



7th Annual Infant & Early Childhood Multidisciplinary Conference

November 17 – 19, 2024

WELCOME early care and education professionals, mental health professionals, home visitors, public health and child welfare professionals, and all others who support young children prenatal-6 and their families and caregivers.

We are here to promote infant and early childhood mental health principles to inform practice across disciplines. and brings together a vast network of multidisciplinary professionals from across the state who all work with young children, their families and caregivers.

DIVERSITY-INFORMED TENETS FOR WORK WITH INFANTS, CHILDREN, AND FAMILIES

Irving Harris Foundation Professional Development Network Tenets Working Group



THE TENETS

DIVERSITY-INFORMED TENETS FOR WORK
WITH INFANTS, CHILDREN & FAMILIES

CENTRAL PRINCIPLE FOR DIVERSITY-INFORMED PRACTICE

1. Self-Awareness Leads to Better Services for Families:

Working with infants, children, and families requires all individuals, organizations, and systems of care to reflect on our own culture, values and beliefs, and on the impact that racism, classism, sexism, able-ism, homophobia, xenophobia, and other systems of oppression have had on our lives in order to provide diversity-informed, culturally attuned services.

STANCE TOWARD INFANTS, CHILDREN, AND FAMILIES FOR DIVERSITY-INFORMED PRACTICE

2. Champion Children's Rights Globally: Infants and children are citizens of the world. The global community is responsible for supporting parents/caregivers, families, and local communities in welcoming, protecting, and nurturing them.

3. Work to Acknowledge Privilege and Combat Discrimination: Discriminatory policies and practices that harm adults harm the infants and children in their care. Privilege constitutes injustice. Diversity-informed practitioners acknowledge privilege where we hold it, and use it strategically and responsibly. We combat racism, classism, sexism, able-ism, homophobia, xenophobia, and other systems of oppression within ourselves, our practices, and our fields.

4. Recognize and Respect Non-Dominant Bodies of Knowledge: Diversity-informed practice recognizes non-dominant ways of knowing, bodies of knowledge, sources of strength, and routes to healing within all families and communities.

5. Honor Diverse Family Structures: Families decide who is included and how they are structured; no particular family constellation or organization is inherently optimal compared to any other. Diversity-informed practice recognizes and strives to counter the historical bias toward idealizing (and conversely blaming) biological mothers while overlooking the critical child-rearing contributions of other parents and caregivers including second mothers, fathers, kin and felt family, adoptive parents, foster parents, and early care and educational providers.

PRINCIPLES FOR DIVERSITY-INFORMED RESOURCE ALLOCATION

6. Understand That Language Can Hurt or Heal:

Diversity-informed practice recognizes the power of language to divide or connect, denigrate or celebrate, hurt or heal. We strive to use language (including body language, imagery, and other modes of nonverbal communication) in ways that most inclusively support all children and their families, caregivers, and communities.

7. Support Families in Their Preferred Language:

Families are best supported in facilitating infants' and children's development and mental health when services are available in their native languages.

8. Allocate Resources to Systems Change: Diversity and inclusion must be proactively considered when doing any work with or on behalf of infants, children, and families. Resource allocation includes time, money, additional/alternative practices, and other supports and accommodations, otherwise systems of oppression may be inadvertently reproduced. Individuals, organizations, and systems of care need ongoing opportunities for reflection in order to identify implicit bias, remove barriers, and work to dismantle the root causes of disparity and inequity.

9. Make Space and Open Pathways: Infant, child, and family-serving workforces are most dynamic and effective when historically and currently marginalized individuals and groups have equitable access to a wide range of roles, disciplines, and modes of practice and influence.

ADVOCACY TOWARDS DIVERSITY, INCLUSION, AND EQUITY IN INSTITUTIONS

10. Advance Policy That Supports All Families:

Diversity-informed practitioners consider the impact of policy and legislation on all people and advance a just and equitable policy agenda for and with families.

IRVING HARRIS FOUNDATION

191 NORTH WACKER DRIVE, SUITE 1500
CHICAGO, IL 60606

312.621.3814

www.irvingharrisfdn.org

Diversity is used in the most inclusive sense possible, signaling race and ethnicity, as well as other identity markers, and referring to groups and individuals on both the "up and down side of power" along all axes.

Diversity-informed practice is a dynamic system of beliefs and values that strives for the highest levels of diversity, inclusion and equity. Diversity-informed practice recognizes the historic and contemporary systems of oppression that shape interactions between individuals, organizations and systems of care. Diversity-informed practice seeks the highest possible standard of equity, inclusivity and justice in all spheres of practice: teaching and training, research and writing, public policy and advocacy and direct service.

This is an update to the 2012 Diversity-Informed Infant Mental Health Tenets

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PRINCIPIOS INFORMADOS EN LA DIVERSIDAD PARA TRABAJAR CON BEBÉS, NIÑOS, NIÑAS Y FAMILIAS



Grupo de Trabajo sobre Principios Informados en la Diversidad de la Red de Desarrollo Profesional de la Fundación Irving Harris

PRINCIPIO CENTRAL PARA LA PRÁCTICA INFORMADA EN LA DIVERSIDAD

1. La Constante Toma de Consciencia Sobre Sí Mismo (a), a Través de un Proceso Reflexivo, Conduce a Mejores Servicios para las Familias: Trabajar con bebés, niños(as) y familias requiere que todas las personas, organizaciones y sistemas de atención reflexionemos sobre nuestra cultura, valores y creencias, y sobre el impacto que el racismo, clasismo, sexismo, capacitismo (discriminación hacia la discapacidad), homofobia, xenofobia y otros sistemas de opresión han tenido en nuestras vidas, de manera que proporcionemos servicios informados en la diversidad y en sintonía con la cultura de aquellos a quienes servimos.

POSTURA HACIA LOS BEBÉS, NIÑOS(AS) Y SUS FAMILIAS PARA UNA PRÁCTICA INFORMADA EN LA DIVERSIDAD

2. Defender los Derechos de los Niños(as) Globalmente: Los bebés y niños(as) son ciudadanos del mundo. Es responsabilidad de la comunidad global el apoyar a los padres/adultos responsables/cuidadores, a las familias y a las comunidades para que puedan acoger, proteger y cuidar de los niños(as).

3. Trabajar para Reconocer el Privilegio y Luchar Contra la Discriminación: Las políticas y prácticas discriminatorias que les hacen daño a los adultos, también dañan a los bebés y niño(as) bajo su cuidado. El privilegio constituye en sí una injusticia. La práctica informada en la diversidad significa reconocer nuestra posición de privilegio, en todos ámbitos donde nos otorga ventaja, y usarla de manera estratégica y responsable. También significa luchar contra el racismo, clasismo, sexismo, capacitismo (discriminación hacia la discapacidad), homofobia, xenofobia y otros sistemas de opresión presentes en nosotros mismos, nuestras prácticas y nuestro campo profesional.

4. Reconocer y Respetar los Campos No Dominantes de Conocimiento: Las prácticas informadas en la diversidad reconocen formas no dominantes del saber, áreas de conocimiento, fuentes de fortaleza, y métodos de sanación/curación dentro de familias y comunidades diversas.

5. Honrar las Estructuras Familiares Diversas: Las familias definen quiénes las componen y cómo están estructuradas; ninguna constelación u organización familiar en particular, es inherentemente óptima en comparación a otras. La práctica informada en la diversidad reconoce y se esfuerza por contrarrestar la tendencia histórica a idealizar (o en contraste, a culpabilizar) a las madres biológicas como figuras de cuidado primario. Esta tendencia pasa por alto las contribuciones cruciales en la crianza de los niños(as) de otros padres y cuidadores primarios; incluyendo otras figuras maternas, al padre, los padres sustitutos y adoptivos, parientes y familia

extendida, los educadores de niños(as) pequeños(as), además de otras personas.

PRINCIPIOS PARA LA ASIGNACIÓN DE RECURSOS INFORMADOS POR LA DIVERSIDAD

6. Comprender que el Lenguaje puede Ser Usado para Herir o Curar/Sanar: La práctica informada en la diversidad reconoce el poder del lenguaje para dividir o unir, denigrar o celebrar, herir o curar/sanar. Nos esforzamos por utilizar el lenguaje (incluido el lenguaje corporal, imágenes y otros modos de comunicación no verbal) de la manera más inclusiva posible para todos los bebés, niños(as), sus familias, adultos responsables/cuidadores y comunidades.

7. Apoyar a las Familias en Su Idioma de Preferencia: Las familias son ayudadas de manera más efectiva a fomentar el desarrollo y salud mental de los bebés y niños(as), cuando los servicios destinados para ellos(as) están disponibles en sus idiomas de preferencia.

8. Destinar Recursos para Cambiar los Sistemas: La diversidad e inclusión deben ser consideradas de manera proactiva al realizar cualquier trabajo con o para bebés, niños(as) y familias. Esta consideración requiere que se destinen recursos tales como: tiempo, dinero, prácticas adicionales/alternativas u otros apoyos y adaptaciones adicionales para este propósito; de lo contrario los sistemas de opresión pueden reproducirse inadvertidamente. Las personas, las organizaciones y los sistemas de atención necesitan oportunidades continuas de reflexión para identificar sesgos implícitos, eliminar barreras y trabajar para dismantelar las raíces de la disparidad y la inequidad.

9. Hacer Espacio y Abrir Caminos: La fuerza laboral al servicio de bebés niños(as) y familias, será más dinámica y eficaz cuando las personas y grupos histórica y actualmente marginados tengan acceso equitativo a una amplia gama de roles, disciplinas y modos de práctica e influencia.

ABOGAR POR LA DIVERSIDAD, INCLUSIÓN Y EQUIDAD EN LAS INSTITUCIONES

10. Promover una Política que Apoye a Todas las Familias: Los(as) profesionales, que están informados en la diversidad, consideran el impacto de las políticas y la legislación en todas las personas y fomentan una agenda justa y equitativa para y con las familias.

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El término diversidad se utiliza en el sentido más inclusivo posible, señalando raza y etnia, así como otros atributos de identidad y refiriéndose a grupos e individuos que se encuentran tanto en esferas altas como bajas de poder, en todos los ámbitos.

La práctica informada en la diversidad es un sistema dinámico de creencias y valores, que se esfuerza por alcanzar los más altos estándares de diversidad, inclusión y equidad. La práctica basada en la diversidad reconoce los sistemas de opresión históricos y contemporáneos que dan forma a las interacciones entre personas, organizaciones y sistemas de cuidado. La práctica informada en la diversidad busca los niveles más elevados posibles de equidad, inclusión y justicia en todos los ámbitos de la práctica: enseñanza y capacitación, investigación y escritura, política pública y abogacía, y servicio directo.

Esta es una versión actualizada de Los Principios de Salud Mental Infantil Informados en la Diversidad publicados en el 2012.

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Traducción y adaptación al español por Carolina Velasco-Hodgson MSW y Carmen Rosa Noroña LCSW, MS.Ed.

Things to Know

Continuing Education Hours

CEHs are approved by the following boards:

- + MN Board of Behavioral Health & Therapy
- + MN Board of Psychology

- + MN Board of Marriage & Family Therapy
- + MN Board of Social Work

Professionals in other related disciplines, as well as those working outside of Minnesota, can submit CEH certificates to their corresponding boards for independent approval. Up to 19 CEHs available. Actual CEH amounts will be dependent upon your specific licensure board and attendance.

There are professional development systems in our state that recognize the unique knowledge and skills needed to work with very young children and their families. These include Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant & Early Childhood Mental Health® and The Minnesota Knowledge and Competency Framework (KCFs)x. These compatible systems support a qualified and competent multidisciplinary infant and early childhood workforce. Our conference workshops support both Endorsement competencies and KCFs and can aid in your professional development within these systems.

Targeted Content

Targeted content has been approved by the boards listed below as indicated:

Board of Social Work And Board of Marriage & Family Therapy • Ethics Content ■

Board of Marriage & Family Therapy • Cultural Competency Content ♥

Board of Social Work • Clinical Content ✓

Board of Social Work • Culture Responsiveness ♥



Develop Credit

Do you need develop credit? Scan this QR code and fill out the form.

Exhibits

Stop by our exhibit area to connect with a variety of organizations in the field of infant and early childhood mental health.

- + Sunday, November 17 from 1:00pm - 5:00pm
- + Monday, November 18 from 8:00am - 5:00pm
- + Tuesday, November 19 from 8:00am - 3:00pm

Internet

Free Wi-Fi is available during the conference using the following networks: **Marriott_CONF Passcode: MarriottVip**

Wellness Room

If you need a space for pumping, prayer, etc. we have a designated room. Check in at the registration table for more information.

Lunch

Lunch will be available in the Fireside Room with overflow space in the Great Room.

Tag us on Socials

Instagram or Facebook tag us @macmh_org #IECCon2024

Endorsement Lunch & Learn

Do you work prenatal to age 6 with children and their families/caregivers?

Did you know there is a internationally recognized credential for you that honors the work you do in your field?

Come have lunch with us on Tuesday 12:00 - 1:00 and learn about Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant & Early Childhood Mental Health®.



Dear Conference Attendees,

Welcome to the 7th Annual Infant & Early Childhood Multidisciplinary Conference, hosted by the Minnesota Association for Children's Mental Health! We're thrilled to have you join us in Brooklyn Park, MN,

as we advance our shared commitment to promoting infant and early childhood mental health principles across the many fields that support young children and their families.

This conference is an opportunity to connect with a dynamic community of professionals, including early care and education providers, mental health practitioners, home visitors, public health and child welfare workers, and many others. Each of you brings a unique perspective and experience to this event, enriching our collective understanding of how to best support young children from prenatal stages to age six, along with their families and caregivers.

We're excited for you to explore new ideas, learn practical strategies, and engage in discussions that will inform and inspire your work. Your participation strengthens the field, ensuring that every child, family, and caregiver benefits from informed, compassionate, and developmentally supportive care.

Thank you for being part of this vital community and for your commitment to making a difference in the lives of Minnesota's youngest residents. Let's make the most of these few days together!

Warm regards,

Brandon Jones, M.A. CPPM
Executive Director

Conference Schedule

Sunday, November 17

- 9:30-10:00 AM | Child-Parent Psychotherapy Booster Check In ONLY
- 10:00 AM – 5:00 PM | **Child-Parent Psychotherapy Booster with Jane Ellison, Chandra Ghosh Ippen, and Shondra Davis (lunch included)**
- 1:00 – 2:00 PM | Check In
- 2:00 – 5:00 PM | **Concurrent Workshops**

Monday, November 18

- 7:00 – 8:00 AM | Check In
- 8:00 – 8:30 AM | Large Group and Welcome
- 8:30 – 10:00 AM | Keynote 1 with Eva Marie Shivers**
- 10:00 – 10:30 AM | Break
- 10:30 AM-12:00 PM | Concurrent Workshops 1-5**
- 12:00 – 1:00 PM | Lunch
- 1:00 – 2:30 PM | Concurrent Workshops 6-10**
- 2:30 – 3:00 PM | Break
- 3:00 – 4:30 PM | Concurrent Workshops 11-15**

Tuesday, November 19

- 7:00 – 8:00 AM | Check In
- 8:00 – 8:30 AM | Large Group and Welcome
- 8:30 – 10:00 AM | Keynote 2 with Susan Beaulieu**
- 10:00 – 10:30 AM | Break
- 10:30 AM – 2:30 PM | Concurrent Workshops 16-19 (includes lunch break)**
- 12:00 – 1:00 PM | Endorsement Lunch & Learn
- 2:30 – 3:00 PM | Break
- 3:00 – 4:30 PM | Keynote 3 with Dianne Haulcy**

Workshop Descriptions & Handouts



Use this QR code to view full descriptions and electronic handouts for each workshop. (New to QR codes? Point your phone's camera at the code to the left and click the link that pops up on your screen.) Enter password **Attendee-24**.

Tenets & Land Acknowledgement

On the first pages of your program you will see a document called the Diversity-Informed Tenets for Work with Infants, Children, and Families. Developed and disseminated by the Tenets Initiative, the Tenets are a set of strategies and tools for strengthening the commitment and capacity of professionals, organizations and systems that serve infants, children and families to embed diversity, inclusion and equity principles into their work.

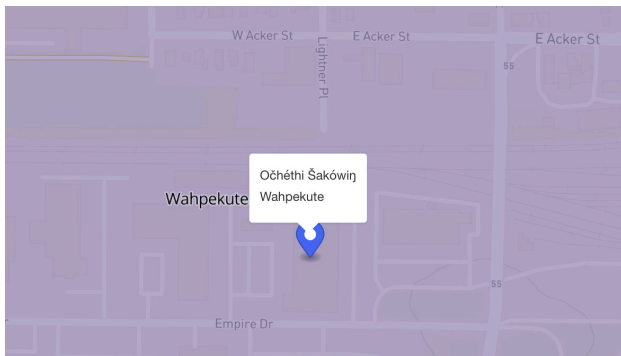
The first tenet reminds us that self-awareness leads to better services for families and so we reflect on our own culture, values and beliefs and the impact that systems of oppression have had in our lives. One way we practice this as an organization is to take time during our conference to acknowledge the occupied land on which all of us work and live. Although words are meaningful, we know it takes more than words to fully acknowledge the depth of injustice, change oppressive systems and promote equity for the Indigenous children and families in our state. We believe this starts with each of us. For this reason, we wanted to draw your attention to two ways you can continue to explore your own connection to the history in our state:

Native Land Digital is a registered Canadian not-for-profit organization with a majority-Indigenous Board of Directors, representing people who have close ties to land bases, communities, and deep knowledge about Indigenous ways of being and knowing. Their website <https://native-land.ca/> allows you to search by address all across the globe and find information about territories, languages, treaties and additional resources.

Healing Minnesota Stories' offers Sacred Site Tours of the Twin Cities area. These tours aim to create greater awareness and understanding of the Dakota people. Tours are led by Jim Bear Jacobs (Mohican) and Bob Klanderud (Dakota) and offer an opportunity to learn about Minnesota history from a Native perspective through story-telling and experiencing the sites in silence/meditation/reflection. For more information, contact Jim Bear Jacobs, Director of Racial Justice for the Minnesota Council of Churches, at JimBear.Jacobs@mchurches.org.

Check out the large signs throughout the Northland Ballroom to add your own reflection on the Tenets.

MACMH's Office



Conference Center



About your hosts

MACMH promotes and pursues optimal mental health from prenatal to young adulthood.

At the Minnesota Association for Children's Mental Health (MACMH), we provide education and resources to professionals, families, and youth throughout Minnesota and beyond.

Founded in 1989, MACMH is a 501(c)(3) nonprofit whose mission is to promote positive mental health for all infants, children, adolescents, and their families.

With a number of new and flagship events and programs, like our new quarterly Community Events, our annual Children's Mental Health Conference, and Infant & Early Childhood Endorsement®, MACMH is actively involved in the community, prioritizing diversity, equity, and inclusion in all we do.

Specialized Focus Tracks

10:00 – 5:00 p.m.

Child-Parent Psychotherapy Booster

Only fully CPP-rostered clinician may attend this session.

Chandra Ghosh Ippen, PhD, Shondra Davis, PsyD, Jane Ellison, LMFT, IMH-E® | Clinical Content ✓ • 2 hours Cultural Competency ♥ • Culture Responsiveness ♥ | Northland Ballroom

2:00 – 5:00 p.m.

FAN Awareness Training

Tekla Johnson, LICSW, IMH-E | Clinical Content ✓ • Cultural Competency ♥ • Culture Responsiveness ♥ | Minnesota Ballroom

2:00 – 5:00 p.m.

Exploring Systems of Support in Early Care & Education

Arielle Handevidt, MA, IMH-E & Lauren Moberg LMFT, IMH-E including panelists representing Center for Inclusive Child Care, First Children's Finance, ThinkSmall, and HelpMeConnect | Hennepin Salon 1 & 2

Thank You to Our Sponsors & Supporters



8:00 a.m.

Large Group & Welcome

Come together as a large group to set our intentions for the day, prepare ourselves to learn and reflect, hear important announcements, and enjoy time with colleagues across disciplines.

Brandon Jones, MA, Tracy Schreifels, MS, LMFT, IMH-E®, Arielle Handevitd, MA, IMH-E® | Northland Ballroom

Keynote Presentation | 8:30 a.m.

Healing Justice & Reflective Consultation: Attuning to Inner Work to Transform Our World

What is Healing Justice? How does it apply to our work with young children, their families, and our communities? How does it apply to our inner journey and relationships with one another? In this keynote, Dr. Shivers will present her framework on Healing Justice within IECMH and weave in findings from the national Digging Deeper study which explored how we can decolonize and revitalize our reflective practices. She will also review implications for workforce development and recent professional development trends.

Eva Marie Shivers, JD, PhD | Ethics Content 🟡 • Cultural Competency ❤️ • Clinical Content ✓ • Culture Responsiveness 🟢 |

Northland Ballroom

Eva Marie Shivers, J.D., Ph.D. is the founder and executive director of Indigo Cultural Center, a national non-profit organization focused on research, evaluation, and training in the field of Infant and Early Childhood Mental Health. Dr. Shivers' work at Indigo Cultural Center focuses on the developmental niche of early childhood to explore the evolution of frameworks for understanding families' culturally adaptive responses to poverty, systemic racism, and historical marginalization.



Cultural Providers Network

Seeking to build and sustain a network of culturally and ethnically diverse voices to promote policies, practices, standards, and research that improve the mental health of children, their families, and communities.



- 10 providers
- 10 episodes
- Diverse perspectives

About the podcast

This **FREE**, multimedia cultural mental health project is a **powerful** and **innovative** initiative to bring new perspectives, learnings, and opportunities to the field.

Learn from 10 providers from diverse cultural backgrounds as they share how they **prioritize humble, authentic support** for all people seeking to optimize their mental health journeys, while **promoting their individual well-being and sustainability** in the field as professionals.



Learn more about the Cultural Providers Network by visiting macmh.org.

Concurrent Workshops 1 – 5 | 10:30 a.m. – 12:00 p.m.

1. Promoting Professional Wellness: Nurturing Early Childhood Providers for Sustainable Impact

Sheila Sweeney, PhD, LICSW | Culture Responsiveness 🍃 | Hennepin Salon 3

2. Healing Justice in IECMH: Where and How Can We Decolonize and Revitalize

Eva Marie Shivers, JD, PhD | 1.5 hours Ethics Content 🟡 • Cultural Competency ❤️ • Culture Responsiveness 🍃 | Hennepin Salon 1 & 2

3. Safe, Secure, & Social: The Power of Somatic-Informed Play Therapy to Coregulate Children & Families

Marit Appeldoorn, MSW, LICSW, RPT-S | Clinical Content ✓ | Northland Ballroom

4. Preventing the Development of Bias in Early Childhood: Helping Very Young Children (ages 1-5) Thrive in an Increasingly Diverse World

Marie Lister, MEd, Sheila Williams Ridge | 1.5 hours Cultural Competency ❤️ • Culture Responsiveness 🍃 | Minnesota Ballroom

5. Capacity Building for Early Learning Partnerships: A Case Study of Circle of Security Classroom

Maria Snider, Stacy Ramirez, Elayna Rosario, Alicia Runquist, Martha Higuera | Elm Creek Amphitheatre

Concurrent Workshops 6 – 10 | 1:00 – 2:30 p.m.

6. Antiracist Caregivers Talk the Talk & Walk the Walk

Gail Ferguson, PhD | 1.5 hours Cultural Competency ❤️ • Culture Responsiveness 🍃 | Hennepin Salon 3

7. The Intersection of Child Welfare & Infant and Early Childhood

Jessica Hoeper, PhD | Northland Ballroom

8. Power of Black Fatherhood in Pre & Post Natal Birthing

Mujasi Bandele, MA | 1.5 hours Cultural Competency ❤️ • Culture Responsiveness 🍃 | Elm Creek Amphitheatre

9. Safe, Secure, & Social: The Power of Somatic-Informed Play Therapy to Coregulate Children & Families

Marit Appeldoorn, MSW, LICSW, RPT-S | Clinical Content ✓ | Hennepin Salon 1 & 2

10. Reflective Practice: A Pathway to Professional Growth & Organizational Success

Michelle Dineen, MSW, LICSW, IMH-E® (III) | 1.5 hours Cultural Competency ❤️ • Culture Responsiveness 🍃 | Minnesota Ballroom

Concurrent Workshops 11 – 15 | 3:00 – 4:30 p.m.

11. Engaging Fathers

Gilbert Domally, MA | Culture Responsiveness 🍀 | Minnesota Ballroom

12. Promoting Professional Wellness: Nurturing Early Childhood Providers for Sustainable Impact

Sheila Sweeney, PhD, LICSW | Culture Responsiveness 🍀 | Hennepin Salon 1 & 2

13. A Focus on Mindfulness: Using Affirmations & Meditations for Personal & Family Wellbeing

Candi Seil, MPP, Mary Vang Her | 1.5 hours Cultural Competency 🍀 • Culture Responsiveness 🍀 | Hennepin Salon 3

14. Supporting Caregivers in Exploring Neurodivergence

Jessica Mertins, LICSW, Haeli Gerardy, MA | Clinical Content ✓ • Culture Responsiveness 🍀 | Northland Ballroom

15. Establishing the Department of Children, Youth, & Families

Dianne Haulcy, MA | Elm Creek Amphitheatre

Event Made Possible By

Conference Planning Committee

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Carmen Cook
Michelle Dineen
Michele Fallon
Arielle Handevidt
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FERNBROOK FEATURES

Adverse Childhood Experiences (ACEs): What are they and why should you care?



Haeli Gerardy, MA

📅 Dec 2, 2024 ⌚ 5:00 to 6:30 PM 💰 \$ 100.00



REGISTER TODAY

Scan the QR code, find us on Eventbrite, or visit our website.

CEUs approved for MN Board of Social Work.

CEUs pending for MN Boards of Marriage & Family Therapy & Board of Behavioral Health and Therapy.

✉ info@fernbrook.org

🌐 www.fernbrook.org

📞 (507) 446-0431

THANK YOU SILVER SPONSOR



Join our Parent & Provider Advisory Group!

We elevate the direct role of families with young children and early care and education professionals and amplify their voices to inform and activate system change in our communities, our state and beyond!

Scan the QR code to learn more and join today!

Start Early Funders Coalition is a collaboration of MN'S philanthropic community who provides critical leadership and funding for research, program development, public policy and grantmaking to improve early childhood efforts in Minnesota.



THANK YOU GOLD SPONSOR

Online programs in Infant & Early Childhood Mental Health at the University of Minnesota

"The IECMH program gave me the education, real-world application, and connections I needed to feel confident moving into the field."

Krystle Holliday, graduate of the IECMH MA program



**Now accepting applications for
MA summer 2025 start
Certificate fall 2025 start**

- Online MA
- Online MA + option to pursue LPCC license (MN only)
- Online certificate - academic credit

For more information, visit icd.umn.edu



Institute of
Child Development

UNIVERSITY OF MINNESOTA
Driven to Discover®

8:00 a.m.

Large Group & Welcome

Come together as a large group to set our intentions for the day, prepare ourselves to learn and reflect, hear important announcements, and enjoy time with colleagues across disciplines.

Brandon Jones, MA, Tracy Schreifels, MS, LMFT, IMH-E®, Arielle Handevitd, MA, IMH-E | Northland Ballroom

Keynote Presentation | 8:30 a.m.

Medicine Wheel Wisdom to Return to Thriving

The depth and breadth of unprocessed trauma in the collective impacts us every day. It creates a false sense of separation and isolation, and throws us into unconscious patterns that perpetuate trauma energy in our families, places of work, communities, nations, and into future generations. The false dichotomies of us-them, good-bad, win-lose are ways of seeing and moving in the world stemming from unresolved trauma, and the invitation of our time is to re-member ourselves, body/heart/mind/spirit, so that we can engage with the world in a more holistic and integrated way.



Susan Beaulieu, MPP | 1.5 hours Cultural Competency 🧡 • Culture Responsiveness 🌱 | Northland Ballroom

Susan Beaulieu is Anishinaabe and a citizen of the Red Lake Nation in northern Minnesota. Her work with Indigenous communities spans 18 years and includes project and program development, training, and facilitation. Over the last decade, Susan has focused on helping individuals, communities, and organizations understand the impacts of unresolved personal, ancestral, and collective trauma.

Visit the Organizations in Our Exhibit Area

Adler Graduate School

Aris Clinic

BABY KNOW: Bodies, Hearts & Minds and Let's Talk Kids

Balancing Elephants, Inc.

Behavioral Institute for Children and Adolescents (BICA)

BrightWorks -Help Me Grow -Help Me Connect

Center for Advanced Studies in Child Welfare

- University of Minnesota

Center for Early Education and Development

- University of Minnesota

Child Care Aware of MN

Children, Youth & Family Consortium (CYFC)

- University of Minnesota Extension

Empathic Clinical Software

HealthPartners

Institute of Child Development - University of Minnesota

Language of the Heart, LLC

Liberate Your Bookshelf

Minnesota Disability Determination Services

Montessori Center of Minnesota

Northeast Youth & Family Services

Nystrom & Associates

Peaces 'n PuzSouls Journeys Thru Healing LLC

SpEd Forms

St. Catherine University

The Center for Inclusive Child Care

Washburn Center for Children

Youable Emotional Health (Formerly Headway Emotional Health Services)

Concurrent Workshops 16 – 19 | 10:30 a.m. – 2:30 p.m.

Each workshop includes an hour break for lunch

16. Trauma & Sensory Processing: Definitions, Examples, & Strategies

Alyssa Mason, OTR/L | Culture Responsiveness 🍀 | Northland Ballroom

17. Embodying Medicine Wheel Wisdom for Thriving

Susan Beaulieu, MPP | 1.5 hours Cultural Competency ❤️ • Culture Responsiveness 🍀 | Hennepin Salon 3

18. DC:0-5™: An Update for Minnesota Clinicians Previously Trained in the DC: 0-5

Bring your copy of DC:0-5 for this workshop.

Catherine Wright, PsyD, LP, LPCC, IMH-E@(IV-C), Teya Dahle, MSW, LICSW, IMH-E | Clinical Content ✓ | Hennepin Salon 1 & 2

19. The Reflective Developmental Journey: Moving from Noticing to Deep Reflection

Tracy Schreifels, MS, LMFT, IMH-E@ | Minnesota Ballroom

Lunch & Learn About Endorsement | 12:00 – 1:00 p.m. | Northland Ballroom

Keynote Presentation | 3:00–4:30 p.m.

An Interview with Dianne Haulcy moderated by Arielle Handevidt

In this interview-style closing keynote, hear about the importance of talking to young children about race and racism. This will include addressing personal biases and preparing yourself as an adult for these conversations.

Dianne Haulcy, MA, Arielle Handevidt, MA, IMH-E | Northland Ballroom

Dianne Haulcy is the former President and Chief Executive Officer of The Family Partnership (TFP), a high-impact multicultural Minneapolis nonprofit focused on clearing the path to success for individuals and families impacted by low-income, systemic racism and adversity. She assumed the lead role in July 2022 and oversees a \$10 million organization with 100 staff.

Arielle Handevidt, MA, IMH-E is the Senior Director for Early Education & Innovation at the Northside Achievement Zone (NAZ), where she champions the social and emotional development and mental health of children, prenatal to age five, and their families and caregivers in North Minneapolis. Through this work, she has the privilege of interacting and building relationships with many dedicated partners, community members, colleagues, families, and scholars. In addition to her work with children and their families, she works to advance the ongoing professional development of a culturally competent interdisciplinary workforce to serve infants and young children. Arielle also serves as an instructor at the University of Minnesota's Institute of Child Development in the Infant and Early Childhood Mental Health Masters and Certificate programs



Endorsement®

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