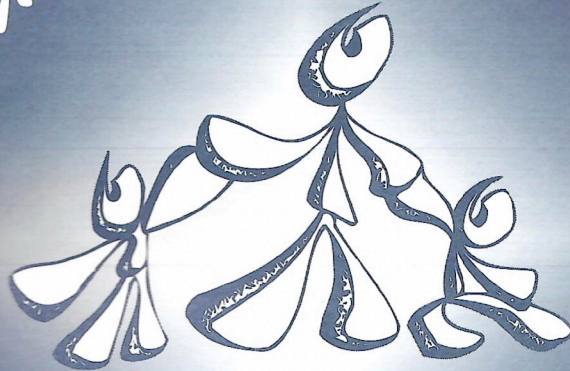


*Leading*

*The Way*



*Strategies That Work*

**ADOLESCENT & CHILDREN'S MENTAL HEALTH CONFERENCE**

**February 3-4, 1997**

Northland Inn Executive Conference Center

7025 Northland Drive • Brooklyn Park, MN 55428 • (612) 536-8300

**Minnesota Association for Children's Mental Health**

1821 University Ave. W. • Suite N396 • St. Paul, MN 55104

(612) 644-7333 • 1-800-528-4511 • Fax (612) 644-7391

# CONFERENCE INFORMATION



## **Awards Banquet:**

February 3, 1997 6:00-7:30 PM

## **Highlights include:**

Presentation of the **3rd Annual Children's Mental Health Poster Contest Awards.**



**Comedian Maxine Jeffris** will cap off the evening for us and leave us laughing!!

"Everybody's laughing at me...  
but they're saying the nicest things!"

When comedian Maxine Jeffris isn't performing in Las Vegas, or on The Tonight Show, or in front of her bathroom mirror, she's often found capping an evening banquet, leavening a lunch or providing the "break" in breakfast for companies and organizations. Join us for an evening of laughter.

## **Parent Breakfast:**

On Tuesday, February 4, 1997, parents are invited to attend a Parent Breakfast. The breakfast will be held at 7:30 AM, the location will be postmarked at the registration desk. This is a great way to meet other parents and Polly Niederloh, a very dynamic and exciting speaker will be featured.

## **Exhibits:**

Don't miss the exciting exhibits we have at this year's conference. There will be a wide variety of exhibits on display throughout the conference.

## **Hospitality Room:**

A Hospitality room will be available throughout the conference. Everyone is welcome to gather here. It is an excellent opportunity to exchange information, experiences and addresses.

## **Message Center:**

There will be a message board located near the registration desk. Please make sure to check the board

periodically during the conference for messages. It is difficult to get emergency messages to people, as there is not an intercom.

## **Meals and Meal Cards:**

There will be two seatings for lunch (11:30-12:15 and 12:15-12:55). Your lunch time is determined by your morning workshop choice (see schedule). For people seated at 11:30, please make sure you vacate your seats by 12:15 so persons attending Lunch II will have a place to sit.

## **Hotel Accommodations:**

A block of suites has been reserved at The Northland Inn Executive Conference Center, 7025 Northland Drive, Brooklyn Park, MN and are available on a first-come first-serve basis. Once that block of suites has been reserved, regular hotel rates will apply.

**Please make your reservations directly with the Northland Inn using the enclosed form, or call (612) 536-8300.**

## **Continuing Education Units:**

Certificates of Attendance will be available at the end of the conference for participants.

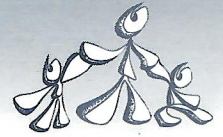
## **Cancellation Policy:**

Registration fees, minus a \$50.00 administrative fee, will be refunded if the cancellation is made in writing to the Minnesota Association for Children's Mental Health office on or before January 15, 1997. Fees are nonrefundable after this date, but registration can be transferred to another person.

## **Accessibility:**

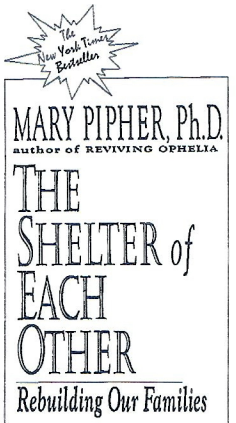
If you need a reasonable accommodation for a disability (e.g., wheelchair accessibility, interpreter, Braille, or large print materials) such an accommodation can be made available upon advance request. Please contact Susan Searl at (612) 644-7333 or 1-800-528-4511 on or before January 15, 1997. For TDD, contact Minnesota Relay Service at (612) 297-5353 or 1-800-627-3529.

# KEYNOTE SPEAKERS



## Mary Pipher, Ph.D. - Bestselling Author

Dr. Mary Pipher is a clinical psychologist in private practice. She's also a visiting assistant professor at the University of Nebraska. She received her BA in Cultural Anthropology from the University of California at Berkeley in 1969 and her Ph.D. in Clinical Psychology from the University of Nebraska in 1977. Dr. Pipher's work combines her training in both the fields of psychology and anthropology. Her special area of interest is how American culture effects the mental health of its women.



Dr. Pipher is the author of three books, Hunger Pains, Reviving Ophelia: Saving The Selves of Adolescent Girls (which was recently #1 on the New York Times bestseller list), and The Shelter of Each Other: Rebuilding Our Families.

Dr. Pipher will be speaking on the issues addressed in her latest book, The Shelter of Each Other: Rebuilding Our Families. Dr. Pipher tells many stories and offers positive, common sense suggestions for protecting families and linking them to supportive resources and community.



## David Walsh, Ph.D.

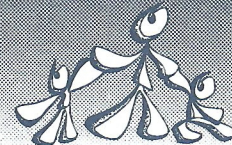
Dr. Walsh is the Founder and Executive Director of The National Institute on Media and the Family. He is one of the leading authorities in North America on family life, parenting, and the impact of media on children.

In 1995, Dr. Walsh was pivotal in focusing the national spotlight on the epidemic of violence in the media. As the author of the book; Selling Out America's Children, he was a featured guest on Bill Moyer's PBS Special, "What Can We Do About Violence?" He was also a spokesperson for the Minnesota Medical Association's "Stop The Violence" campaign, and one of a select group of invitees to Vice President Al Gore's national round table on "Media's Effect on Children". He is the co-author of the 1996 American Medical Association's guidelines on media violence.

Dr. Walsh has previous experience as a psychologist, educator, family therapist, author and speaker. More importantly, Dr. Walsh is a husband, and the father of three children who grew up surrounded by mass media.

If you saw Dr. Walsh's presentation on "Selling Out America's Children", you won't want to miss his new presentation "Media and The Mind". This keynote will address what makes media so effective in influencing behaviors. It will also look at how media affects the developmental stages of children and adolescents.

# KEYNOTE SPEAKERS



## **Brenda L. Townsend, Ph.D.**

Dr. Brenda L. Townsend is an Associate Professor in the Department of Special Education at the University of South Florida. She currently directs Project PILOT (Preparing Innovative Leaders of Tomorrow) which is a federally-funded initiative to prepare African American men for urban special education teaching positions. As the recipient of a McKnight Fellowship, Dr. Townsend recently spent a year in an urban fifth grade classroom. She engaged in site-based teacher education on culturally-appropriate teaching techniques for African American children. Her public school teaching experience includes over eight years of teaching students with behavior disorders and students with learning disabilities.

Dr. Townsend earned her doctorate at the University of Kansas and has developed social skill programs which involve youth and their parents or peers in improving their social and interpersonal skills. She co-authored a constructive behavior management text and emphasizes the need for effective techniques for interacting with culturally different learners and their families. In addition, she has delivered numerous presentations and workshops for practitioners and families on enhancing African American student success by affirming individual and cultural differences.



## **Paulette Walker, Ed.D.**

Dr. Paulette Fitzhugh-Walker received her Bachelor of Science degree in Mathematics Education from Michigan State University; Master of Arts in Guidance and Counseling from the University of Michigan; and her Doctor of Education in Administration and Supervision from the University of Michigan. She has served as a classroom teacher, middle school and high school counselor, Director of Counseling, Assistant Principal, and District Wide Supervisor for State/Federal Projects. She is currently a Coordinator and Instructor in the College of Education at the University of South Florida. Her research agenda focuses on curriculum and instruction and administration and supervision issues in urban schools. She is particularly interested in the concept of preferred learning styles and how those styles influence preferred instructional styles. Her national appearances include presentations at local, regional and national conferences, school districts, university and college campuses.

*Dr. Townsend and Dr. Walker's keynote will be "Families and Schools Working Together: Improving the Social Development of Children and Youth from Diverse Cultures". The workshop will present strategies for family members and school personnel to work together to improve the learning process for children. There will be special emphasis on improving social skills for children of diverse ethnic and cultural backgrounds.*

# CONFERENCE AGENDA



## OVERVIEW OF MONDAY, FEBRUARY 3, 1997

8:00-10:00	Registration Continental Breakfast
10:00 - 11:30 AM	Workshops 1-6 (Lunch I)
10:15 - 12:15 PM	Workshops 7-12 (Lunch II)
11:30 - 12:15 PM	Lunch I
12:15 - 12:55 PM	Lunch II
1:00 - 2:15 PM	Keynote - Dr. Mary Pipher
2:15 - 2:45 PM	Booksigning and Exhibits
2:45 - 4:15 PM	Workshops 13-24
4:20 - 5:30 PM	Workshops 25-36.5
5:30 - 6:00 PM	Social Hour
6:00 - 7:30 PM	Awards Banquet

## MONDAY, FEBRUARY 3, 1997

8:00-10:00 Registration  
Continental Breakfast

10:00 - 11:30 AM Workshops 1-6  
(Please attend Lunch I - 11:30-12:15)

1. **“Working with and meeting the needs of the African American Client”**

*Jeffrey M. Phillips, African American Cultural Liaison,  
Fairview Riverside Medical Center.*

Can African American clients succeed in a therapeutic setting? YES! Developing strategies to assist a client and their family towards wellness.

2. **“Girls with emotional and behavioral disorders (EBD): Implications for schools.”**

*Christine Hunter, M.A., L.P. & Charlotte A. Ryan, Ph.D., L.P.*

This presentation will review the status of girls

in programs serving youth with EBD. Discussion will focus on what is known about girl's needs and the role schools can play in identifying and designing effective programs for them.

3. **“Ending Family Violence: Men Taking Responsibility”**

*Neil Tift, Director, Father's Resource Center*

For too long, the only voice calling for an end to the violence in families has come exclusively from women's advocates and women's organizations. This workshop will summarize efforts being pursued in one large urban area that offers a multicultural approach of men working to end men's violence.

4. **“Parents as Partners in Collaborative Service Delivery”**

*Karleen Kos, Kenneth Kraft & Timothy Mountain,  
Archdeacon Gilfillan Center*

Parents are the most important resource service providers have for identifying weaknesses in the way their children and families have been served in the past, and they are crucial resources in our efforts to craft an improved, more responsive approach for the present. This workshop will focus upon the assumptions, models, and feedback processes AGC has developed in its work with parents. It will also address ways parents can be more effective as partners in the sometimes intimidating world of behavioral healthcare.

5. **“Never Underestimate The Power of the Relationship”**

*James W Keenan, MS, LP, Power of Relationships, P.A.*

This workshop explores interventions in mental health that enhance and foster positive relationships. It will offer practical solutions for parents and staff that can be put into work or family situations immediately. It will explore paradoxical interventions, the use of humor, creative discipline and communication patterns that breed positive relationships.

# CONFERENCE AGENDA



**6. "Advocating for your child in special education and getting acquainted with managed care"**

*Barb Sorum and Sandy Holmstoen, PACER Center*

This session will help parents gain the skills needed to be effective team members in planning their child's Individualized Education Plan (IEP) and understand their rights in special education. In addition, we will provide an introduction to managed care and how parents can begin to impact this system too.

**10:15-12:15 AM Workshops 7-12**  
*(Please attend Lunch II - 12:15-12:55)*

**7. "Origins of Violent Aggressivity in Children, Part I"**

*Dennis Staton, M.D., University of North Dakota, School of Medicine*

This workshop reviews biologic and family origins of violent aggressivity in children, including heritable psychiatric conditions, importance of comorbidity, cognitive impairment, and adverse family environments. Pharmacotherapy of aggressivity and anger is reviewed.

**8. "Working With Conduct Disordered Males-The Bar None Treatment Model"**

*Colleen Koehler, MSW, LICSW, Bar None Residential Treatment Services for Children*

Juvenile crime is on the increase and effective intervention in a Conduct Disordered/Delinquent lifestyle is difficult. Our model incorporates the behavioral accountability necessary for change to occur as well as a cognitive-behavioral treatment component structured around the Thinking Error concepts developed by Stanton Samenow.

**9. "The Dance of Attachment"**

*Holly van Gulden, Adoptive Family Counseling Center*

From the first meeting, relationships follow predictable steps as human beings of all ages form attachments. The steps of the Dance of Attachment are rhythmic, following a pattern of approach, retreat, approach, retreat. This workshop will teach

the Dance of Attachment by teaching the stages of infant-parent relationships ages newborn to 3. We will also look at what happens when we and/or our children miss a step.

**10. "Children's Mental Health and the Schools-What Parents and Educators Need To Know"**

*William Dikel, M.D., Consulting Child and Adolescent Psychiatrist*

This presentation will give an overview of the types of mental health problems typically encountered in children and adolescents, how these disorders manifest themselves in the school setting, and the interventions that can be done by parents, educators and mental health professionals to encourage the students' optimal functioning.

**11. "Parenting Consultant: A New Role in High-Conflict Divorce"**

*Mindy F. Mitnick, Ed. M, MA, Uptown Mental Health Center; Karen K. Irvin, Ph.D, MN Mediation and Counseling Center*

High-conflict divorce represents an ongoing risk factor for children's mental health. The parenting consultant uses mediation and therapy strategies to assist high-conflict families in developing communication skills, conflict resolution skills and parenting skills. Participants will learn how to set up a parenting coordinator contract with families and how to assist families in achieving these goals. Case examples will be used to illustrate the challenges of helping parents make progress in reducing the impact of conflict on their children.

**12. "The How, When & Where of Accessing Legal Services"**

*Patti Buss, Attorney*

This workshop will help parents identify steps they can take to advocate for their children & families; and when needed how to locate an attorney who is knowledgeable about children's mental health issues.

# CONFERENCE AGENDA



11:30-12:15 Lunch I

12:15-12:55 Lunch II

1:00-2:15 **Keynote Speaker-Dr. Mary Pipher**  
**“Rebuilding our Families”**

2:15-2:45 **Book Signing by Dr. Pipher**  
**and Exhibits**

2:45-4:15 **Workshops 13-24**

## 13. “Origins of Violent Aggressivity in Children, Part II”

*Dennis Staton, M.D., University of North Dakota, School of Medicine*

This workshop reviews biologic and family origins of violent aggressivity in children, including heritable psychiatric conditions, importance of comorbidity, cognitive impairment, and adverse family environments. Pharmacotherapy of aggressivity and anger is reviewed.

## 14. “Suicide-It’s Everyone’s Concern”

*Vicki Bresson & Arlyn Nelson, SAVE (Suicide Awareness/Voices of Education)Board of Directors*

The presentation identifies brain diseases (depressive, manic-depressive, etc.), identifying the symptoms of the diseases and the symptoms of a suicidal person. Presenters speak from personal experiences within their families about medications and treatment. They will profile 6 young people who died by suicide-all different and not necessarily “high risk”, to address the stigma associated with the “type” of person who would take their own life. The presentation will address suicide prevention and post-vention, post-vention concerning what to do following a suicide death in a community. Concerns about contagion and copy-cat suicides will be discussed, as well as the grief associated with a suicide death and offer hope and help for survivors.

## 15. “Trends In Managed Mental Health Care”

*George Realmuto, MD, University of Minnesota.*

This presentation discusses trends in managed mental health care from a corporate community and Department of Human Services policy perspective. The presentation documents changes in mental health care delivery from three different perspectives. The views are remarkably similar although their positions within the health care framework are very different. The significance of nonprofit status for the evolution on managed mental health care in Minnesota will be highlighted.

## 16. “Strengthening Parenting Skills of Refugee Parents”

*Linda C. Gensheimer, LICSW and Richard Hoeun Hach, B.S., Community University Health Care Center*

This workshop will present a model of a parent education and support group for refugee and immigrant parents who are non-native English speakers and who have had limited educational experiences in their countries of origin. This model is based on the presenters’ six month experience in doing a parenting group with Cambodian parents.

## 17. “Empowering Parents: Strategies That Work”

*Polly Niederloh, MA, LP; Phil Sandahl*

It’s one of those fundamental truths: you can’t give what you don’t have. To have resilient kids we need to be resilient parents. To have empowered kids, we need empowered parents. That is the focus of this workshop. This session is filled with good ideas, demonstrations and interactions. And it will be fun! You will walk away with useful methods that will give you more parenting resources and more confidence.



# MONDAY, FEBRUARY 3, 1997

7:30 pm	<b>Awards Banquet</b> Featuring Comedian Maxine Jeffris	
6:00 pm	<b>Social Hour</b>	
5:30 pm	25. "Children and Death/Grief Issues" Richard Oberstraw Lewis	26. "The Tourette Traveling Troupe" Tourette Syndrome Association Lindbergh
4:20 pm	27. "Facilitating Successful Adaptation in Adoptive Families" Leah Abersheim Room B	28. "Children Healing through Play Therapy" Gail Anderson Wilder
4:15 pm	29. "Development of Dysfunctional Stress in Families with a child with ADHD" Susan C. Jenkins MN North	30. "Competitive Community Based Employment with Students with Emotional/Behavioral Disorders" Finn/Schmitt/Weich Whittier
2:45 pm	31. "The 'Lovaas' Model of Early Intervention: Achieving Recovery from the Symptoms of Autism by the First Grade" Lisson/Reed/Moory Howe	32. "TEFRA" Lola Jahnke Room D
2:15 pm	33. "Not Getting The 'Knock-Knock' Jokes—Understanding the Child with a Nonverbal Learning Disability" Barbara Nichols Stuebner	34. "Helping Children Survive The Storms of Life" Edie Julik MN South
2:15 pm	35. "The Doors Are Open: Reasonable Accommodations in Higher Education" Barbara Blocklock Room A	36. "Building Parent Organizations and Support Networks" Reabe/Knol Fitzgerald
2:15 pm	36.5. "Street Drugs" William J. Payne Quinn	
2:15 pm	<b>Book Signing by Dr. Pipher and Exhibits</b>	
1:00 pm	<b>Keynote Speaker—Dr. Mary Pipher</b> "Rebuilding our Families"	
12:55 pm	13. "Origins of Violent Aggressivity in Children, Part II" Dennis Stalon Northland East	14. "Suicide-it's Everyone's Concern" Vicki Blesson & Arlyn Nelson Lewis
12:15 pm	15. "Trends in Managed Mental Health Care" George Reamuto Howe	16. "Strengthening Parenting Skills of Refugee Parents" Linda C. Gensheimer & Richard Heeun Hash Whittier
12:15 pm	17. "Empowering Parents: Strategies That Work" Polly Niederich & Phil Sandahl Northland South	18. "Everything Children Need to Know About Sex But You Hoped They Wouldn't Ask" Sandy Jascko & Nancy Holden Quinn
12:15 pm	19. "SED and Violent Youth" Roger Clarke Fitzgerald	20. "Multiple System Kids with Mental Health Issues: Coordination of Rights, Protections & Entitlements" Kosroff/Case/Quinn/Rasmussen Wilder
12:15 pm	21. "Street Drugs" William J. Payne Rescheduled, see 36.5	22. "Federal and State Legislative Updates" John Zakej, Don Allen & Louise Brown Stuebner
12:15 pm	23. "Obsessive Compulsive Disorder in Children and Adolescents: Recognition, Treatment and Prognosis" Elizabeth Reeve Northland West	24. "Promoting Healthy Girls, Girl Friendly Services & Communities" Paula W. Schater MN North
11:30 am	1. "Working with and meeting the needs of the African American Client" Jeffrey M. Phillips Stuebner	2. "Girls with emotional and behavioral disorders (EBD): Implications for schools." Hunter/Ryan MN North
11:30 am	3. "Ending Family Violence: Men Taking Responsibility" Neil Tift Howe	4. "Parents as Partners in Collaborative Service Delivery" Kos/Mountain/Kraft Lewis
11:30 am	5. "Never Underestimate The Power of the Relationship" James W. Keenan Northland West	6. "Advocating for your child in special education and getting acquainted with managed care" Barb Sorum & Sandy Holmstoen Lindbergh
11:30 am	7. "Origins of Violent Aggressivity in Children, Part I" Dennis Stalon Northland East	8. "Working with Conduct Disordered Males—The Bar None Treatment Model" Colleen Koehler Quinn
11:30 am	9. "The Dance of Attachment" Holly van Gulden Wilder	10. "Children's Mental Health and the Schools—What Parents and Educators Need To Know" William Dikel Northland South
11:30 am	11. "Parenting Consultant: A New Role in High-Conflict Divorce" Mindy Minick & Karen Irvin Whittier	12. "The How, When & Where of Accessing Legal Services" Patti Buss Fitzgerald
10:15 am	12. "The How, When & Where of Accessing Legal Services" Patti Buss Fitzgerald	
10:00 am	<b>Registration—Continental Breakfast</b>	
8:00 am	<b>Registration—Continental Breakfast</b>	

# TUESDAY, FEBRUARY 4, 1997



7:30 am  
9:00 am  
10:00 am  
10:15 am  
11:30 am  
12:15 pm  
12:55 pm  
1:00 pm  
2:00 pm  
2:30 pm  
3:45 pm  
3:55 pm  
4:00 pm  
5:00 pm

Parent Breakfast - 7:30-9:30 am, Speaker-Polly Niederloh		Registration—Continental Breakfast - 8:30 am	
<p><b>Keynote Speakers—Dr. Brenda Townsend &amp; Dr. Paulette Walker</b>  <b>“Families and Schools Working Together: Improving the Social Development of Children and Youth from Diverse Cultures”</b></p>			
<b>Break</b>			
37. “Manufactured Messages: The Role of the Media on Girl’s Self-Esteem” Robin Livingston-Richter <i>Lewis</i>	Lunch I		
43. “Therapeutic Intervention for Attachment-Disordered Children” John Sobraske	MN South	Lunch II	
38. “Helping Families Cope with Suicidal Behavior in Pre-Adolescent Children” Sue Keller <i>Quinn</i>	Lunch I		
44. “Living with An Angry Child” Holly van Gulden	Northland East	Lunch II	
39. “Making Discipline Positive” Nathan R. Miller & Theresa Feldt <i>Northland South</i>	Lunch I		
45. “The Connection Between Resiliency, Family Strength and Empowerment: Implications for Service Delivery” Ted Bowman <i>Howe</i>	Lunch I	Lunch II	
40. “Access, Voice and Ownership” Dooley/Hall/Langworthy/Jelinek-Oien <i>Whitler</i>	Lunch I		
46. “Toddler Day Treatment: Family Intervention for Autism” Sue Pederson, Pat Pulice & Becky Anderson <i>Lindbergh</i>	Lunch I	Lunch II	
41. “Building Bridges” Cindy Shevlin-Woodcock & Denise Kirnis <i>Whitler</i>	Lunch I		
47. “Medication Management of ADHD and Related Problems” A.W. Atkinson <i>Fitzgerald</i>	Lunch I	Lunch II	
42. “Conflict, Communication and Collaboration” Barbara Blackstone <i>Stuebner</i>	Lunch I		
48. “Moving from Risk Towards Resiliency” Mary Hoopman <i>MN North</i>	Lunch I	Lunch II	
<b>Keynote Speaker—Dr. David Walsh</b> “Media and the Mind”			
<b>Book Signing—Dr. David Walsh &amp; Exhibits</b>			
49. “Culturally Specific Parent Empowerment” Sunday Clay/ika <i>Whitler</i>			
55. “Working Effectively with African American Children” Thomas C. Lockett <i>Howe</i>			
50. “Unplug Your Kids” Beth Zeilinger <i>Lindbergh</i>			
56. “The Value of Male Initiation” Beverly St. John & Jack Brightnose <i>Room B</i>			
51. “Children’s Mental Health Collaboratives: Update on Minnesota’s Effort” Wobehl/rausch/Scheer/Weise <i>Quinn</i>			
57. “Pervasive Development Disorder: When It Takes a Village” Barbara J. Roland Martinek <i>Whitler</i>			
52. “The Value of Arts in Special Education” Panel with representatives from Secondary Education <i>Stuebner</i>			
58. “Genetics: The Missing Piece in Diagnosis, Treatment and Management” Kirstin Peterson <i>Fitzgerald</i>			
53. “Misunderstood Children and Youth- Appreciating Differences” A.W. Atkinson <i>Lewis</i>			
59. “Talking with a Child about Possible Sexual Abuse: A Model for Mandated Reporters” Anne Nuenberg <i>MN North</i>			
54. “Child Suicide in Minnesota: What Can We Do?” Jon Roesler & Laurel Briske <i>Room A</i>			
60. “Rambo? I Love Lucy? Aunt Bee? or Columbo? What’s your Parenting Style?” Polly Niederloh <i>MN South</i>			
<b>Closing Ceremony</b> <b>Entertainment</b> <b>Drawing For Prizes</b>			

# CONFERENCE AGENDA



## 18. "Everything children need to know about sex but you hoped they wouldn't ask"

*Sandy Jasko, Public Health Nurse; Nancy Holden, Health Educator, Annex Teen Clinic*

This workshop will address sexuality concerns and questions of children ages birth to nineteen. Children today are developing faster and going through puberty earlier than even one generation ago. Learn ways to keep communication channels open when discussing sexuality issues with children and adolescents.

## 19. "SED and Violent Youth"

*Roger Clarke, Side by Side Institute*

This workshop will address the importance of cultural competence in the treatment of SED children.

## 20. "Multiple System Kids with Mental Health Issues: Coordination of Rights, Protections & Entitlements"

*Kathy Kosnoff, Atty, MN Disability Law Center; Barb Case, Atty, MN Disability Law Center; Irene Opsahl, Atty, Legal Aid Society of Minneapolis; Candace Rasmussen, Chief Public Defender, Winona*

Discussion of the rights and entitlements retained despite being petitioned or adjudicated as delinquent or as CHIPS, including Extended Juvenile Justice issues. Overview of federal and state statutory requirements in education, social/child protection services, mental health care and treatment, and the interplay between the various systems and mandates.

## 21. "Street Drugs"

*William J. Payne, MA, Mpls. Community & Technical College*

**Rescheduled to 4:20-5:30 PM  
Monday, February 3, 1997  
Workshop Number is 36.5**

## 22. "Federal and State Legislative Updates"

*John Zakelj & Don Allen, Dept of Human Services; Louise Brown, Family & Children's Services*

This workshop will look at federal and state reforms, what changes are already in place and how they impact mental health and health care. It will also look at what is on the agenda for the 1997 Legislative sessions.

## 23. "Obsessive Compulsive Disorder in Children and Adolescents: Recognition, Treatment and Prognosis"

*Elizabeth Reeve, MD, Ramsey Clinic-Dept. of Psychiatry*

This presentation will address the recognition and diagnosis of obsessive compulsive disorder in children and adolescents. There will be a review of the current understanding regarding the neurobiology of the disorder, the genetics and family history, co-morbid psychiatric diagnosis found with Obsessive Compulsive Disorder, prognosis for these children, and current treatment modalities.

## 24. "Promoting Healthy Girls, Girl Friendly Services & Communities"

*Paula M. Schafer, Planner for Adolescent Girls, MN Dept. of Corrections*

The drop in self-esteem that pre-adolescent girls experience is well documented by researchers. This workshop will examine the societal factors that may lead to this drop in self-esteem and how these factors place girls at a higher risk for abuse, depression, teen pregnancy, eating disorders, and antisocial behaviors. The presenter will discuss how service providers (and parents) can assist girls in navigating the difficult waters of adolescence to reach mature adulthood. Participants will learn how to network with other service providers, agencies and their communities to develop an effective continuum of care model designed specifically for girls.

**4:20-5:30 PM**

**Workshops 25-36**

# CONFERENCE AGENDA



## 25. "Children and Death/Grief Issues"

*Richard Obershaw, LICSW, Grief Center*

This workshop presentation is designed to enable the participant to deal with children's reactions surrounding death. Throughout the program the emphasis is shifted between the needs of the child and the needs of the professional as they relate to death, dying, grief and funerals.

## 26. "The Tourette Traveling Troupe"

*Tourette Syndrome Association, Minnesota Chapter*

This is an informative and entertaining play. It is about Tourette Syndrome and how it may effect some people. The students performing are volunteers in elementary, junior and senior high school. These students helped write this play in conjunction with CLIMB Theatre.

The students either have Tourette's or they have siblings or friends with Tourette's. The play is approximately 30 minutes, followed by a question and answer session.

## 27. "Facilitating Successful Adaptation in Adoptive Families"

*Leah Albersheim, Ph.D., LP, Park Nicollet Medical Center*

This presentation identifies issues that are central to an understanding of the adoption process. Factors that must be considered in facilitating successful adaptation in adoptive families are addressed.

## 28. "Children Healing through Play Therapy"

*Gail Anderson, MA, LP; Lutheran Social Service*

This presentation examines the basics of play therapy, a way of working with children in a setting where they are unguarded. Play is a primary language for children and meeting them in their world promises much better results therapeutically.

## 29. "Development of Dysfunctional Stress in Families with a child with ADHD"

*Susan C. Jenkins, MD, Associates 2000, P.A.*

Families rearing children with Attention-Deficit Hyperactivity Disorder have serious obstacles. Not only are these families dealing with a child with a chronic health problem, they also are raising a child who does not respond to discipline in ordinary, predictable ways, and the invisible disability cuts off social supports. This workshop will address this as well as adaptations that can help families function.

## 30. "Competitive Community Based Employment with Students with Emotional/Behavioral Disorders"

*Tim Finn & Julie Schmitt, Midwest Special Services; Marie Welch, Crossroads*

Students with EBD and competitive community based employment...and you thought it could never happen....!

Join Midwest Special Services and Crossroads School & Vocational Center representatives and discover how they do it!

## 31. "The "Lovaas" Model of Early Intervention: Achieving Recovery from the Symptoms of Autism by the First Grade"

*Eric V Larsson, Ph.D., LP, Board Member of the Autism Behavior Therapy Alliance; Diane Rearden, Parent; Mary Norby, Parent*

Parents and professionals will describe the methods and results of behavior therapy with young children challenged with autism and related disabilities. Parents who have used this behavior therapy in MN will discuss their own experiences and how they accessed the services, and professionals will also briefly describe how to do the behavior therapy using a video of the therapy for reference.

## 32. "TEFRA"

*Lola Jahnke, MN Dept. of Health-MN Children with Special Health Needs*

This presentation will review pertinent findings of a survey conducted of the children with special needs and their families on the TEFRA Option. The analysis includes a separate detailed review of the children with a mental health diagnosis.

# CONFERENCE AGENDA



### 33. "Not Getting The "Knock-Knock Jokes- Understanding the Child with a Nonverbal Learning Disability"

*Barbara Nichols, SLP/CCC, Associates 2000, P.A.*

Participants will become familiar with the concept of the nonverbal learning disability. The idea that development of right brain function precedes and is a necessary prerequisite for normal left brain development will be explored. The rather global effects on social skills, the more subtle aspects of language, and adaptation to novelty that the nonverbal learning disability presents to the child will be explained. A questionnaire will be shared which highlights the most salient features of the nonverbal learning disability.

### 34. "Helping Children Survive The Storms of Life"

*Edie Julik, Author, Kidsail/Best of Small Press Publishers*

The goal of this presentation is for participants to learn positive ways to help your children deal with adversity. Suggestions will be appropriate for young children and will include interaction with the audience. The arts will be stressed as a way of getting in touch with feelings and expressing them.

### 35. "The Doors Are Open: Reasonable Accommodations in Higher Education"

*Barbara Blacklock, MA, LISW, Disability Specialist, University of Minnesota*

This presentation will provide information on how to assist young adults with mental illness make a successful transition to higher education. The presenter, a Disability Specialist at the U of M will share proactive strategies utilized by students with psychiatric disabilities at the University.

### 36. "Building Parent Organizations and Support Networks"

*Carol Raabe and Jeorgette Knoll, MACMH Board of Directors*

This workshop will look at the "how to's" of starting a parent organization or support network in your community. It will include a presentation of specific action items and a dialogue about prioritizing needs.

### 36.5. "Street Drugs"

*William J. Payne, MA, Mpls. Community & Technical College*

Cocaine, Crack, and Marijuana are drugs which directly impact your clients/patients and community. This workshop is a broad based survey designed to acquaint participants with the biochemical, psychological and sociological aspects of these mind altering drugs.

5:30-6:00 PM

Social Hour

6:00-7:30 PM

Awards Banquet featuring comedian Maxine Jeffris

## OVERVIEW OF TUESDAY, FEBRUARY 4, 1997

7:30 - 9:00 AM

Registration

8:30 - 9:00 AM

Continental Breakfast

7:30 - 9:00 AM

Parent Breakfast-Speaker  
Polly Niederloh

9:00 - 10:00 AM

Keynote - Dr. Brenda Townsend  
and Dr. Paulette Walker

10:00 - 10:15 AM

Break

10:15 - 11:30 AM

Workshops 37-42 (Lunch I)

10:15 - 12:15 PM

Workshops 43-48 (Lunch II)

11:30 - 12:15 PM

Lunch I

12:15 - 12:55 PM

Lunch II

1:00 - 2:00 PM

Keynote - Dr. David Walsh

2:00 - 2:30 PM

Booksigning and Exhibits

2:30 - 3:45 PM

Workshops 49-54

2:30 - 3:55 PM

Workshops 55-60

4:00 - 5:00 PM

Closing

## TUESDAY, FEBRUARY 4, 1997

7:30-9:00 AM

Parent Breakfast

*(Parents please join us for breakfast.*

*Speaker—Polly Niederloh, a psychologist who uses humor in her practice and her life, will be with us to inspire and energize us.)*

7:30-9:00 AM

Registration  
Continental Breakfast

9:00-10:00 AM

Keynote Speakers  
Dr. Brenda Townsend &  
Dr. Paulette Walker

**"Families and Schools Working Together:  
Improving the Social Development of  
Children and Youth from Diverse Cultures"**

# CONFERENCE AGENDA



**10:15-11:30 AM Workshops 37-42**  
(Please attend Lunch I - 11:30-12:15)

**37. "Manufactured Messages: The Role of the Media on Girl's Self-Esteem"**

*Robin Livingston-Richter, MSW, LICSW, Manager of Marketing and Member Services; The National Institute on Media and the Family.*

We live in a media saturated society and are inundated with images and messages about how females should look, feel, and behave. What messages are girls and female adolescents receiving about themselves from the media? Learn ways to resist these manufactured messages and how to teach our daughters to be media literate.

**38. "Helping Families Cope with Suicidal Behavior in Pre-Adolescent Children"**

*Sue Keller, Psy.D., Fairview Riverside Medical Center*

This presentation will address suicide assessment, risk factors, and treatment of suicidal behavior in pre-adolescents. Emphasis will be placed on strategies and resources that families can access for intervention.

**39. "Making Discipline Positive"**

*Nathan R. Miller, After Care Worker & Theresa Feldt, MSW, LGSW, Case Manager; Isanti Boy's Ranch*

Making discipline positive is a model of discipline that not only modifies behavior, but creates responsible, resourceful and self-disciplined young people. It uses methods of discipline that teach rather than train. It increases self esteem as it empowers young people while still inducing the behavioral changes that parents or educators desire. Making discipline positive is critical to making discipline effective. This session discusses respectful effective methods for inducing behavioral change in both children and adolescents.

**40. "Access, voice and ownership"**

*Doug Dooley, Linda Hall-Coordinators, Children's Mental Health Collaborative of Dakota County;*  
*Susanne Langworthy, Linden Center;*

*LuAnn Jelinek-Olen, Project Dakota*

Facilitators of the wraparound model for the Children's Mental Health Collaborative of Dakota County present how they develop support teams with families that provide individualized plans of service for their children.

**41. "Building Bridges"**

*Cindy Shevlin-Woodcock, Special Education Coordinator, Centennial District 12; Denise Kirmis, Anoka County Children's Mental Health*

"Building Bridges" is a conceptual framework for integrating mental health and educational services. Anoka County and Centennial School District saw an opportunity to address the changing needs of children and youth with emotional/behavioral disorders by developing a comprehensive service delivery system that is pro-family, school based and responsive to the needs of individuals.

**42. "Conflict, Communication and Collaboration"**

*Barbara Blackstone, M.A., Mediation Counselor, MN Office of Dispute Resolution/ MN Special Education Mediation Services*

MNSEMS (Minnesota Special Education Mediation Services), established in 1992, has helped parents and school districts resolve conflicts in over 90% of the cases brought to it. In this workshop you will learn how MNSEMS uses collaboration to assist parties reach resolution and you will learn conflict resolution techniques you can use everyday.

**10:15 AM-12:15 PM Workshops 43-48**  
(Please attend Lunch I I-12:15-12:55)

**43. "Therapeutic Intervention for Attachment-Disordered Children"**

*John Sobraske, Director of Counseling and Respite Services, Resources for Adoptive Parents*

Children with attachment problems have deep-seated wounds which occur early in life. This workshop will explore some of the current therapeutic interventions for these children so needy of love and yet so scared to receive it.

# CONFERENCE AGENDA



## 44. "Living With An Angry Child"

*Holly van Gulden, Adoptive Family Counseling Center*

Children struggling with unresolved loss and/or poor attachment often exhibit acute episodes of rage and chronic or intermittent patterns of passive-aggressive non-compliance. These behaviors can and do trigger angry responses, sometimes rage, in parents and siblings. This workshop will analyze anger and rage, teaching techniques for avoiding continual battles, managing healthy anger resolution, de-escalating rage episodes and establishing a healthy, joyful family environment.

## 45. "The Connection Between Resiliency, Family Strength and Empowerment: Implications for Service Delivery"

*Ted Bowman, Trainer/Educator*

In this practice-oriented session, clarification of the connections of resiliency, family strengthening, and empowerment to work with children, their families, and among and between staff and other professionals will be included. The session will be especially geared to practitioners, but others are also welcome.

## 46. "Toddler Day Treatment: Family Intervention for Autism"

*Sue Pederson, MS, LP; Pat Pulice, MA, LP; Becky Anderson, Fraser Child & Family Center*

This presentation will include video and focus on identifying necessary developmental tasks missed, on intervention strategies for teaching these skills to young children with autism, and on models for meeting parental needs.

## 47. "Medication Management of ADHD and Related Problems"

*A.W. Atkinson, M.D., Associates 2000, P.A.*

Medication is one component in the comprehensive management of Attention

Deficit Hyperactivity Disorders. This presentation will review briefly the diagnosis and management of ADHD and then discuss in more detail a variety of medications which have proven helpful in realizing the healthy development of those who have ADHD and related disorders.

## 48. "Moving From Risk Towards Resiliency"

*Mary Hoopman, Minneapolis Public Schools-Health Related Services*

Historically, researchers and educators alike have focused on identifying factors that put children "at risk" and developing programs/services that are responsive to the problems they face. A number of researchers have expanded their vision to look not only at what puts children at risk, but also at what helps them survive. This workshop offers participants the opportunity to reframe the way they think about students at risk and examine school-based, family centered and community-based strategies for supporting resilience and promoting positive youth development in all children.

**11:30-12:15 PM**

**Lunch I**

**12:15-12:55 PM**

**Lunch II**

**1:00-2:00 PM**

**Keynote Speaker -  
Dr. David Walsh**

**"Media and the Mind"**

**2:00-2:30 PM**

**Book signing-Dr. David Walsh  
& Exhibits**

**2:30-3:45 PM**

**Workshops 49-54**

## 49. "Culturally Specific Parent Empowerment"

*Sunday Olayinka, Department of Human Services, Mental Health Division*

The goal of the session is to present different models of culturally appropriate parent self-help models around the state. Participants will learn what skills are needed for parents to be empowered with the knowledge, skills and confidence to effect positive change for families. You will learn how you can develop and provide culturally appropriate self-help groups to meet the needs of family and children in your community.

# CONFERENCE AGENDA



## 50. "Unplug Your Kids"

*Beth Zeilinger, Manager, Children's Impact Statement Project; The National Institute on Media and the Family.*

Mass media has changed qualitatively and quantitatively in the last 30 years. Until adults become aware of the changes, we unintentionally contribute to the negative consequences that media have on our young people, our families and our culture. The first step in changing this dynamic is becoming aware of the nature and process of the mass media and the roles it plays in an individual household, and then in the community. The next step is to assess what changes need to be made to make the value messages in our children's lives more consistent. And the last is to make this conversation a community conversation.

## 51. "Children's Mental Health Collaboratives: Update on Minnesota's Effort"

*Gordon Wrobel, MN Dept. of Children, Families & Learning; Brenda Pautsch, Dept. of Corrections; Marie Scheer, MN Dept. of Health; Jill Weise, Dept. of Human Services.*

This session will give a brief overview of the Children's Mental Health Act. The panel will provide participants with descriptions of efforts generated in their respective agencies. A focus of the presentation will be providing an update on local efforts to develop local systems of care. Special attention will be given to information on how to get involved with this initiative.

## 52. "DIALOGUE: The Arts in Special Education"

After a brief introduction by the individual panel members, the audience will be invited to join in a discussion of how the arts can be used in special education to facilitate successful learning experiences for students with emotional behavioral disabilities.

### *Members of the Panel*

*Karenlee Alexander, Professor of Education, Special Education Program Coordinator, Bemidji State University*

*Marleyne Chula, Resource Specialist, Teacher of gifted and talented, Special Education, Albuquerque Public Schools, elementary level.*

*Mike Lambrecht, Art Teacher, Sauk Center Home School, Correctional Facility.*

*Joseph C. Ordos, E/BD Instructor, Spring Lake Park High School.*

*Paula Schaefer, Planner for Adolescent Girls, Department of Corrections, State of Minnesota.*

*Sharon Votel, Program Instructor, Intermediate District 917, Youth Transition Program, Associate Professor, Adjunct Faculty, St. Mary's University.*

## 53. "Misunderstood Children and Youth- Appreciating Differences"

*A.W. Atkinson, M.D., Associates 2000, P.A.*

Variations in normal intellectual strengths and temperament are among the reasons why some children and adolescents do not live up to expectations academically and behaviorally. The Theory of Multiple Intelligences and the concepts of temperamental variation will be presented as a means of understanding performance and behavior, thereby improving relationships and fostering self-esteem through more realistic expectations.

## 54. "Child Suicide in Minnesota: What Can We Do?"

*Jon Roesler, MS, Injury & Violence Prevention, MN Dept. of Health; Laurel Briske, RN, MA, CPNP, Injury & Violence Prevention, MN Dept. of Health*

Prevention of child suicide involves more than a single strategy because it is a complex, multi-determined behavior. A public health perspective on the issue will be presented, including: • the epidemiology of child suicide, • a strategy developed and implemented by the MN Dept. of Health and, • guidelines from the Centers for Disease Control and Prevention for reporting of suicide by the media.

**2:30-3:55 PM**

**Workshops 55-60**

## 55. "Working Effectively With African American Children"

*Thomas C. Lockett, Director, Sheriffs Youth Programs/Isanti*

This is a culturally specific workshop exploring issues that may get in the way of working with African American youth. Suggestions on how trust and self-esteem may be increased in working with our African American youth which will promote improved mental health for our youth. Videos, small group experiences and a panel of African American youths to share their perspectives will be provided.

# CONFERENCE AGENDA



**56. "The Value of Male Initiation-An American Indian Seminar That Examines What Happens To An American Male When His Emotional Body Is Not Activated"**

*Beverly St. John, Anishinabe Center & Independent Advocate; Jack Brightnose*

The ancient American Indian Medicine Wheel symbolizes the four directions of wisdom. These are the natural forces that govern the balance of a healthy life. Come and listen to provocative perspectives of American Indian tradition and understand why America is losing their children at such a massive and alarming rate.

**57. "Pervasive Developmental Disorder: When It Takes A Village"**

*Barbara J. Rolland Martinek, RN*

Both as a parent of a child with PDD and a professional who has worked in the field for 30 years, the presenter will discuss the journey a family may find themselves on when one of their children develops at a different rate...when signs that begin to show are strange, bizarre and frightening. How does this happen and what can we do? Where do we go for help and how do we cope?

How does this impact the child, siblings, mother, father, grandparents and others, and what does it really mean to be a child's advocate?

**58. "Genetics: The Missing Piece in Diagnosis, Treatment and Management"**

*Kristin Peterson, MS, MN Dept. of Health*

This presentation will address three areas, including describing the goals and approaches employed in a genetics evaluation; information on who may benefit from a genetics referral and how to access these services; and an introduction to current research in the field of behavioral genetics. Audience participation will be actively sought.

**59. "Talking With A Child About Possible Sexual Abuse: A Model for Mandated Reporters"**

*Anne Nuernberg, Interview Specialist, Cornerhouse-Interagency Child Abuse Evaluation Center*

Many mandated reporters are unsure how to respond to a child who tells about sexual abuse, and are even more unsure about how to approach a child about whom they may be concerned. Cornerhouse has developed a straight-forward, practical process for talking with children about this difficult subject that facilitates effective reporting. The presentation also includes developmentally normal vs. concerning sexually-related behaviors, dynamics of child sexual abuse, how children typically disclose abuse, and a video demonstration.

**60. "Rambo? I Love Lucy? Aunt Bee? or Columbo? What's your parenting style?"**

*Polly Niederloh, MA, LP*

This highly interactive and fast-paced workshop will help you discover ways to understand, accept and tailor your style of parenting to get the results you want in your family. Understanding the differing behavioral styles of your family members will assist you in more effectively managing your family. Using the DISC Personality Assessment System you will learn how to:

- create a family environment that promotes success.
- anticipate and minimize potential conflicts.
- deepen communication and understanding.
- enhance self-esteem, • increase motivation.

**4:00-5:00 PM**

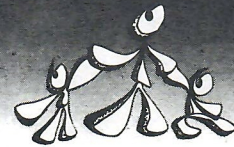
• **Closing Ceremony**

• **Entertainment**

• **Drawing For Prizes - Includes: Color Television**

**Personal Stereo System with CD**

**Plus Many Other Fun Prizes**



## Exhibitors

Allina Health System,  
Behavioral Health Services  
800 East 25th Street  
Minneapolis, MN 55407  
(612)863-8871

Amherst H. Wilder Foundation  
919 Lafond Avenue  
St. Paul, MN 55104  
(612)642-2034

Archdeacon Gilfillan Center  
1741 West 15th Street  
Bemedji, MN 56601  
(218)751-6553

Autism Behavior Therapy Alliance  
1532 University Avenue W, #101-110  
St. Paul, MN 55104  
(612)927-0017

Autism Resource Network  
5123 Westmill Road  
Minnetonka, MN 55345  
(612)988-0088

Camp Buckskin  
8700 West 35th Street, Suite 6W  
St. Louis Park, MN 55426  
(612)930-3544

Community Public Relations Initiative  
1821 University Avenue W, Suite N396  
St. Paul, MN 55104  
(612)644-7333 or 1-800-528-4511

Curriculum Assoc./Troll Assoc.  
1908 Techny Ct  
Northbrook, IL 60062  
(847)564-3617

Department of Human Services  
444 Lafayette Road  
St. Paul, MN 55155  
(612)296-6117

Discovery Toys  
3754 115th Ave NW  
Coon Rapids, MN 55433  
(612)422-9846

Dorling Kindersley Family Library  
5740 Wood Duck Avenue  
Shorewood, MN 55331  
(612)474-8948

Fairview Behavioral Services  
2450 Riverside Avenue  
Minneapolis, MN 55454  
(612)672-6168

Family Alternatives  
416 E. Hennepin  
Minneapolis, MN 55414  
(612)379-5347

Fraser Child and Family Center  
2520 Minnehaha Ave S  
Minneapolis, MN 55404  
(612)729-6001

Gerard Treatment Programs  
6009 Wayzata Blvd, Suite 114  
St. Louis Park, MN 55416  
(612)546-6996

Growing Communities for Peace  
16542 Orwell Road North  
Marine on St. Croix, MN 55047  
(612)433-4303

Homme Youth and Family Programs  
PO Box G  
Wittenberg, WI 54499  
(608)277-7970

Howbrite Solutions, Inc.  
12254 25th Street SW  
Cokato, MN 55321  
(320)286-2597

Leo A. Hoffman Center  
105 South 3rd Street  
St. Peter, MN 56082  
(507)931-6122

Metropolitan Community Mental Health Ctr  
2201 Blaisdell Avenue South  
Minneapolis, MN 55404  
(612)871-2273

MN Association for Children's Mental Health  
(MACMH)  
1821 University Avenue S, Suite N396  
St. Paul, MN 55104  
(612)644-7333 or 1-800-528-4511

MN Bio-Brain Association  
6950 France Avenue South  
Edina, MN 55435  
(612)922-6916

MN Council of Child Caring Agencies  
26 East Exchange Street  
St. Paul, MN 55101  
(612)290-6264

MN Human Service Associates  
570 Asbury Street, #105  
St. Paul, MN 55104  
(612)645-0688

MN Special Education Mediation Services  
(MNSEMS)  
340 Centennial Office Building  
St. Paul, MN 55155  
(612)297-4635

PATH  
2324 University Avenue, Suite 120  
St. Paul, MN 55114  
(612)642-5364

Recovery, Inc.  
1627 Sunset Street  
Albert Lea, MN 56007  
(507)373-9094

Salvation Army Booth Brown House  
1471 Como Avenue  
St. Paul, MN 55108  
(612)646-2601

Social Service Network  
2402 University Avenue  
St. Paul, MN 55114  
(612)645-8540

St. Cloud Children's Home  
1726 7th Avenue South  
St. Cloud, MN 56301  
(320)251-8811

St. Joseph's Home for Children  
1121 East 46th Street  
Minneapolis, MN 55407  
(612)827-9311

St. Paul Rehabilitation Center  
709 University Avenue West  
St. Paul, MN 55104  
(612)293-6644

Survival Skills Institute  
1501 Xerxes Avenue North  
Minneapolis, MN 55411  
(612)522-6654

The Nat'l Institute on Media & the Family  
2450 Riverside Avenue South  
Minneapolis, MN 55454  
(612)672-5437

The Wilson Center  
1800 NE 14th Street  
Faribault, MN 55021  
(507)334-5561

UCare Minnesota  
2550 University Avenue W, #201S  
St. Paul, MN 55114  
(612)647-2632

# MN Association for Children's Mental Health Resource List

**Alliance for the Mentally Ill  
of Minnesota, Inc.**  
970 Raymond Ave., #105  
St. Paul, MN 55114-1146  
612-645-2948

**Arc Minnesota**  
3225 Lyndale Ave. S.  
Minneapolis, MN 55408  
612-827-5641 or 1-800-582-5256

**Autism Resource Network**  
5123 Westmill Road  
Minnetonka, MN 55345  
612-988-0088

**Children with Attention Deficit  
Disorders (ChADD)**  
c/o Arc Hennepin County  
Diamonds Hills Center  
4301 Hwy. 7, Suite 140  
Minneapolis, MN 55416-5810  
612-922-5761

**Department of Health  
Maternal and Child Health**  
717 SE Delaware St.  
Minneapolis, MN 55414  
612-623-5265

**Department of Human Services  
(DHS), Mental Health Division**  
444 Lafayette Road  
St. Paul, MN 55155  
612-296-4497

**Health and Wellness Program  
St. Paul-Ramsey Medical Center**  
640 Jackson Street  
St. Paul, MN 55101  
612-221-2719 or 612-221-3761 TTY

**The Juvenile Justice Project of  
The Legal Aid Society of Minneapolis**  
2929 4th Avenue S.  
Minneapolis, MN 55408  
612-827-3774

**Learning Disabilities of Minnesota**  
400 Selby, Suite D  
St. Paul, MN 55102-4508  
612-222-2696 or 1-800-488-4395

**Mental Health Association of Minnesota**  
2012 E. Hennepin Ave., Suite 412  
Minneapolis, MN 55413  
612-331-6840 or 1-800-862-1799

**Minnesota Association for Children's Mental Health**  
1821 University Ave. W., Suite N396  
St. Paul, MN 55104  
612-644-7333 or 1-800-528-4511

**Minnesota Bio-Brain**  
6950 France Ave. S., Suite 215  
Minneapolis, MN 55435  
612-922-6916

**Minnesota Department of Children, Families and  
Learning - Office of Special Education**  
828 Capitol Square Building  
St. Paul, MN 55101  
612-296-6481

**Minnesota Depressive & Manic Depressive Assoc.**  
2021 East Hennepin Ave., Suite 412  
Minneapolis, MN 55413  
612-379-7933

**Minnesota Disability Law Center  
Mental Health Advocacy Project  
Client Assistance Program (CAP)**  
430 1st Ave. N., Suite 300  
Minneapolis, MN 55401-1780  
612-332-1441 or 612-334-5970 intake  
1-800-292-4150

**Office of the Ombudsman for Mental Health  
and Mental Retardation**  
Suite 202, Metro Square Bldg.  
7th and Robert Place  
St. Paul, MN 55101-2115  
612-296-3848 or 1-800-657-3506

**PACER (Parent Advocacy Coalition for  
Educational Rights) Center**  
4826 Chicago Ave. S.  
Minneapolis, MN 55417-1098  
612-827-2966 or 1-800-53-PACER

**Tourette Syndrome Association  
Minnesota Chapter**  
3325 Lyndale Ave. S.  
Minneapolis, MN 55408  
612-827-1774

**Twin Cities Autism Society**  
970 Raymond Ave., Suite 101  
St. Paul, MN 55114  
612-647-1083