ | ✓ | | ✓ | | ✓ | | | ✓ | ✓ | | ✓ |
| 52. Rhythm of Engagement – Expressive Arts Therapies and Healing Trauma | ✓ | ✓ | | | | ✓ | | | | | | ✓ |
| Session 5 | | | | | | | | | | | | |
| U of MN Research to Practice Session | | | | | | | | | | | | |
| 53. Mothers of Bedford: A Film by Jenifer McShane | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | | | |
| 54. Psychiatric Aspects of Youth Violence | ✓ | ✓ | | ✓ | ✓ | | ✓ | ✓ | | ✓ | | ✓ |
| 55. Social Media Crisis Management in Day/Residential Treatment Programs | ✓ | ✓ | | | ✓ | | | | ✓ | | | ✓ |
| 56. Using Multiple Intelligence to Teach Group Social Skills | ✓ | | | | | | ✓ | | | | | |
| 57. Peer Family Specialists and Parent Teaming Trainers; Putting Experience To Work | ✓ | ✓ | | ✓ | | | | | | | | |
| 58. Maximizing Funding for School IEP Mental Health Services | ✓ | ✓ | | ✓ | | | | | | | | |
| 59. LiveAbilities: Making It as Adults with Fetal Alcohol Spectrum Disorders (FASD) | ✓ | ✓ | | ✓ | | ✓ | | | ✓ | | | |
| 60. Substance abuse and mental health disorders in adolescents; implications for aftercare and education | ✓ | ✓ | | | ✓ | ✓ | | | ✓ | | | ✓ |
| 61. Culturally Affirmative Services: Going Beyond Cultural Sensitivity | ✓ | ✓ | | | ✓ | | | ✓ | | | | |
| 62. Parents and Medical Professionals Partnering to Provide Parent Support | ✓ | ✓ | | ✓ | | | | | | | | |
| 63. DIRT GROUP — Growing to Learn, Learning to Grow | ✓ | ✓ | | | ✓ | | | | ✓ | | | ✓ |
| 64. Clinical Work with Gender Creative/Non-Conforming Children: What's Been Learned Over Last Five Years | ✓ | ✓ | | | | | | | ✓ | ✓ | | ✓ |
| 65. The Development of the Self: The REAL Outcome of Relationship-Based Intervention in Early Childhood Special Education | ✓ | ✓ | ✓ | | | | | | | | | |
| Session 6 | | | | | | | | | | | | |
| U of MN Research to Practice Session | | | | | | | | | | | | |
| 66. Interactive Discussion about Incarceration: Mothers of Bedford Film Recap and Question/Answer Session | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | | | |
| 67. Anxiety Symptoms in Children and Adolescents: A Focus on Special Populations | | ✓ | ✓ | ✓ | | | ✓ | | ✓ | ✓ | | ✓ |
| 68. Dealing With Bullying | ✓ | ✓ | | ✓ | ✓ | | | ✓ | | ✓ | | |
| 69. A Journey with OCD: From Ritual to Hope | ✓ | ✓ | | ✓ | | | ✓ | | ✓ | | | |
| 70. Improving Brain Function With EEG Biofeedback and Audio Visual Entrainment | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | | | ✓ |
| 71. Completing the Circle: Looking Beyond the Needs of the Patient and Parent | ✓ | ✓ | | ✓ | | | | | | | | |
| 72. Extreme Parenting- It's Not Typical Parenting! | | | | ✓ | | | | ✓ | | ✓ | | |
| 73. Transitioning in Healthcare: Reform, Requirements, and Revelations. | | | | ✓ | | | | | | | | |
| 74. Creative Therapeutic Techniques | ✓ | ✓ | | | | | ✓ | | ✓ | | | ✓ |
| 75. Vision Program: Creating Circles of Courage for Students and Their Families | ✓ | ✓ | | | | | | ✓ | | ✓ | | |
| 76. Secondary Traumatic Stress: Promoting Well Being in the Work Place | ✓ | ✓ | | | ✓ | ✓ | | | | | | ✓ |
| 77. A Basic Introduction of the Nurtured Heart Approach | ✓ | ✓ | | ✓ | | ✓ | | ✓ | | | | |
| 78. The Impact of Reflective Supervision on Early Childhood Professional Practice: A Case Study | | ✓ | ✓ | | | ✓ | | | | | | ✓ |

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Please use one form per person. Duplicate as needed or download more at www.macmh.org.

First Name _____ Last Name _____

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Registration confirmation/receipt will be sent via email only. Please print clearly.

This is my first MACMH conference.

I heard about this conference:

From (circle one): Email Website Mail Colleague Other _____

I am registering as/Working as: Choose best fit

- Family Member—Parent, Grandparent, Caregiver
- Corrections Professional
- Early Childhood Professional or Educator
- Educator or working in schools including School Social Worker, Counselor, and Psychologist
- Health Care—Nurse, Doctor
- Mental Health Professional, Psychologist, Psychiatrist, Counselor, Therapist, Marriage & Family Therapist
- Social Services Professional
- Other _____

Payment and Registration information

Payment Policy: Checks (payable to MACMH), Credit Cards, vouchers, and POs are welcome. If paying with a credit card, voucher, or PO, include the billing address in the Billing Information box.

Online Registration: www.macmh.org

Mail Registration:

MACMH, 165 Western Avenue N, Suite 2, St. Paul, MN 55102

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Cancellation Policy: Conference registration fees minus a \$50 administration fee per registration will be refunded if cancellation is made in writing (email info@macmh.org) to the MACMH office by April 10th, 2014, but registration can be transferred to another attendee. Please contact MACMH if you need to transfer your registration.

Questions: Call 651-644-7333 or 800-528-4511

| I am attending: | before April 1 | after April 1 |
|--|----------------|---------------|
| <input type="checkbox"/> Sunday only | \$30 | \$35 |
| <input type="checkbox"/> Monday only | \$190 | \$195 |
| <input type="checkbox"/> Sunday & Monday | \$190 | \$195 |
| <input type="checkbox"/> Tuesday only | \$190 | \$195 |
| <input type="checkbox"/> Sunday & Tuesday | \$190 | \$195 |
| <input type="checkbox"/> Monday & Tuesday | \$335 | \$350 |
| <input type="checkbox"/> Sunday, Monday, Tuesday | \$335 | \$350 |

Discounts available for Students and Groups of 5 or more, please call the office for details (*Discounts not available to Sunday only attendees*). Sunday is included at no cost if attending Monday or Tuesday.

Session, Workshop & Lunch Choices

Check the session times you plan to attend, and **circle** your workshop choice.

Sunday

- Symposium** — 2:00 pm (*circle symposium choice below*)
 - A. Moving Toward Someone Who Hurts You
 - B. The New DSM-5
 - C. Children of Trauma
- MHED Talks**® — 4:10 pm
- Fidgety Fairy Tales** — 6:15 pm

Monday

- Networking Breakfast** — 7:30 am
- Workshop Session 1** — 10:15 am (*circle workshop choice below*)
1 2 3 4 5 6 7 8 9 10 11 12 13
- Lunch** — 12:15 pm (*circle lunch choice below*)
Standard Vegetarian (*may include dairy*) Gluten Free No Lunch
- Workshop Session 2** — 1:15 pm (*circle workshop choice below*)
14 15 16 17 18 19 20 21 22 23 24 25 26
- Workshop Session 3** — 3:00 pm (*circle workshop choice below*)
27 28 29 30 31 32 33 34 35 36 37 38 39

Tuesday

- Workforce Forum** — 7:30 am
- Workshop Session 4** — 10:30 am (*circle workshop choice below*)
40 41 42 43 44 45 46 47 48 49 50 51 52
- Lunch** — 12:15 pm (*circle lunch choice below*)
Standard Vegetarian (*may include dairy*) Gluten Free No Lunch
- Workshop Session 5** — 1:15 pm (*circle workshop choice below*)
53 54 55 56 57 58 59 60 61 62 63 64 65
- Workshop Session 6** — 3:00 pm (*circle workshop choice below*)
66 67 68 69 70 71 72 73 74 75 76 77 78

Attention

- Registration confirmations are sent via email to anyone who provides an email address. The email is your receipt or invoice. No other form of confirmation will be sent.
- On-site registration will be available as space allows.
- The conference fee includes continental breakfast, lunch, and CEHs.
- Note: you are not registering for workshops, just noting your interest.

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